

**JOIN ANY CLASS ANYTIME**

*Weight Watchers*

ALL NEW PROGRAM  
EASY TO FOLLOW  
ENJOY EVERYDAY FOODS

ONE OUT WITH YOUR FAMILY & FRIENDS  
FAST WEIGHT LOSS

**INTRODUCES THE NEW FAST & FLEXIBLE PROGRAM**

Ask about our Gold Card

**JOIN ANY CLASS ANYTIME**  
For Information Call (collect) weekdays  
8:30 a.m. to 5:00 p.m.  
(503) 297-1021

**NORTHEAST PORTLAND**  
Maranatha Church  
4222 N.E. 12th  
(Enter on Skidmore)  
Sat. 9:30 a.m.

**Temple Baptist Church**  
1319 N.E. 17th  
Fireside Room  
Tuesday 12:00 Noon  
(Brown Bag Lunch Class)

**Thiamook Park Bldg.**  
2108 N.E. 41st Ave.  
Mon. 7:00 p.m.  
Tues. 7:00 p.m.  
Wed. 9:30 a.m. & 5:00 p.m.  
Thurs. 7:00 p.m.  
Fri. 9:30 a.m.

**NORTH PORTLAND**  
Rivergate Community Church  
4737 N. Lombard St.  
Tues. 7:00 p.m.

**University of Portland**  
5000 N. Willamette Blvd.  
Columbia Hall  
(Enter from Portsmouth)  
Wed. 5:00 p.m.

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**Ruthie's Rib-it BBQ Sauce** Call 289-1479

1744 NE Morgan / Portland, Oregon 97211

**RUTHIE SAYS:**  
"Please Say No to Drugs"

**Speedy Service** **Best Cash Prices**

**Friendly** **DAD'S OIL SERVICE**

**Call for Quote!!!** Heating Oils

104 N.E. Russell St.  
Portland, OR 97212  
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**Wigland**

One of the Northwest Largest Wig Displays  
Wigs and Hairpieces For All Nationalities  
Eva Gabor · Naomi Sims · Renee of Paris  
Synthetic & Human Hair  
For Braiding & Weaving

Mon.-Fri. 10 A.M.-6 P.M.  
Saturday 10 A.M.-5:30 P.M.  
Cleaning & Re-Styling

Near Lloyd Center  
**282-1664**  
1105 N.E. Broadway



# Summer Savings.

**MRS C'S WIGS**

WHOLESALE & RETAIL  
HUNDREDS OF WIGS  
FOR YOUR EVERCHANGING LIFESTYLES

- NAOMI SIMS • BORN FREE
- MICHAEL WEEKS

AND OTHER NAME BRANDS

BETTY CABINE PROPRIETOR  
TUFS-SAT  
11:30-6:00

EVERYTHING FROM CURRENT STYLES TO SPECIALTY WIGS  
UNIQUE HAIR ORNAMENTS  
HAIR BEADS & BEAUTY SUPPLIES  
MRS. C'S EBONY ESSENCE COSMETICS  
ZURI COSMETICS

BEAUTICIAN & STUDENT DISCOUNTS  
100% HUMAN HAIR FOR BRAIDING & WEAVING

**281-6525**  
7th & FREMONT (707 N.E. FREMONT)

City	Fare each way with round-trip purchase
Albany	\$213
Albuquerque	\$125
Allentown/Bethlehem, PA	\$213
Anchorage	\$238
Atlanta	\$203
Austin, TX	\$140
Baltimore	\$213
Bangor, ME	\$213
*Bellingham, WA	\$98
Billings, MT	\$140
Birmingham, AL	\$203
Boise	\$144
Boston	\$215
Buffalo	\$203
Burbank, CA	\$151
Burlington, VT	\$213
Cedar Rapids, IA	\$182
*Charleston, SC	\$149
Charlotte, NC	\$213
Chicago	\$185
Cincinnati	\$192
Cleveland	\$203
Colorado Springs	\$140
*Columbia, SC	\$149
Columbus, OH	\$203
Dallas/Ft. Worth	\$182
Dayton, OH	\$192
Denver	\$141
Des Moines	\$172
Detroit	\$192
*Eugene	\$84
†Fairbanks, AK	\$280
Fargo, ND	\$182
*Ft. Lauderdale, FL	\$150

Celebrate summer with United's lowest fares going. Just pick your city and have fun! For reservations, call your Travel Agent. Or call United at 226-7211.

*Ft. Myers, FL	\$150	Memphis	\$192	*Richmond, VA	\$149
Ft. Wayne, IN	\$192	*Miami	\$150	Rochester, NY	\$203
Fresno	\$130	Milwaukee	\$182	Sacramento	\$120
Grand Rapids, MI	\$192	Minneapolis/St. Paul	\$172	Saginaw, MI	\$192
Great Falls, MT	\$130	Modesto, CA	\$135	St. Louis	\$182
*Greensboro/High Point, NC	\$149	Moline, IL	\$182	Salt Lake City	\$130
Harrisburg, PA	\$213	Monterey, CA	\$130	San Antonio	\$161
Hartford	\$213	Nashville, TN	\$192	San Diego	\$151
*Honolulu	\$236	Newark	\$213	San Francisco	\$120
Houston	\$192	New Orleans	\$203	San Jose	\$120
*Huntsville, AL	\$149	New York	\$213	Santa Ana/Orange County, CA	\$146
Indianapolis	\$192	*Norfolk, VA	\$129	Santa Barbara	\$140
Islip, NY	\$213	Oakland	\$120	*Sarasota, FL	\$150
*Jacksonville, FL	\$150	Oklahoma City	\$172	*Savannah, GA	\$149
Kansas City	\$161	Omaha, NE	\$172	Seattle, WA	\$83
Knoxville, TN	\$203	Ontario, CA	\$146	Sioux City, IA	\$172
*Las Vegas	\$109	*Orlando	\$106	Sioux Falls, SD	\$172
Lexington, KY	\$192	Palm Springs, CA	\$150	Spokane, WA	\$108
Lincoln, NE	\$172	Peoria, IL	\$182	Springfield, MO	\$182
Little Rock, AR	\$192	Philadelphia	\$213	Syracuse, NY	\$213
Long Beach, CA	\$146	Phoenix	\$120	*Tampa	\$150
Los Angeles	\$146	Pittsburgh	\$203	*Tucson	\$130
Louisville	\$192	Portland, ME	\$213	Tulsa	\$182
Madison	\$182	Providence	\$213	Washington, D.C.	\$213
Manchester, NH	\$213	*Raleigh/Durham	\$149	*Wenatchee, WA	\$92
Medford, OR	\$87	Rapid City, SD	\$166	*West Palm Beach, FL	\$150
		*Reno	\$98	White Plains, NY	\$213
				Wichita, KS	\$161

**RESTRICTIONS:** United's Summer Savings are good for travel from noon Monday through noon Thursday. Fares shown are each way with a round-trip purchase. Buy your tickets within a day of making your reservations, and at least 14 days in advance of your departure. Tickets are non-refundable and your trip must include a Saturday night stay. Other significant restrictions may apply and fares are subject to change without notice. Seats are limited and the flight you want may not be available when you call, so make your reservations early. A portion of some travel may be on United Express carriers. These fares are good from Portland International.

**CODE:**  
♦7-day advance purchase required. Travel between June 28 and September 4 is \$10 higher each way.  
\*Day of week travel restrictions may vary. †Travel any day of the week.

**Sheridan FRUIT CO. SINCE 1916**

OREGON GROWN **WHOLE CHICKEN** 79¢ LB.  
CUT-UP 99¢ LB.

OLD FASHION **SMOKED DINNER FRANKS** \$1.89 LB.

SICILIAN STYLE **GREEN OLIVES** \$1.89 LB.

LARGE SIZE **ARTICHOKES** 2/89¢

**FRESH RHUBARB** 39¢ LB.

HONEYDEW OR CANTALOUPE 69¢ LB.  
HOME GROWN **SPINACH** 3/99¢

BULK NON-PARIEL **ALMONDS** \$1.99 LB.

BULK **ROLLED OATS** 3/\$1.00 (REG. 55 LB.)  
BULK **WHITE TEXMATE RICE** 99¢ LB. (REG. 1.25 LB.)  
WHILE THEY LAST! **SARDINES** 2/\$1.00 (4 VARIETIES, 3.25 OZ.)

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