



Jessica Jackson (R) adds her voice to that of Ray Tellis and Friends during the Black United Front's Community Day. Photo by Richard J. Brown



Carl Talton, District Manager for Portland Customer Service office; and Shiela Holden of the District Business and Community Relations office, cut the ribbon at the Grand Opening of Pacific Power and Light's new Customer Service office on 15th & Fremont. Photo by Richard J. Brown

Let's Stay Clean, Please

There is a service available in the community that addresses the issue of helping citizens stay clean.

This service is provided by an organization that is being incorporated, and its name is Stay Clean, Inc., Resource Development Center.

The purpose of the corporation is to train and educate citizens who have been and who are still handicapped from drug abuse or alcoholism which prevents them from experiencing an equal opportunity in earning an honest livelihood. Due to prison history, racism and long-time unemployment, many of these underprivileged victims often turn out to be a drain on and a liability to the community rather than as asset.

The purpose and overall philosophy of the organization will be to teach constructive productivity as opposed to disruptive and destructive activities and helplessness.

Specific training and education includes: positive attitude development, self-esteem development, communication skills, community responsibility and respect, academics (GED), good work habits, leadership skills, budgeting and finance, money management, salesmanship, cosmetology, clerical work, secretarial skills, data processing, computer science, automotive mechanics, house painting (in and out), small engine repair, lawn care and landscaping, housekeeping, general cleaning and repair, and appliance, TV and radio repair.

Stay-Clean will maintain residential facilities that will house clients who have committed to change their ways and lifestyles; promote a better society through community crime prevention and rehabilitation of substance abusers and offenders through positive, constructive psychological counseling and vocational skill training; assist substance abusers in complete withdrawal by counseling and providing needed medical services from competent physicians; and counsel neighborhoods and residents in maintaining livable, worry-free environment by preventing neighborhood crime directed towards people and property.

Community resource agencies available are: Department of Human Resources, Department of Vocational Rehabilitation, State Employment Division, Adult Tutoring, CAPE, Portland Private Industry Council, Urban League of Portland, Addiction Diagnosis Services, Multnomah County Justice, Salvation Army, Saint Andrew Catholic Church, and NAACP.

The main interest and concern of Stay-Clean, Inc., will be to create situations and conditions to elevate self-esteem. Once the clients can begin to feel good about themselves, they will be able to become assets to themselves, as well as to the community.

Free Condoms

Condoms for HIV prevention are now available free of charge to clients of local county health departments throughout the state. The AIDS virus can be transmitted sexually from male to male, from male to female, and from female to male. Condoms have been demonstrated to significantly reduce the risk of transmission of the AIDS virus, and are recommended for risk reduction for all sexually active persons not in long-term monogamous relationships. Increasing the availability of condoms is one part of the Oregon Health Division's AIDS prevention initiative.

Information on proper use of a condom is provided as an important part of this educational initiative. A pamphlet, "Using a Condom", has been produced by the Health Division and is intended to minimize condom failures and to further educate sexually active Oregonians. Copies of this pamphlet are available from the local health department, and from the state Health Division AIDS Program.

AIDS is preventable.

Senior Citizens Eligible for Tuition-Free Classes at PCC

Citizens aged 62 years or older who live within the Portland Community College district may take classes this fall free of tuition, provided that classes they choose have a minimum number of paying students as well.

Senior citizens must pay applicable laboratory or other fees and seniors living outside the PCC district will be charged in-district tuition.

Instructions for registration by telephone, mail or in person are contained in the PCC Fall schedule which is being mailed to all district households the week of August 17.

Other information is available from the college, 244-6111.

Single Parent Support Group

Every Thursday evening, from 7 to 9 p.m., this group offers support and social contact for women and men experiencing Single Parenting. Group discussion will include: Parenting Information, Referrals and Resources, Discipline Techniques, Finding Adequate Day Care.

For more information, contact: Sue Kaastad, 238-8819 or Debbie McFeron, 249-2825.

This group is sponsored by Parents Anonymous and Parents Helping Parents, a United Way Agency.

Free Clinic

A public Hypertension (blood pressure) Screening Clinic is scheduled Thursday, September 3, from 1:30 - 3 p.m., at the King City Retirement Center, 11777 S.W. Queen Elizabeth, King City. The clinic will be staffed by registered nurses from Meridian Park Hospital, Tualatin. The clinics are scheduled the first Thursday of each month, appointments are not necessary, and there is no charge. For more information, call 692-2656.

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