



# NEWS AROUND TOWN

## MHCCD Foundation Offers Scholarships

Are you considering going to college this fall but think you can't afford it? The Mt. Hood Community College District Foundation has two different scholarships available. Applications will be accepted until August 3.

Two students will receive a Great Expectations scholarship of \$1,000 each to cover tuition, fees and books for the 1990-91 school year. Applicants must demonstrate financial need, potential for academic achievement, and must present three letters of recommendation and official transcripts from other colleges or high school.

The Great Expectations scholarship was created in honor of Win Casterling, an instructor in MHCC's Literature and Composition Division. Her brother, George Casterling, says it was his sister's dedication to teaching and her commitment to the success of her students that led to the creation of the fund. "Win was very interested in excellence. She could see the potential in people and encouraged and motivated them to see it too. The fund was created to help people realize and achieve the 'excellence' they're capable of," he said.

Last year's winner of the scholarship, Debra Mathre, says the award was a lifesaver. "It was wonderful. I'm a dental hygiene student, and besides the tuition, I had to spend a lot for dental instruments and books. The scholarship saved my life," she said. Mathre lives in Wood Village and is anxious to get to work. "I'm beginning my second year of the program and I can't wait to finish and go to work," she said. "I'm a

single parent and wanted to find a good job to support myself and my daughter. The dental hygiene program is demanding, but I'm over the hump now."

The other Foundation scholarship available for fall term is the Part-time Student scholarship. It is an award to cover tuition and fees for one to six credits plus money for books and supplies not exceeding \$75. Applicants must demonstrate financial need, must be living independently of their parents, intend to go to take classes related to upgrading their employment skills and be employed or currently unemployed due to a layoff.

These scholarships are just two of the awards the MHCCD Foundation makes throughout the year. In addition to scholarships, the Foundation funds stipends for faculty and staff awards for excellence, training and operation equipment needed throughout the college, grants to send students to scholastic competitions and promotion of MHCC art exhibits. The Foundation raises funds through private and corporate donations, events such as an annual auction, telethon, volleyball festival and a donation from the Mt. Hood Festival of Jazz.

Applications and application requirements for the Great Expectations and Part-time Student Scholarships are available in the Financial Aid office, Room 1152, or by calling the office at 667-7262. All applications, letters of recommendation and transcripts must be received by August 3. For more information about the Foundation call Sally Lewis at 667-7332.

## New Local Recovery Program

Residents of the Portland/Vancouver Metro Area will soon have an alternative, free, self-help program for chemical dependency, Rational Recovery (RR). RR, based on the rational-emotive therapy RET of Albert Ellis, Ph.D., is based on abstinence and self-reliance. A nationwide network of recovery groups is being developed by Rational Recovery Systems, a coalition of professional people who volunteer their time to this humanistic recovery program.

On July 11, 1990, the California-based RRS Director, Jack Trimpey, LCSW, will arrive in this area to explain the program through media outreach plus an evening lecture and a daytime workshop, and to assist in organizing subsequent support groups. Jerry Griffie, local coordinator, is working closely with Mr. Trimpey to bring this program to our region.

"There is a desperate need in America for a self-help program that is based on down-to-earth concepts of self-control, self-worth, and complete recovery. We know that human beings are quite capable of learning to abstain from alcohol and drugs without forming new dependencies or submitting to higher powers or authorities," Trimpey says. "Rational Recovery offers a

no-higher-power approach that is independent from one's religious beliefs or the lack of them. Recovery means learning to say 'no' and make it stick year after year, but this is not nearly as hard as it is usually made out to be. Our program provides the information that is so important in learning how to resist the temptation to drink. Then, members learn how to avoid negative emotions like anxiety, depression and anger that often lead to relapse." In RR, one is expected to eventually leave the group when recovery is complete. "Traditional programs seem to encourage endless dependency on the recovery group. We are here to help people kick the recovery habit when they have been sober for a long time and life is going reasonably well."

The lecture will be held at 7-9:30 PM on Thursday, July 12. The workshop will be held at 9-11:30 AM on Friday, July 13. Both events will be held at Room 1075 at Emanuel Hospital, located at 2801 No. Gantenbein.

Both are free and open to professionals and lay people. For further information you may call Jerry Griffie (206) 256-2170 or Pat Burnet (206) 835-3642.

## Mayor Bud Clark Addresses Seniors on "Law & Order in Portland"

Portland, OR -- Mayor Bud Clark will address 300 members of OASIS (Older Adult Service and Information System) on Law & Order in Portland on Monday, July 16, 1990 in the Meier & Frank 10th Floor Auditorium, downtown Portland. The Mayor's speech is the first lecture in a series of seven free lectures on the topic each Monday from 1:30 to 2:30 p.m. in the OASIS Classroom, 10th Floor, downtown Meier & Frank. The Mayor's lecture will begin at noon and includes an optional box lunch for a \$5.00 fee. Pre-registration for his speech and all lectures is required for OASIS members and can be made by calling OASIS, 241-3059. Future Law & Order speakers include:

- Jul. 23: Jeffrey L. Rogers, City Attorney
- Jul. 30: Michael Schrank, District Attorney
- Aug. 6: Robert Skipper, Mult. County Sherriff
- Aug. 13: Richard Bauman, Mult. Cty. Com.
- Aug. 20: Marcha Mussehl, Public Defender
- Aug. 27: Judge Nely Johnson, District Court Judge

For further information, contact Robin Hyatt, Director, at 241-3059.

## Tri-Met Hikes Fares

Tri-Met fares will go up a nickel next September 2nd, as a result of an ordinance approved today by the Board of Directors. Discount tickets and cash fares will increase a nickel, with monthly passes increasing \$2, except the Honored Citizen monthly pass for seniors and disabled passengers, which will increase 75 cents to \$8.25.

Tri-Met General manager James E Cowen said the proposed increase, which would yield an additional \$950,000 per year, would help catch up with inflation. "There has not been an across-the-board fare increase in five year," he said.

The last increase in Tri-Met's cash fares was in September 1985. In September 1987, Tri-Met raised the price of discount tickets and passes. A new simplified fare system, introduced in September 1988, left most fares unchanged, but extended senior citizen discounts, lowered fares for some long-distance travelers and levied a nickel increase for 20 percent of Tri-Met's passengers.

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## Stay-Clean Incorporated

Out of concern for the drastic deterioration of the King neighborhood, due to drug related activities, a group of individuals founded STAY-CLEAN INCORPORATED. A ninety day residential treatment program. The founders of the organization were community residents who at different points in their lives had been involved in the activities that were having a negative impact on the quality of life in the King neighborhood. Out of a commitment to revitalizing the community, improving the quality of life and providing an alternative to criminal behavior that often results from drug usage, STAY-CLEAN opened its residential treatment program in 1987.

The president of an American owned bank concerned about the deterioration of the community made one house available, rent free, for eighteen months. Since 1987 STAY-CLEAN has acquired eight additional houses. The residential treatment program for chemically dependent individuals has provided services for approximately 1,200 people since its inception.

The grassroots spiritual and culturally based approach to treatment has been vital both in our growth organizationally and in improving the quality of life in King. A typical of most treatment programs stay STAY CLEAN is located in the heart of the community where most of the residents indulge in drug activities. In addition to educating residents about their responsibility to their families and communities, the program alleviated the burden of, "How will I do this when I go back to the community?"

Residents are required after thirty days to seek employment and/or continue their education. A strong compo-

nent of the treatment program is giving something back to the program so that others who need the services, after you, will have a place to come. The giving comes in the form of maintaining the houses, succeeding in completing educational goals, and contributing financially for treatment costs.

The treatment component, since its inception, has been set up to be financially self sufficient through donations from the residents and other grass roots fundraising efforts. Several components have been added to address the needs of the community. Those components are: transitional housing and a youth in action against drugs.

Transitional housing is made available for thirty to ninety days for approximately twenty five residents that have completed the treatment component. Some of the residents have lost everything, including a place to live prior to coming to treatment, others opt not to go back to unhealthy living environments. Transitional housing gives the opportunity to continue in a supportive environment while securing permanent residence.

After care the youth in action against drugs component is the most recent. Several of the programs set up today to address youth and drugs either center around prevention or treatment. Youth in action is a program focused primarily around the issues that children of addicts encounter on a daily basis. The initial core group will be children of the residents at STAY CLEAN. Youth will participate in: support groups, social, cultural, recreational activities, and family counseling to enhance the relationship of the parents and children.

## Pryor Proposes New Health Bill

A bill improving access to prescription drugs for the nation's Medicaid recipients has been introduced by Chairman David Pryor (D-ARK).

"Currently, there is a public health crisis in the State Medicaid programs," Pryor said. "S. 2605 will not only reduce the costs paid by Medicaid for prescription drugs, it will also greatly improve access to needed medications that many state programs cannot currently afford."

Medicaid programs, serving medically indigent citizens, frequently pay 30 to 40 percent more for the same prescription drugs purchased by the Department of Veteran's Affairs (DVA), most hospitals, and HMOs.

Because of the skyrocketing cost of prescription drugs in the last ten years, and the unwillingness of the drug

recipient can have filled per month.

-Restricting entire classes of drugs, (such as anti-ulcer medications or cholesterol-lowering drugs); and,

-Instituting burdensome prior-approval programs for very expensive or special drug products requiring patients to wait, sometimes days or weeks before they can get the product.

**S. 2605 will:**  
-Allow physicians to prescribe any drug, even if it doesn't appear on a drug formulary;

-Expands access to classes of drugs that state Medicaid programs currently can't afford to pay for;

-Return the savings on prescription drugs back to the Medicaid program to improve access for more beneficiaries.

Medicaid pays \$3.5 billion for pre-

## Sternwheeler Employee Selected as Finalist



Janine Wilson, a senior at Cascade Locks High School is one of nine finalists who will be participating in the Junior Miss Pageant. Janine works as a hostess for the Sternwheeler and enjoys tap dancing, ballet, downhill skiing and basketball. The finals will be held in The Dalles, OR, August 9-10. Judged on poise and appearance, she has a great opportunity. At the age of 17, Janine has a promising future. She is the daughter of Laura and Richard Endrich of Cascade Locks, Oregon. We wish her the best!

## CODA RECEIVES NEW RESOURCES IN ANTI-DRUG CAMPAIGN

COMPREHENSIVE OPTIONS FOR DRUG ABUSERS (CODA) has recently received a contribution of \$5,000 from U.S. BANK to assist CODA in its mission to prevent and eliminate substance abuse in our community. CODA is Oregon and S.W. Washington's oldest and largest non-profit drug/alcohol abuse treatment, education and prevention organization. CODA has served our community for over 20 years, providing outpatient, residential and halfway house treatment facilities and providing services for nearly 35,000 adults and adolescents, individuals and families.

"We are delighted that U.S. BANK has selected us as the beneficiary of this corporate contribution, which is the largest that CODA has ever received from a sponsor. In finding solutions to the insidious plague of substance abuse, local resources must be developed, rather than relying heavily on public resources, particularly Federal and State revenues. U.S. BANK'S gift of \$5,000 can have an immediate impact on our ability to provide the services needed to help develop drug-free schools, homes and worksites. We hope other members of the corporate sector will follow the example set by U.S. BANK and become pro-active in the "War on Drugs", said Dennis L. Donin, CODA'S Director of Development.

"We feel that our responsibility as a "corporate citizen" of Oregon includes supporting organizations like CODA that work to help benefit our children, our community and our future, said Kevin Kelly, U.S. Bank President. We know that substance abuse causes widespread damage in our community, increasing crime, gang activity, child abuse and neglect, lost productivity in the workplace and destroying families. If we are to win the "War on Drugs", all segments of our community must be mobilized to act. We want to do what we can to provide solutions to the complex problems of drug and alcohol abuse," added Kelly.

## PIANO FOR SALE

Wanted responsible party to assume small monthly payment on piano. See locally. Call Credit manager at 1-800-233-8663

## SBA SEEKS MINORITY BUSINESS AWARD NOMINATIONS

The Portland District Small Business Administration office is soliciting nominations for SBA's 1990 Minority Small Business Person of the Year Awards. The District award will be presented during National Minority Enterprise Development Week, which will be celebrated during the week of September 30 through October 3, 1990. District award winners will compete for Regional and National Minority Small Business Person of the Year awards.

Nominees for this annual award must have been in business for at least 3 years, be a minority small business in accordance with SBA's Rules and Regulations, and must be in satisfactory financial condition. In addition, firms nominated will be evaluated on the basis of growth in sales and profits, growth in employment, community involvement and other special attributes of the firm.

Individuals or organizations wishing to nominate deserving firms should submit the names and addresses of the firms in writing to the Small Business Administration, 222 S.W. Columbia, Suite 500, Portland, OR 97201, ATTN: MSB&COD. The nomination should also contain a short narrative as to why the firm is being nominated. In order to be considered, nominations should be received by July 16, 1990.

## Loaves & Fishes Weekend Program In Jeopardy

Loaves & Fishes Centers' weekend meal program is in jeopardy if volunteer drivers cannot be found. Loaves & Fishes recently launched a weekend meal delivery program to provide hot meals to the very frail, homebound seniors who are at risk of malnutrition in the Portland metropolitan area. While funding exists for the program, a long waiting list for meals now exists because of a serious volunteer driver shortage. If drivers cannot be found, the program may be forced to discontinue. The Loaves & Fishes weekend meal delivery program allows the city's frail elderly the ability to stay in their own homes, rather than be institutionalized.

Loaves & Fishes Centers has been serving the nutritional needs of the elderly in our community since 1970. They provide approximately 4,000 hot, nutritious meals each weekday in group settings at 29 Centers in Multnomah, Washington and Clackamas counties, and deliver noon meals to homebound seniors through the Meals-on-Wheels program.

Volunteer drivers must be at least 16 years old, have a valid driver's license and a car. Delivering meals takes about an hour on Saturday or Sunday and routes can be scheduled near the volunteer's home.

**For more information on how to become a volunteer driver for Loaves & Fishes weekend meal program, please call the Loaves & Fishes Central Office at 777-2424.**

## City Increases Fines

The fines for all City of Portland parking citations will increase, beginning July 1, 1990.

Overtime parking will go from \$5 to \$12, truck loading zone \$10 to \$20, tow-away zone \$15 to \$25, and parking over the sidewalk or crosswalk from \$6 to \$25. Disabled zone violations will increase from \$25 to \$100 as required by State Statute.

City Council adopted a resolution to recommend the fine increase be implemented by District Court. The District Court is the legal body that sets the fine amounts, because the fine is considered a bail. On June 7, 1990 the Court issued an order to increase the fines.

This will be the first increase since 1980. Since that time all forms of illegal parking have been on the increase. The fine increase will be implemented in an effort to enhance public safety by ensuring emergency vehicle access, clearing pedestrian access, promoting compliance to all parking regulations, and to maximize the availability of curb parking for the public.

## GOVERNMENT VEHICLE AUCTION

The General Services Administration extends an invitation to the public to attend a U.S. Government vehicle auction. The vehicles are located at the GSA Fleet Management Center, 9226 NE Highway 99 (Hazel Dell area), in Vancouver, Washington.

There are 130 vehicles to be sold. Sale includes pickups (4x4 & 4x2), sedans (mainly 1987 Chev Celebrity's), a station wagon, carryalls, Bronco's, and vans; all ranging in years from 1980 thru 1987. We also have a bus, flatbeds, stake, dump and truck tractor. Interested bidders are encouraged to inspect the vehicles before bidding. Inspection will be Saturday, Monday, and Tuesday, July 7, 9 and 10, 1990, 9:00 A.M. to 4:00 P.M.; and Wednesday, July 11, 9:00 A.M. to 7:00 P.M.; also, prior to the sale on July 12, 1990, from 8:00 A.M. to 10:00 A.M. Bidders must register with GSA at the sale site and receive a Bidder Registration Number.

The auction will begin promptly at 10:00 A.M., Thursday July 12, 1990, at the Vancouver GSA Fleet Management Center.

Payment is due by July 13, 1990. Payment regulations require that payment must be in the form of cashier's check, traveler's check, money order, Government check, or cash. Personal or business checks may be accepted only when accompanied by a letter of credit from the purchaser's bank. For your convenience, GSA now accepts VISA and MASTERCARD.

Further information may be obtained by telephoning the Vancouver GSA Fleet Management Center at (206) 696-7651.

**PDC**  
PORTLAND DEVELOPMENT COMMISSION

**Commission Meeting**

Date: July 11, 1990  
Place: Portland Building  
1120 SW Fifth Ave., 11th Fl.  
Portland, OR  
Time: 9:30 a.m.

Commission meetings are open to the public. A complete agenda is available at PDC. Call 796-5300.

PDC is the City of Portland's urban renewal and economic development agency.

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