

# COMMUNITY CALENDAR



**Monday, Sept. 19**  
7:00 p.m.  
**First Christian Church**  
1315 S.W. Broadway

**Six-Week "Creative Coping" Series**  
First Christian Church begins its next six-week "Creative Coping" series with the theme: Self Esteem: Key to Effective Living. Keynote for the evening will be Dr. Elliot Weiner, executive director of the Oregon Psychological Association. The author of such books as *The Mind Test*, *The Brain Game* and *The Ostrich Complex*, Dr. Weiner is a clinical psychologist in private practice, and has made numerous guest appearances on local and national television.

Other speakers in the series will be: Dr. F. Wayne Bryant, senior minister of First Christian Church and president of Ecumenical Ministries of Oregon; Dr. Ann Widmer, author, lecturer and director of the Institute for Health Care Education, Inc.; Barbara George, deputy director of Ecumenical Ministries of Oregon; Dr. Ray Kevane, author, career consultant and president of R.A. Kevane and Associates, Inc.; and Dr. Will Dixon, pastoral counselor and executive director of the Samaritan Counseling Center.

The series is open to the public and child care is provided for pre-school children. A \$3.00 donation each evening is requested to cover costs. Parking is available across from the Oregonian Building on Broadway, and at the corner of 6th and Columbia.

**Monday, Sept. 19**  
Noon  
**Benson Hotel**  
S.W. Broadway & Oak Sts.

**"What Would You Do If You Had \$12 Billion?"**  
"What Would You Do If You Had \$12 Billion?" is the speech title when State Treasurer Tony Meeker appears at the Benson Hotel. The luncheon is sponsored by Oregon Tax Research, according to Stan W. Baumhofer, Executive Director.

Treasurer Meeker will give his views on significant fiscal matters facing the state. They will include the Oregon Investment Council policies; how divestiture of South African interests affects earnings on the state's \$12 billion investment funds; the status of the Public Employee Retirement System, the Veteran's Loan Program, and the outlook for the state's bond rating.

He will also discuss the spending limitation and the outlook for state tax revenues.

Lunch will be at 11:45 a.m. There will be a question and answer period following Meeker's comments. The public is invited. Cost is \$25.

**Tuesday, Sept. 20**  
2:00-4:00 p.m.  
**Milwaukie Senior Center**  
5440 Kellogg Creek Dr.

**Loaves and Fishes Nineteenth Annual Meeting**  
Anne Kelly Feeney, the new Executive Director of Loaves & Fishes Centers, Inc. is the keynote speaker at the organization's 19th Annual Meeting. The meeting will be held from 2:00-4:00 p.m. at the Milwaukie Senior Center, 5440 Kellogg Creek Drive in North Clackamas Park.

Portland is one of the 20 cities in the country selected to participate by initiating meal delivery on Thanksgiving morning. 850 meals will be sent to homebound seniors who have no family network to help. Drivers for Thanksgiving morning are needed. You can volunteer by calling 777-2424. Only 1-1/2 hours of time are required.

**Sept. 20 through Oct. 25**  
**Tuesdays, 7-9:30 p.m.**  
**Red Cross Building**  
3131 N. Vancouver Ave.

**Child Care Provider Workshops Available**  
A series of Child Care Provider Training Workshops for potential and current home child care providers is scheduled at the Red Cross. This training is sponsored by the Red Cross, OSU Extension Service, and Providers Resource Organization. All workshops are on Tuesday evenings.

**Sept. 20** How to make your child care home professional and businesslike.  
**Sept. 27** Stress management for child care providers.  
**Oct. 4** Stages of child development and its relationship to discipline.  
**Oct. 11** Play activities and equipment.  
**Oct. 18** Health and safety concerns for children in home care.  
**Oct. 25** Food for tots.

**Saturday, Oct. 1**  
1:00 p.m. - 5:00 p.m.  
**Mallory Ave. Christian Church Parking Lot**  
(Across from the church at 126 N.E. Alberta)

**Ecumenical Parish of North & Northeast Portland "Ribs Dinner Benefit"**  
People Are Beautiful (PAB), now in its 13th year, is a summer and after-school program of the Ecumenical Parish of North and Northeast Portland. Serving 70 children now, we hope for continued support and possible expansion to serve more children through our "Ribs Dinner Benefit" to raise money to continue the P.A.B. program. Cost: \$4.25 - adults;

\$2.50 - 12 and under. Contact: Ecumenical Parish, 288-5173; Norman Coffman, Community Minister or Missie Kallunki, Community Worker.

**Atlanta Life Insurance Company To Hold Ninth Annual Afro-American National Art Competition/Exhibition**  
The Atlanta Life Insurance Company's Ninth Annual Afro-American National Art Competition & Exhibition is again under way. Entries must be post-marked no later than October 28, 1988.

Winners of this years Art Competition will have their works exhibited at Atlanta Life Insurance Company's headquarters building from Feb. 11, 1989 through March 14, 1989. In keeping with previous exhibitions, there will be a brief ceremony during which time purchase prize awards will be granted to artists for first, second and third prize in the categories of painting, sculpture, mixed media, textile, photography, drawing and printmaking.

All activities are free and open to the public. For additional information please contact: Ms. Henrietta Antoinin or Cathy Watson, Atlanta Life Insurance Company, 100 Auburn Avenue, N.E., Atlanta, Georgia 30303, (404) 659-2100.

**"Womenstrength" Self-Defense Classes in October**  
The Portland Police Bureau's Sexual Assault Prevention Program will offer its monthly "Womenstrength" self-defense classes in October. Registration begins Tuesday, Sept. 20, and continues until classes are full with 50 students each. Classes fill quickly!

The classes are free and are available to teenage and adult women. Assertiveness and awareness are emphasized, and streetfighting skills are taught.

**North Portland**  
**Mondays, Oct. 3, 10, 17**  
**Ockley Green Community School**  
6031 N. Montana, Cafeteria

**Northwest Portland**  
**Tuesdays, Oct. 4, 11, 18**  
**Metropolitan Learning Center**  
2033 N.W. Glisan, Gymnasium

**Rape Victim Advocates Needed As Volunteers**  
Rape victim advocates needed as volunteers with Multnomah County District Attorney's Victims Assistance Program. Training begins October 4. Must be at least 18 and have transportation. For more information call: 248-3222.

**ARC Offers "Accepting A Difference" Workshop**  
**Thursday, Oct. 20**  
7:00-9:00 p.m.  
**Clackamas Town Center**

"Accepting a Difference," a seven-week counseling workshop for parents of children with special needs. Sponsored by the Association for Retarded Citizens of Multnomah County, the class will provide a self-help model for parents raising children with disabilities.

The workshop will be led by Myra Classen, Family Services Coordinator of th ARC of Multnomah County and Kathy Richards, COPE Regional Consultant. Topics covered will include working with professionals, impact on siblings, marital impact, developing positive self-esteem in the family, and personal problem-solving.

The workshop is funded, in part, by the Rose Tucker Foundation. Cost for workshop manuals is \$10 per family for ARC members and \$20 per family for others. Scholarships are available. Registration is limited. Deadline for registration is October 7. For more information, contact Myra Classen, ARC-Multnomah, 223-7279.

**Free Health Screening**  
The screening provides numerous important health tests and services, including: blood screening test (which includes cholesterol and blood sugar), general physical assessment by nurses, blood pressure check, dental and oral cancer check, stress and depression assessment (if desired), nutrition counseling, breast cancer self-examination instructions and colon-rectal cancer screening. The blood test results are later communicated back to the seniors and their physicians. HealthLink invites all Multnomah County seniors session requires 60-90 minutes, depending on the number of tests you take. Please call the Urban League of Portland to make appointment.

**Urban League of Portland**  
280-2638  
(For Appointment)

**Write or Call:**  
**RVA, Room 804**  
**1021 S.W. 4th Ave.**  
**Portland, OR 97204**

**Test-Postive Program Offers Information And Support To Carriers of HIV-Virus**  
(Educational Series Stresses "Just The Facts.")

**Cascade AIDS Project**  
223-5907  
**Contact: Jay Roberts,**  
**Test-Postive Program Coordinator**

A pilot educational program targeting persons testing HIV-positive is being offered by the Cascade AIDS Project (CAP) in October and November. Co-sponsored by the Multnomah County Health Division, the program includes: a three-evening series of educational sessions specifically designed for people just-tested positive but without the symptoms or a diagnosis of AIDS/ARC. Those interested in attending should contact Jay Roberts, Test-Postive Program Coordinator at the Cascade AIDS Project, 223-5907.

**Effective Immediately — Mt. Hood National Forest**  
There is a partial restriction on camping and off-road vehicle use on portions of the Mt. Hood National Forest. East of Highway 35 and east of Highway 26 camping will only be allowed in developed campgrounds and all motor vehicles must remain on developed roads (those with road numbers). This is because of the extreme fire danger in the eastern half of the forest.

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## Aviation Ground School

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- ★ Meteorology — Identifying cloud formations  
Forecasting moisture  
Interpreting weather charts
- ★ Weight and balance
- ★ Navigation — Reading sectional charts  
Instrument flying
- ★ The international phonetic alphabet
- ★ FAA regulations / interpretations
- ★ The cockpit environment

The FAA written test will be administered during the final week of classes.

**Section #100-400 AVIATION GROUND SCHOOL**  
**September 20 - December 15**  
**Thursdays**  
**7:00 - 9:00 p.m.**  
**Sylvania Campus**  
**College Center, Pine Room**  
**Tuition: \$31.00**

For more information telephone PCC Community Education at:  
**244-6111 - Ext. 2810**

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"The Eyes and Ears of the Community"  
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