

Preparations and Driving on Ice and Snow

Winter can confront motorists traveling through Oregon with a variety of driving hazards, including snow and ice.

Oregon AAA offers some tips for winter driving preparation and for driving on roads covered with ice and snow.

Use snow tires or carry chains appropriate for your tires. Also, don't forget to slow down when driving with chains or snow tires.

Check out your car before you leave on a trip. The check should include a look at the brakes, battery and battery connections, defrosting system, belts and hoses, lights, windshield wipers and washer fluid, tires, exhaust system and coolant.

Make a visual inspection of your car. You may not have noticed that cracked or burned out taillight, or a tire that needs replacing.

If you know your car needs a tune-up, do it before you leave. The inconvenience of a breakdown can ruin a trip.

Don't over-react when driving on slick roads. In other words, avoid accelerating quickly, over-steering and hard braking. Any of those practices can produce dangerous skidding on icy or wet road surfaces. Also, brakes should not be pumped. Apply them evenly until just before they lock up, the release and repeat.

To avoid getting stuck in the snow when starting the car, accelerate gradually.

It takes more time and distance to stop on snow and ice, so put more space between you and the other cars on the road. It's also a good idea to develop the habit of signaling your intentions to turn or stop earlier than normal.

Keep an eye out for icy patches on the roads. During cold weather, they are likely to appear on hills in shaded areas, on bridges, underpasses and overpasses. Be particularly alert to speed regulation and road condition warnings.

Avoid riding your brakes on downgrades. Instead, use a lower gear to slow the car down.

Ice or snow can accumulate under the fenders on long drives and can make steering difficult or impossible. Check for those accumulations periodically. Also, make sure ice and snow is removed from all windows, mirrors and lights. In addition, remove snow from the roof and hood so it doesn't blow onto the window during travel.

A highway emergency kit is always a good idea for long winter trips. A kit should include at least: a snow shovel, ice scraper and snow brush, flashlight (and extra batteries), flares, matches and candles, a tarp (for wet weather tire chain installation), battery jumper cables, sand or a box of cat litter for traction if you get stuck, a radio and a blanket or sleeping bags. Also, take along a supply of non-perishable, high-energy foods and drinking water.

Preventive maintenance, alert driving and good planning can go a long way toward ensuring a safe trip.

Portlander's Get Encouragement, Easy Way to Help the Homeless

PORTLAND, OR — For the first time, the organizations and individuals serving Portland's homeless have teamed up for a special holiday campaign.

Dubbed "Project Homeward Bound," the campaign will bolster existing fundraising activities, and attract first time givers who have items, volunteer time and money to donate. Homeward Bound organizers stressed that the campaign supports, rather than competes, with the existing campaigns of individual agencies.

More than 50% of Portland's homeless are women and children.

Homeward Bound includes an advertising and public relations campaign, and a centralized phone referral system to make it easy for first-time contributors to get involved. Print advertising, created by the Portland corporate communications firm of Gard & Lesh, will begin running December 9th.

The campaign was kicked off this morning, December 8, 1987, at Sunnyside United Methodist Church by Homeward Bound spokespeople Sam Bowie of the Portland Trailblazers and Mrs. Audrey McCall, Oregon's former First Lady.

According to steering committee member Sister Maria Francis, "Our objective is to obtain the maximum amount of support from the broadest possible audience." She noted that Federal and State funding had been cut back, and agencies needed significant new contributions, "just to say even."

Campaign spokesman Sam Bowie said that Portlanders could help the



Photo by Richard J. Brown

homeless by doing one of two things. "First, if an organization asks you for a donation, give and give generously."

"Or, if you want to contribute items, volunteer time or money, call 222-5555. We hope this easy access number will attract people who have wanted to give, but have not known who to contact."

The 222-5555 number is United Way's Information and Referral Ser-

vice, which has been expanded for Project Homeward Bound. The referral service has lists of the most urgently needed items and services, and will refer callers to agencies that most need what the caller has to offer.

Some of the items needed are warm clothes, sleeping bags, shoes, personal hygiene items, and bedding.

Mrs. McCall noted that the homeless population has changed dramatically in the past few years. "More than 50% of Portland's homeless are women and children."

"And, a significant portion of Oregon's homeless are two parent families," she said. "Many of these families have lost their jobs, lost their homes, and are living in cars in the streets. We desperately need items for men, women and children."

This is the first time Portland's agencies and others supporting the homeless have joined forces for such an effort. Campaign steering committee organizations include the Burnside Community Council; Burnside Projects; Central City Concern; Council for Prostitution Alternatives; Neighborhood House; Outside In; St. Francis Outreach; Stone-Sheridan Group; United Way; and YWCA Resource Center.

Sister Maria Francis noted that Homeward Bound was put together in two weeks. "There has been tremendous enthusiasm and commitment from everyone involved. We must be on the right track."

The referral number, 222-5555, is open from 8:30 - 5 p.m., Monday through Friday. Project Homeward Bound will operate until January 1, 1988.

Free Weatherization Workshops

The Community Energy Project has scheduled self-help weatherization workshops for the month of January at various locations throughout Portland's east side. The workshops are free, and open to the public. These will be the last workshops offered this heating season. During a two hour workshop, participants are taught how to lower fuel bills without sacrificing comfort, and a bag of free weatherization materials will be given out at the end of the workshop to income eligible households. Included in the materials are caulking, weatherstripping, a door sweep, and plastic storm window kits.

To pre-register for any of the following workshops, call 284-7868, or stop by the Eliot Energy House at 3116 N. Williams.

January 6, Whitaker Community School, 5700 NE 39th, 7-9 p.m.

January 11th, Kern Park Christian Church, 6828 SE Holgate, 7-9 p.m.

January 16th, YWCA, Northeast Center, 5630 NE Union, 10-noon.

January 21st, Abernethy Community School, 2421 SE Orange, 7-9 p.m.

Energy Answers



Q. Is it okay to burn holiday gift wrap and old Christmas trees in a wood stove? - M.T., Eugene.

A. In a word, no. Wood stoves are a great way to heat homes and foster a cozy family relationship. But they are a risky way to dispose of holiday gift wrap and old Christmas trees.

Improper use of wood stoves can bring disaster. By burning gift wrap and old Christmas trees in the wood stove, you can overheat the stove. This can cause accidents and fires. In addition, the metallic components of some wrapping paper can damage catalytic wood stoves.

The safe rule is to burn small, hot fires using well-seasoned wood. Keep combustible material at least three feet away from the stove unless approved heat shields are in place. Combustible materials include such things as firewood that you may wish to dry, furniture, newspapers and the paper facing on drywall, as well as your Christmas tree and used gift wrap.

Portland International Airport Continues Growth in October

More people continue to use Portland International Airport (PDX) and more air cargo is being shipped using PDX facilities, according to the Port of Portland's aviation report for the month of October.

Passengers in and out of PDX totaled 445,435 for the month, up 9.1 percent over October 1986. This brings the year-to-date total of passengers to over 4.7 million, nearly 12 percent above last year at this time. During October of last year, there were 408,245 passengers through PDX for a year-to-date total of 4.2 million.

Likewise, cargo showed growth consistent with previous months of this year. Overall, year-to-date cargo activity is up nearly 21 percent from last year at 75,953 tons. For the month alone, 8,879 freight tons were processed through PDX, a 19 percent increase from October 1986. In October of last year, 7,451 tons flew in and out of PDX for a year-to-date total of 62,927.

NE "Y" Program Update

MOM & BABY CLASS

A Mom and Baby class is currently being offered at no charge each Tuesday from 4:00 - 6:00 p.m. This class is opened to parents with infants and toddlers (fathers welcome). Parents can share news about their children's growth and development, and assist their children to learn as they play and learn positive ways to interact with their children.

FITNESS

Fitness classes will begin January 5, 1988 at the Northeast YWCA facility. Please contact Louise Asher for registration.

SENIOR EXPERISE

Start where you are and progress at your own rate. The class combines strength, flexibility and endurance, with an emphasis on range of motion and relaxation. Wear comfortable clothing for movement. Join the fun and fitness. 8-week session. Tuesdays and Thursdays, 10:00 - 11:00 a.m. \$15 NON MEMBERS.

BIG AND BEAUTIFUL

A class designed for the well-endowed that focuses on specific fitness areas. Feel good about yourself with low-impact exercise to firm and tone all those problem areas. 8-week session. Tuesdays and Thursdays, 6:15 - 7:15 p.m. \$15.00 NON MEMBERS.

AEROBICS

Get a real start on fitness with an aerobic workout, and have fun with upbeat music while burning those pounds away! Wednesdays and Fridays, 6:15 - 7:15 p.m. \$18.00 NON MEMBERS.

MEMBERSHIP

If you wish to become a member of the YWCA, please call the Center for further information.

We want to hear from you, so please give us a call at 282-0003 if you have any questions or suggestions of activities you would support at the Northeast Center.

Oregon Teenage Pregnancy Task Force Conference

Their 8th annual conference will be held January 7 and 8, 1988 at the Lloyd Center Red Lion Inn in Portland. For more information, contact Diane Turner (503) 281-5366, or Sylvia Loftus, (503) 581-9922.

Advertisement for Wigland Beauty Supplies, featuring a woman's portrait and text: Wigs, Hairpieces and Beauty Supplies. Sale & Restyling. Wigland SALE SALE SALE Nails • Eyelashes • Wigs. Eva Gabor • Born Free Rene of Paris • Andre Douglas Zurv and more • Carefree. Store Hours 10:00 a.m. 'til 6:00 p.m. Monday Thru Saturday. 1105 N.E. Broadway (across from Safeway Lloyd Center) Tel. 282-1664

Use Stoves Properly to Reduce Emissions and Pollution

sions in wood stoves.

Wood stove owners should be aware that there are a number of things that can be done to increase efficiency and reduce emissions from existing wood stoves.

Burn dry, seasoned wood. Dry wood burns cleaner and more efficiently than wet wood. Season it properly by slitting, stacking and raising it off the ground, making sure that it is protected from the rain.

Season wood at least six months prior to burning. Hardwoods such as madrone, oak and maple have the highest heating values. Alder and Douglas fir are ranked in the medium range, and cedar, pine and white fir have medium to low heating values. Never burn garbage, plastics,

painting or treated wood because toxic fumes may be released.

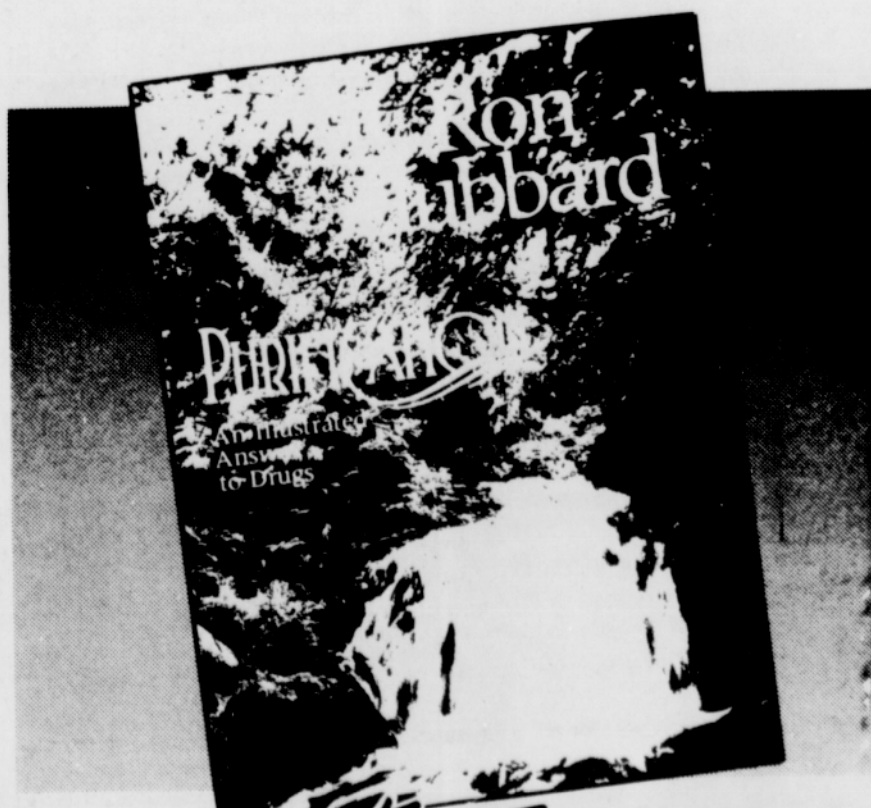
Small fires with plenty of oxygen burn the cleanest. Burn briskly the first 30 minutes after loading the stove, then keep the fire at a moderate burn rate.

Have your chimney examined routinely for safety and proper operation of your stove.

To burn as cleanly as possible, check the smoke exiting the chimney, viewing it against a dark background if possible. The less smoke coming out of the stack, the better.

If you have another heat source available, avoid using your wood-stove on poor air quality days.

For more information on burning wood better, contact the DEQ, 811 Sixth Avenue, Portland, OR 97204, 229-6488 or 1-800-452-4011.



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