

Five Reasons Why You Should Begin Your Child's College Fund Today

Have you thought about how much money it will take to send your child to college? For the 1986 school year, here's what tuition, fees and room and board cost at these public and private institutions: University of Texas—\$6,300*; University of Michigan—\$7,100*; St. Louis University—\$6,120**; Dartmouth—\$15,000. (*State university costs shown here are for state residents. Nonresidents are charged \$2,000 to \$5,000 more a year.) (** Tuition costs alone. Room and board not included.)

No matter what the age of your child, now is the time to start investing for future tuition costs. Here are five important reasons why:

1. Rising cost of education. College costs have been rising faster than inflation.
2. Costs high as percentage of income. A family that earns \$200,000 a year in 1997 will spend 14% of its annual income to send one child to private school for a year.
3. Dwindling student aid. Total student aid—federal, state and institutional—has dropped. Today, to be eligible for a Pell Grant, the largest single source of Federal aid, family income must be less than \$25,000.
4. Graduates face heavy debt. Most tuition aid is now in the form of loans. According to Forbes magazine, last year undergraduates left college with a median debt of about \$8,000 to \$10,000.
5. Graduate students face higher costs, heavier debt. Costs for MBAs and medical and law degrees are also climbing. In addition, these graduates today face education debt that approaches the size of a home mortgage.

Starting an investment plan for the future can be as easy as investing a small amount each month. An investment broker can help you set up a plan to begin building a college fund now.

Before and After School Care Offered Portland Schools' Elementary Students

Before and after school programs for Portland Public Schools' students will open with school (Sept. 8) at 36 elementary schools.

The programs are operated by parent associations and community agencies sponsored by Portland School District policies.

The before and after school care programs are designed to provide secure locations for elementary school students whose parents work or have other out-of-home commitments.

All programs are supported by parent-paid fees and by school district provision of space and services.

Program hours, children's activities and fees vary by school and provider. Interested parents should contact Claudia Peabody, 280-6254; or Bill Garbett, director of public information and communication, Portland Public Schools, 249-3304.

Youth Join OTC Staff For Job Experience

There are young people all over the Red Cross Building this summer. They are bright, eager to learn and enthusiastic about what, for most of them, is their first opportunity to have the experience of a structured job and to observe how a large organization functions.

The youth employment development program is sponsored by the Portland Private Industry Council (PIC) programs, PSU Career Pathways, Jefferson High School's STEP program, Multnomah County ESD, Upward Bound, and through the federally funded Job Corps.

Each person is paid an hourly wage by their individually funded program to work at Red Cross during the month of August.

Under the direction of Human Resources, twenty youth, ages 14 to 25, have had interviews, orientation and placement in 17 Red Cross departments. They will gain a variety of work experience in general office, nurse's aide, special events, communications and printing, computer training, statistics, personnel and automotive.

"The training, experience and confidence gained through employment here will enable these kids to gain the skills to help them get jobs on their own," said Human Resources Specialist Pauline Darling who has shepherded the PIC project at the Oregon Trail Chapter for the past three years.

Nikki Smith, Lincoln High School junior, works in the Marketing & Communications Department of OTC. Her assigned projects are to undertake media list updating and to catalog the photo and videotape library. Nikki said, "I didn't know much about Red Cross, but I thought it would be different. My mom was excited when she learned I was going to be here and my grandmother used to volunteer here. I like it. It's comfortable. I am preparing for college. What I'm learning here will help and give me school credits."



Pictured are 13 of the 20 young people, sponsored through local and federal programs, who are working at the Oregon Trail Chapter this summer. Top row, left to right: Jason Rivas, Stephanie Roberts, Jamie Herrera. Third row: Aleesa Broussard, Aster Teferi, Leinaala Slaughter. Second row: Lisa L. Strong, May Saephan, Shannon Banks. Front row: Mai Huynh, Nikki Smith, Gaylene Bickham, and Goldwin Gardner.

School Buses Ready to Serve 14,000 Portland Students

School-bus schedules began arriving by mail at 11,000 homes recently as the Portland Public Schools Student Transportation Dept. prepares for opening of school Sept. 8.

A fleet of 330 buses for the Portland School District and Laidlaw Transportation, the school district's bus contractor, will provide daily service to and from school for 14,000 students.

The two bus fleets also combine to provide transportation for field trips and special-education students.

Portland schools provides transportation for primary and middle school students living more than one mile from school, in situations where unsafe walking routes exist and for special-education students.

"Motorists are reminded to watch for children on Portland's streets after Labor Day," said Ed Green, director of Portland's student-transportation system.

Green said commuters relax during the summer months when children and school buses are not sharing the streets during rush hours.

New Oregon legislation will also greet drivers when school opens, Green said.

He said some Portland buses will have new stop arms on the left side of the buses. The automatically activated swing arm has flashing lights and the word "stop" in large letters.

Green said the new equipment will be installed during the next several years on Portland and Laidlaw buses.

Portland motorists who ignore stopped buses with red flashing lights will now receive warning letters from the police, Green said.

School-bus drivers will report license numbers of motorists violating bus laws and the police will send warning letters authorized by the 1987 Oregon Legislature to the registered owner.

Green said Portland students riding Laidlaw buses will ride in an all-new fleet beginning this fall.

He said Laidlaw has purchased 270 new buses for transporting Portland students, including seven transit-style buses with larger seating capacities and more storage for athletic teams.

For more information, please contact Ed Green, 249-6901; or Bill Garbett, director of public information and communication, Portland Public Schools, 249-3304.

The Higher Power of Spirit

by Elizabeth Ann (Hayes) Churchwell

There is a Divine Law, a love, that protects all creation. The order of the cosmos is proof of the Highest Power. The Force that orders this Universe is greater than we comprehend. It choreographs the movement of the more than 200 billion billion stars like our sun hurling through space.

Our African ancestors unlocked those laws thousands of years ago. They understood that the same principles that govern the cosmos and protect the Lilies of the Field sustain us, too.

Love yourself as a beautiful Light that was created long ago. You are human and divine: A unique being. You are exactly who you're supposed to be and where you're supposed to be. Know that the channels for your existence were put into place in the very beginning. As is true of the Universe, nothing about you is haphazard or accidental. You were created on purpose, with purpose. You were created to triumph.

Lift your faith and your vision. Step into the Light. Make peace, love and righteousness your focus, your daily reality. Experience deeper and more glorious levels of your being. Give way to the Higher Power.

We all want to be liked and admired, but when we depend on confirmation from others, we feel insecure. Remember, we're not here to please people. We're here to please God—by doing that, we know in our hearts what is spiritually correct. That's our work, our purpose. You can send loving thoughts to disruptive souls; stay out of their way and allow Divine Intelligence to watch your back. Being in harmony frequently means moving against the crowd. The thirst to become a Light in this world, and the protection and support you need, will be given.

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Self-Help Grants Available

Portland's Neighborhood Self-Help Program is now accepting applications from neighborhood associations, nonprofit community groups, and nonprofit business district associations seeking funding for innovative projects. Mayor J.E. Bud Clark said today, "This is a nationally recognized program aimed at helping residents of Portland's low and moderate income neighborhoods to help themselves."

The King Neighborhood Home Gardening Project in Northeast, the Ladd's Addition Tree Bank in Southeast, the Library Association of North Portland, and citywide programs such as the Job Center and Access Oregon have all been assisted with funds from the Self-Help Program.

The Bureau of Community Development uses Community Development Block Grant money to fund the Self-Help Program. The bureau will award approximately seven grants of up to \$7,500 each to the projects that demonstrate the best potential for encouraging the participation of neighborhood residents in meeting some basic need, such as job training, housing rehabilitation, or physical neighborhood improvements. Nonprofit neighborhood business associations in eligible neighborhoods with ideas for revitalizing and upgrading neighborhood business districts are also encouraged to apply.

The one-time-only grants are meant to supplement contributions of volunteer labor to help the projects become self-sustaining or make a lasting physical improvement to the neighborhood. In the last five years, the joint efforts of neighborhood groups, businesses, and the City have helped stretch public dollars and have resulted in the creation of a number of successful projects throughout the city.

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