

**Save Room
In Your Heart**

Find room in your heart for a stranger,
Your friends are already there,
but there are many others who need
some love that you could spare.

Make room in your heart for the
weary,
for the lost and the lonely too.
You know—"but for the grace of
God"
one of them could be you.

Each good deed becomes a seed
you plant along the way,
and it's said—they will all come back
"tenfold" to you some day.

But the seeds you scatter all along
life's road on which you tread—
will never grow if you don't save
some room in your heart for God!

by Doris A. Orth



BLACKS AND THE CONSTITUTION TO AIR NATIONALLY!—Dr. John Hope Franklin, right, an expert on the U.S. Constitution and Eddie N. Williams, President of the Joint Center for Political Studies, are among several scholars featured in "Afro-Americans And The Evolution Of A Living Constitution," a radio series commemorating Black History Month. The series is scheduled for February broadcasts on more than 200 stations nationwide. This series of eight, half hour broadcasts was edited from last year's symposium on the subject. The program was jointly sponsored by the Joint Center for Political Studies and the Smithsonian Institution. Philip Morris Companies Inc., a co-sponsor of the symposium, has underwritten the radio broadcasts. The series was produced by Radio America, the Joint Center for Political Studies and the Smithsonian Institution.

**Taking Care Of
Your Baby**

The American Red Cross is offering a class on Taking Care of Your Baby at the Red Cross building, 3131 N. Vancouver Avenue, on Wednesday evenings: February 1, 8, 15, 22, from 7 to 9:30 p.m.

This ten-hour course is for expectant, new and adopting parents and/or grandparents. It is a base for understanding and fulfilling the special needs of a new baby through the very important first year. Taught by Red Cross volunteer instructors, the subjects covered include preparation for coming home with your baby, beginning life as a family, feeding, growth and development and safety and health care for small babies.

Pre-registration is necessary since class size is limited. There is a charge of \$30 per couple or \$25 per individual. Call the Red Cross at 284-0011, Ext. 176, to register.

OREGON DEPARTMENT OF TRANSPORTATION

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THE 10 MOST EXCITING COUPLES IN AMERICA—Celebrity twosome Phylcia and Ahmad Rashad, and Olympic medalist Florence Griffith-Joyner and her husband Al Joyner are among Ebony's "10 Most Exciting Couples," in the February issue. The Rashads, whose 1985 engagement was affirmed via national TV rank high on the list, as their combined popularity and high profile careers make them an obvious favorite. "If we are an exciting couple," says Phylcia, "it's because we are excited about ourselves and about each other." The Joyners, who first met in 1980 and later married in 1987, won a honeymoon trip to Jamaica on TV's Newlywed Game." The pair drew worldwide attention when Florence collected three gold and one silver medal at the 1988 Olympic Games in Seoul, Korea, setting a world's record in the women's 100-meter dash. "Al is my mentor," says Florence. "He keeps me motivated. The world record belongs to him." In celebration of Black love, Ebony's other exciting couples include Rev. and Mrs. Jesse Jackson, Bill and Camille Cosby, Tim and Daphne Reid and Norm Nixon and Debbie Allen. (Photo courtesy of Ebony)

NW Film & Video Center
1219 SW Park 221-1156

Soul on TV: The Sixties

Perhaps the rarest of the rare—British and American television clips of great soul and Motown artists of the time, including Marvin Gaye, Sam Cooke, James Brown, Ike and Tina Turner, Joe Tex, Sam and Dave, The Exciters (with Jimi Hendrix), Martha and the Vandellas, The Four Tops, The Supremes, Smokey Robinson and the Miracles, Stevie Wonder, Aretha Franklin, Sly and the Family Stone, The Jackson Five, The Staples, The Temptations, Percy Sledge, Eddie Floyd and Otis Redding. (2 hrs.) *Special admission: \$5 general; \$4 members. Audience members who wish to stay for both shows may purchase two tickets and remain in the auditorium, where their second ticket will be collected.*

Friday, February 10

Saturday, February 11, -7 p.m.

SAFEWAY



How many Black Americans are you familiar with in the history of our country?

Chances are, not that many because you won't find them in most history books. But Black History Month gives us a chance to become aware of the contributions many Black Americans have made in science, medicine, industry, agriculture, literature and more.

Join us in the observation of Black History Month and broaden your knowledge of how we, collectively, as a people have made this country what it is today.



SAFEWAY