

Seeks Volunteers

Retired Senior Volunteer Program (RSVP) is seeking seniors 60 years old and over to volunteer for jobs that allow seniors to stay active. The programs available are:

American Lung Association of Oregon, Citizen Involvement Office, Emanuel Hospital & Health Center, The Dougy Center, Old Church Thrift Shop, North Portland Youth Service Center, Pacific New School, Portland Audubon Society, Mental Health Services West Education Opportunities, AMA Headstart, American Advertising Museum, Host Programs-Portland Public Schools, Oregon Literacy, Oregon Maritime Museum, Oregon Museum of Science and Industry (OMSI), PCC Adult Tutoring, Sports Hall of Fame Museum, and the World Forestry Center.

RSVP offers volunteers supplemental insurance coverage and limited transportation reimbursement. Call 228-7787 for more information.

Fundraising Brunch Scheduled

The St. Vincent de Paul International Champagne Brunch is scheduled for Sunday, October 18. All proceeds from the event will benefit St. Francis Dining Hall.

This is the second year the Society of St. Vincent de Paul has sponsored the brunch, which this year will be held at the Veracruz Restaurant, 217 N.W. Second in Portland. This year's "South of the Border" brunch will feature traditional Spanish cuisine, accompanied by classical and flamenco guitar music.

Tickets for the event are \$25.00 per person, with seating at 10:30 a.m., noon and 1:00 p.m. A trip for two to Mazatlan, Mexico, will be raffled at the event.

For more information or ticket orders, call St. Vincent de Paul at 235-8431.

Halloween Costumes Available at University of Portland Theater Sale

The Department of Performing and Fine Arts at the University of Portland will sponsor a costume sale Friday, Oct. 16 and Saturday, Oct. 17, in the lobby of Mago Hunt Center from 1-4 p.m.

Costumes created for university theater productions will be priced to sell, along with retail clothing, hats, shoes and wigs.

Free design consultation will also be available for those who want assistance in putting together a special look, according to Jill Peterson Hoddick, associate professor of performing and fine arts.

The university is located at 5000 N. Willamette Blvd. For more information, call Jill Peterson Hoddick at 283-7230 or 283-7392.

We Need Help

Street gangs, drug houses, prostitution and related crimes are ravaging our community. Lives are being destroyed, fear has replaced hope.

A question I keep hearing is, "What are the churches doing about it?" Some church members have said, "What can the churches do?"

Between us, the churches of North/Northeast Portland, we can find an answer to both these questions.

There are a number of groups and organizations looking for answers. If the churches could join with them, we would have a greater impact and do a tremendous service to our communities.

First of all, we need to have a more complete understanding of the problem and possible solutions.

The Board of Mallory Avenue Christian Church is calling a meeting of the churches in our area. We are mailing this notice to 82 churches. Think of the power in such a combined effort!

The meeting will be Saturday, November 7, 1987, from 10:00 a.m. until noon.

The meeting is for both clergy and lay members. Talk about it with your congregation. Plan to attend and join the effort to salvage lives of our youth and to restore the hopes for a livable community.

For more information, call Robert E. Nelson, Chair, Mallory Ave. Christian Church, 288-5173 (church), 287-4050 (home) or 283-1900 (work).



Avel Gordly, Photo by Richard J. Brown


American Friends Service Committee to Hold Reception & Open House

The American Friends Service Committee (AFSC) will host a reception and open house at its Portland Office on Sunday, October 18, 1987, from 2-5 p.m. at 2249 E. Burnside.

The reception is in honor of the appointment of Avel Gordly as Associate Regional Executive Secretary, Pacific Northwest Region, Portland. Also present will be Asia Alderson Bennett, National Executive Secretary, AFSC, Philadelphia; and Ann Stever, Regional Executive Secretary, Pacific Northwest Region, Seattle.

The Portland Office, as part of the five state Northwest Region, acts as a resource on a broad range of peace and community relations issues.

Dolley Madison served 16 years as our nation's First Lady...assuming the duties for the widowed Thomas Jefferson and then eight years for her husband, James Madison.



COMMUNITY DENTISTRY

BY Dr. Edward Ward

Understanding Gum Disease Part 1

Did you know that dental research indicates that adults lose more teeth to gum (periodontal) disease than they do to tooth decay? It's true. And because the symptoms are sometimes subtle, regular checkups by your dentist are a must so that he or she can check for early symptoms. Should the disease be in an advanced stage, your dentist may refer you to a specialist in gum problems, called a "periodontist".

A mild form of gum disease is called "gingivitis". The advanced stage, called "parodontitis", may start without pain or other symptoms, while it is quietly destroying the bones and tissues that hold your teeth in place.

Here is how it all begins: Plaque, that colorless substance that forms on your teeth is full of bacteria. That bacteria can cause gum inflammation. In time, those inflamed gums pull away from the teeth, leaving pockets filled with bacteria and pus. Finally, the supporting bone erodes, leaving the teeth to loosen and need extraction.

In the next issue of The Portland Observer, I will tell you what symptoms to watch for and how to prevent gum disease. Until then... Keep smiling.

Dr. Ward's office is located in downtown Portland: 610 SW Alder, Suite 1008, Portland, OR.

Noted Author to Appear at Tubman School

Walter Dean Myers, author of such books as "Fast Sam", "Cool Clyde and Stuff", "Motown and Didi", "Won't Know Until I Get There", plus many others, will be working with staff and students at Harriet Tubman Middle School on Friday, October 16th, 1987.

Parents and community patrons are invited to a "Get Acquainted With The Author" reception in the Media Center from 2:30 until 3:15 p.m. Those interested are requested to contact Laura Ford, Tubman School, 280-5630. Please R.S.V.P. by October 15, 1987.



Walter Dean Myers

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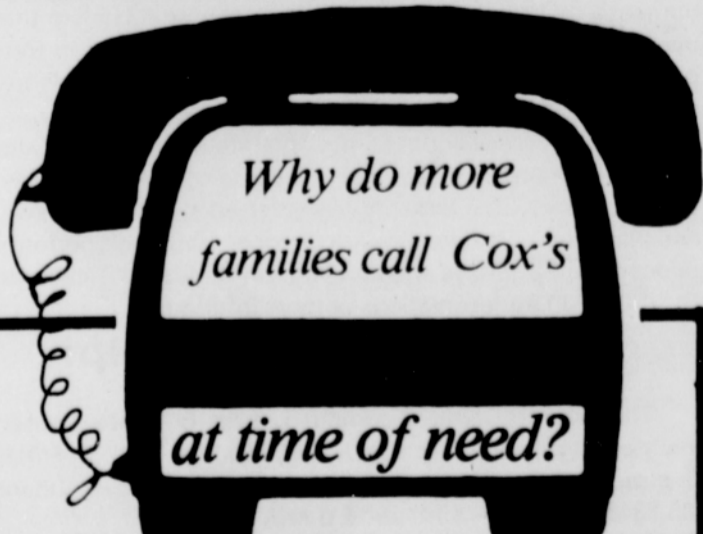
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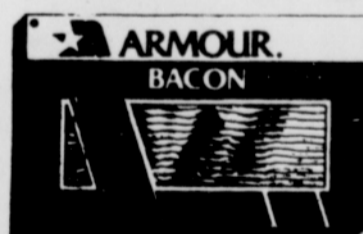
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