

Self-Expression for Teens through Cable News Show

The Portland Observer will co-sponsor "We Are Your Future", a 30-minute video show written and hosted by Portland area teenagers.

"We Are Your Future" allows teens to express themselves on Teen Violence, Teen Pregnancy, AIDS Being Spread By Homeless Youth, and Nutrition.

The talent for "We Are Your Future" was recruited from the student body of Grant High School. In October, 1987, students underwent weekly pre-production and video writing classes. The production of "We Are Your Future" required self-discipline, dedication, and hard work.

Currently, the talent is undergoing production and post-production classes at Portland Cable Access (PCA).

"We Are Your Future" cablecast will premiere Feb. 13th on Ch. 33 at 6:00 p.m.

"We Are Your Future" was created by its producer, Grassroot News, and technically produced by the staff of Portland Cable Access. An additional sponsor is the Albina Ministerial Alliance, whose operation is highlighted by A.M.A.'s CEO, Cornetta Smith.

For more information, contact Lanita Duke at 288-0493.

Picture Your Heart: Capture an Ultrasound Image

This year for Valentine's Day, give someone you love a lasting and truly personal valentine; a picture of your heart. Starting Monday, Feb. 1 through Sunday, Feb. 14th from 10 a.m. to 3 p.m., OMSI will invite visitors to have their hearts imaged as part of an ongoing ultrasound demonstration during national Heart Month.

Using the latest ultrasound equipment, visitors can witness the amazing technology of an Ultrasound Imaging System. Ultrasound imaging is a safe and painless diagnostic procedure which uses high frequency sound waves to make moving pictures of the heart. In a nutshell, ultrasonic waves pass through the skin by a small, hand-held trans-

ducer and are reflected back from the internal structures of the heart. The result is a two-dimensional image of the heart.

See live heart images, talk with cardiopulmonary technologists and physicians, and take home the ultimate in valentine expression. Although this is not a medical examination, it is a unique opportunity to learn more about you and your heart and the advances being made in cardiopulmonary technology.

This event is co-sponsored by The Oregon Heart Institute, The Oregon Society of Cardiopulmonary Technologists, Hewlett-Packard and Polaroid in cooperation with The Oregon Museum of Science and Industry.

North Portland Library Celebrates 75th Birthday

The North Portland Branch Library reaches a significant milestone on Saturday, Feb. 20, 1988 — 75 years of service to the neighborhood.

Multnomah County Library administrators, board members, branch employees and patrons are marking the day with a birthday celebration. Highlights include: Opening ceremony, 11 a.m.; John Bennett plays ragtime piano, 11:30 a.m. to 1:30 p.m.; cake cutting, 12:30 p.m.; Hansel and Gretel puppet show, 1:30 to 2 p.m.; Face painting, 2-3 p.m.; Rap music by Untouchable Krew, 3-4 p.m.

In addition to the above entertainment, librarian Mary Goldie is assembling a collection of old photos showing the North Portland Branch Library through the years.

"We had a lady in this week who said she can remember going to the Library when it opened (in 1913),"

said Goldie. "She couldn't believe it had been 75 years already!"

Built at a cost of \$31,582, the facility was one of many U.S. libraries constructed with the help of the Carnegie Foundation — endowed by noted industrialist Andrew Carnegie. The land was donated by W.B. Ayer and other local residents. Architect Jacob Jacobson designed the English-style, brick edifice.

The February 20 celebration follows a period of remodeling at the Library, which is located at 512 North Killingsworth Street. The building has been "gussied up" with new paint, a book theft detection system has been installed and the facility is now wheelchair accessible, says Goldie. The remodeling also made way for the Library's Black Resource Center, in operation since June 1987.

Airman Julius D. Fields, Jr. Graduates



Airman Julius D. Fields, Jr., son of Julius D. Fields, Sr., and Marie E.

Baxter, both of Portland, OR, has graduated from Air Force basic training at Lackland Air Force Base, Texas.

During the six weeks of training the airman studied the Air Force mission, organization and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the community college of the Air Force.

He is a 1985 graduate of Benson Polytechnic High School, Portland.

Minority Tuition Waivers Available

Portland State University has announced the availability of tuition and fee waivers of approximately \$1,500 annually to qualifying minority students who will enroll at PSU this fall as first-time freshmen. Application deadline for the Minority Tuition and Fee Award Program is March 1.

The program was established by the Oregon State Board of Higher Education to improve the diversity of the student body of the state's higher education institutions. The program will award 146 of the waivers across the state this fall.

To be eligible for the program, students must: be Oregon residents; be graduates of an Oregon high school (or GED certificate re-

ipient); be able to meet regular institutional admission requirements and be enrolled as a first-time freshman; be committed to the pursuit of a bachelor's degree; and be members of one of the following ethnic/racial groups — American Indian or Alaskan Native, Black American, or Hispanic.

The awards are renewable for up to five years provided the student maintains eligibility and makes satisfactory progress toward a degree. The awards also are transferrable from one institution to another.

Information and application forms are available from the Portland State University Office of Admissions, 464-3511.

Secrecy and the Brotherhood of Torture

Eugene Monroe

During the Second World War the Nazi party repeatedly claimed they had no death camps. They admitted there were labor camps like vacation resorts, but no death camps. Today the 10 best known hospitals in the Portland area claim that no information related to ECT, electric shock treatment to you and I, can be released. These members of the psychiatric brain fry brotherhood now feel that ECT is too controversial for any information to be given out. We possess statistics on various hospitals in the Portland area, however, the measurement of increased ECT usage necessitates updating and comparing the old facts with the new.

The impact of the Citizens Commission on Human Rights (CCHR) on those facilities which practice this cruel form of torture is beginning to be felt. During this last week CCHR has pushed the war

against ECT, visiting 12 cities in both Washington and Clackamas counties circulating an interest petition aimed at outlawing the practice of electric shock treatment in Oregon.

You can't build the Ark after the rain starts to fall. ECT is a danger to every community in America. It may not be agreed with today and, after they strap you to the cold table, it will be too late. You'll be gone. The person you used to be will be lost forever.

I remember one man we met during the petition drive who wanted to sign the petition. We talked for a minute or two. I asked him if I could quote him: "If you throw a kitten in a microwave over for three minutes set on maximum, it stops the kitten from jumping on your couch, but it does not help the kitten to catch mice."

Mr. Cocaine

by Paulette
10-16-86

Hello my graduate, I see you've switched from smoking weed
You've developed a more costly and devastating need,

What was that reason you decided that you wanted to give me a try
Oh yeah! It was because weed no longer got you high.

No longer are you satisfied to smoke a joint or two
You want to run in the faster lanes, experience something new.

Well I'm more than happy to take you right into my fold,
You don't seem to believe the horror stories about me that you've been told.

Why don't you start out with me like the ones before you chose
Put me in such perfect lines and snort me up your nose,

And later when I have you hooked, when I have you nice and ripe
I'll let you move on to stage two, putting me in a glass pipe!

Smoke me, inhale me, and take me deep within,
I promise you I will become your one and only friend.

I'll make you tell all sorts of lies, you'll steal and you will cheat
It won't matter to you about your pride, it's my demands you will meet.

Selling your bodies, betraying your family and friends
Hustling up those dollars and rushing to smoke me again.

But don't worry baby, take this into your heart,
I'll hang right in here with you — until D E A T H do us part!

Rising Hospital Costs Threaten Oregon Seniors

Rapidly escalating hospital costs in the State of Oregon threaten to flatten the pocket books of Oregon seniors, the Oregon State Council of Senior Citizens charged.

Nate Davis, President of the group, said the State Senior Council is deeply concerned over the results of the annual Equicor study showing the average daily hospital cost in Oregon to have increased nearly 20 percent in 1987 and ranking Oregon the fifth-highest in the nation for average daily cost.

"Since the substantial percentage of hospital clientele are elderly, the greatest weight of this increase in hospital costs falls on the shoulders of the older patient," commented Davis. "Where will this health care cost escalation end? Year after year we are seeing hospital and other health care costs increase substantially, often quadrupling the rate of inflation. Are the consumers really gaining the benefits of these incredible increases?"

"For the short term, there needs to be a thorough evaluation of the services provided in hospitals. Are all the physician services and laboratory work really necessary or is it simply taking from the pocketbooks for the elderly for extraneous health care services."

"In the long run, we must look at health care options that will slow the tremendous health care inflation we have witnessed over the past twenty years. The State Senior Council believes this is a symptom of a health crisis that ultimately can only be solved by the adoption of a national and state health plan that will provide universal health coverage to all our citizens."

Equicor, a joint venture of the Hospital Corporation of America and the Equitable Group and Health Insurance Company, has conducted a yearly study of hospital costs for the last 15 years.

The Oregon State Council is one of the key statewide sponsors of the State Health Plan, which would guarantee health coverage to all Oregonians. Under the Plan, eligible persons would be able to choose a certified health plan that guarantees physician, hospital, lab and x-ray, emergency, preventive, rehabilitation, outpatient, prescription drug, and mental health services. It has been introduced in the last three Oregon Legislative Sessions and is a primary focus of the Oregon Health Care Coalition, which includes dozens of statewide human service, consumer and labor organizations.



Retiring from the "9-to-5" working world was the occasion of a reception for two brothers, James Varner and Joe Henderson, of Beaver Lodge No. 3, Prince Hall affiliate. The affair was held at Dishman Center Saturday, Jan. 30th. (L-R) Matthew Moody, Worshipful Master Lucious Hicks IV, Varner, Henderson and Jim Wallace.

Photo by Richard J. Brown

Scholarship Deadlines Near

Deadlines are approaching for two popular scholarships offered through the Mt. Hood Community College District Foundation.

Applications for part-time scholarships for spring term must be submitted by Feb. 29. The scholarships will be awarded to students who wish to take between one and six credit hours and cover tuition, fees and \$75 worth of books and supplies. Applicants must: show financial need and not be receiving Federal Financial Aid; not be dependent on parental support; be employed or currently unemployed as a result of a layoff and enrolling in a course that will potentially lead to employment; achieve a minimum grade point average of 2.00; take the college placement test through the Counseling Center; and have two letters of recommendation from instructors, counselors or community members.

The MHCCD Foundation also will

present three \$2,020 scholarships, covering tuition, fees and books for the 1988-89 school year, to current GED students. To qualify for the scholarship, the applicant must take the GED test during the 1987-88 school year and pass with an average score of 49 or higher; participate in GED graduation; demonstrate a financial need; have at least one letter of recommendation from an MHCC instructor; and must be planning to enroll full-time for the 1988 fall term. In addition, the applicant must enroll in a degree-granting program and must maintain a grade point average of 2.00 or better. Applications may be submitted as late as May 16, with letters of recommendation and a copy of the student's GED test scores.

Scholarship applications are available in the MHCC Office of Financial Aid. For details, call 667-7262.

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