

# AIDS Death Sentence Refuted

by Laurence Badgley, M.D.

Dr. Badgley is a Yale medical school graduate who treats AIDS patients with natural therapies in his San Francisco and Los Angeles clinics. He has video films of long-term survivors and he will be in Seattle, September 27-28, 1987; in Portland, September 25-26, 1987; in Los Angeles, September 18-22, 1987; and in New York, October 8-11, 1987.

With the Center For Disease Control reporting increasing numbers of deaths and predicted deaths from AIDS, I feel it is time the American public became better informed. Contrary to media reports by governmental social support agencies, and AIDS diagnosis does not necessarily translate into an automatic two-year death sentence. There are survivors living beyond that time who are free of the virus and who didn't use drugs to achieve wellness. They used natural means to achieve their recoveries.

AIDS is, after all, a DEFICIENCY disease, in which immune function is impaired. Does it make sense to treat a deficiency with drugs when substance abuse has in many of these cases been a part of a Person With AIDS (PWA's) lifestyle? Drug induced illnesses are rampant in this country. PWA's grew up on several courses of antibiotics administered for any number of health problems long before their diagnosis with ARC/AIDS. These 20 to 30-year-olds were children in the mid-50's to 60's and were treated with antibiotics for flu, earache, sore throat, cold, and coughs. Antibiotics



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were thought to be the panacea of the times. This was useless since there are almost no prescription drugs against viruses. Being good businessmen, doctors have learned that patients expect a medication at the conclusion of an office visit, and they dutifully comply. The patient is satisfied, the doctor has pleased the patient, but what about the long-term consequences?

Antibiotics kill the normal bacteria living in the body. The work of these normal bacteria benefit and maintain balance. When these good germs are destroyed, they permit bad germs to enter the body and take over. This is often the start of a continuum, the condition known as Candida albicans or yeast proliferation in the body. This commonly manifests as yeast infections of the genital area. As the condition progresses in the

unchecked state, so do digestive problems, bowel problems, migraine, asthma, hormonal irregularities, allergies, fatigue, lethargy, lesions and skin rashes. Mental-emotional symptoms include depression, anxiety, hyperactivity, irritability, poor concentration, and loss of memory. Candidiasis is not new, having been around for centuries. The declining vitality of several generations due to suboptimal diets, along with associated factors such as drug and chemical exposures have made us a nation of persons predisposed to disease. There are effective treatments for the Candida condition, and they should be sought as early as possible when it is suspected. Candida is often at the base of the continuum of those persons later diagnosed with ARC/AIDS.

If non-drug treatment of AIDS is possible and effective, why isn't it evident in the news? Media sources choose instead to headline stories about drug "cures". These so-called successes build confidence, causing thousands to wait for forthcoming "magic bullet" drug cures. The waiting time is wasted and could be better used implementing healthier lifestyle changes. Often the journalists writing these "success" stories are dependent for their news angles upon the prominent institutions whose opinions they represent. Dramatic drug "break-throughs" are journalistically speaking, more news-worthy.

As an examples of how our medical system is skewed toward synthetic therapies, I cite an article in the AMERICAN MEDICAL ASSOCIATION NEWS on November 7, 1986, proclaiming: AZT SUCCESS, DESPITE SIDE EFFECTS. A healthy looking young AIDS patient is pictured and quoted "if I didn't know I was sick, I wouldn't know I was sick". The story is clearly intended to portray success of the synthetic chemical AZT. Further reading reveals another interpretation. Besides the AZT administered, (which caused anemia) the patient also pursued "daily exercise, yoga, nutritional counseling, a balanced diet of organic food, Chinese herbs, and weekly acupuncture and massage". One has to wonder if these lifestyle changes had anything to do with his recovery. I would conclude they had EVERYTHING to do with it. The patient likely recovered in SPITE of the drug, not because of it. I am seeing many survivors who do not use any drugs to effect recovery, but they are all using lifestyle changes in habits, nutrition and mental and spiritual outlook.

By 1987, science has finally proven that the immune system is intimately controlled by glandular hormones, nutrition, vitamins, minerals, and the mind. Improper diets, attitudes and thoughts can damage the immune system. Science has also demonstrated how acupuncture, attitudinal changes, herbs, and proper nutrition can help to re-build the immune system. It makes good sense to use these healing techniques in PWA's.

Why then do we continue to witness the predominant schools of medicine and science maintaining, "AIDS is fatal"? They suggest that a cure is dependent upon them, and they solicit funding in a clear cut case of institutional egotism and greed. Actually, the positioning of medical schools and drug syndicates fosters their continued control of the extremely lucrative business of treating AIDS. Personal confirmation of this was displayed to me recently when I organized a national forum where experts of natural therapies for the immune system presented their views. A professional man who believed in the premise volunteered his help, but was later swayed to abandon his commitment when he received a job at a facility where AIDS patients receive care. His new employers made clear that affiliation with the forum was unacceptable, and depicted it as a threat to his employment.

Sadly, those persons in charge of dissemination of information to PWA's are in similar circumstances. Their involvement is limited to education about issues regarding the acquisition of AIDS, such as "safe sex" practices. They are part and parcel followers of the conventional medical mentality of placing all hope in drug cures. Whenever these persons come into contact with information about natural therapies, they usually discard it out of ignorance. Recently, I was invited to give a lecture at one of the biggest medical-nursing schools in the United States. The topic was "Healing AIDS Naturally" and had been promoted to many departments by flyer for over one month. The audience numbered about thirty and consisted of clerical staff and secretaries. Not one doctor, nurse, medical student or nursing student attended the lecture! These are the same people who are attempting to chase down the myriad of germs that secondarily invade the weakened immune systems of PWA's. Yes, we do read that these professionals are helping by their attempts to counsel PWA's and their families, but it is mostly around issues such as death and bereavement.

Wouldn't it be far better if health care givers were informed to teach PWA's how to model the AIDS survivors and to teach ways to attaining health through natural means such as nutrition, etc.? In my clinics in San Francisco and Los Angeles, I am seeing survivors who have had AIDS for five years and who are doing well. Instead, present policies of the government support agencies have programmed PWA's to enter the system and die. This "pipeline" approach yields every-increasing death statistics which serve as proof of need for the existence of these agencies. The more deaths tallied, the more frightened the headlines and the greater the contributions to the coffers of those who will realize the greatest gain. As the system flourishes with money, facilities and agencies, a host of well-paying

jobs are created for legions of newly-arrived professionals.

Many health care providers argue against natural therapies because they are uneasy about patients taking self-responsibility for their own problems. These practitioners often believe that by doing so patients would become upset and experience guilt and shame. No one gets sick intentionally. A conscious decision to be ill is ridiculous. People slip into patterns gradually or have long-term predisposing factors such as alcohol, poor diet, promiscuity or substance abuse. Natural therapies help people to review their lifestyles and to recognize their mode of living as causal in the role of disease. With this knowledge and forewarning, the PWA's are blessed in being able to make changes in their lives and to re-establish a healthy body and mind.

Dr. Bailey will be interviewing Dr. Badgley on Monday, October 2, 1987, 9:00 - 9:30 a.m. on KBOO.

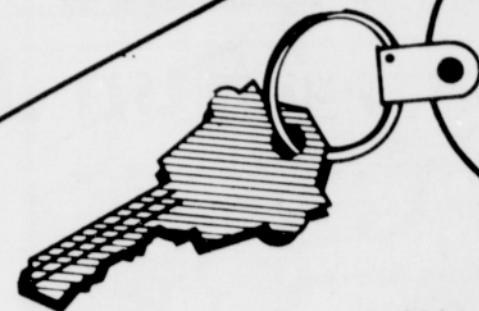
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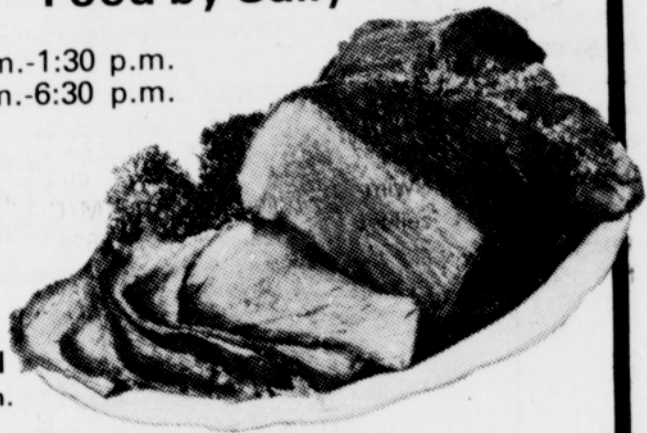
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