

4-H Explorers Summer Club 1987

Do your children like exploring? If they do, they won't want to miss this summer's 4-H Explorers Summer Club 1987.

Participants will be involved in six weeks of fun and educational "explorers activities," revolving around areas such as gardening, outdoor cooking, nutrition, theatre, bicycle safety/repair, one-on-one basketball clinic and aerospace.

The 4-H summer program is open to all children ages 8 through 11.

Sessions will be held Monday through Thursday during afternoon hours beginning July 6 and ending August 14, 1987.

Charge for the program is \$2.50 per participant. Enrollment is limited and on a first come, first served basis, so register today!

Registration deadline is Friday, July 3, 1987, at the following locations: Irving Park, 7th & NE Fremont, Contact—Rufus Conner, 280-6188; Atkinson Community School, 5800 SE Division, Contact—Cheryl Heucke, 280-

5703; Alberta Park, 22nd & NE Killingsworth, Contact—George Bingham, 282-1460; Alameda Community School, 2732 NE Fremont, Contact—Janis Dolan, 284-1686; Peninsula Park, 6400 N Albina, Contact—Leslie Unthank, 285-4222; Abernethy Community School, 2421 SE Orange, Contact—Lee Jenkins, 280-6193; University Park, 9009 N Foss, Contact—Bob Schulz, 289-2414; Metropolitan Learning Cntr Comm. School, 2033 NW Glisan, Contact—Francine Kaufman, 280-5742.

**EVENTS
E•V•E•N•T•S
EVENTS**

Monday, July 6 at 9:00 p.m.: a planning meeting for a protest at City Hall on the Hanford issue will be held at 2807 S.E. Stark, Portland. For more information call Citizen Action for a Safe Environment at 239-5416.

Saturday, July 18 at 1:00 p.m.: a planning meeting for a protest at City Hall on the Hanford issue will be held at the Truth Hurts Bookstore (633 S.W. Montgomery—inside the P.S.U. Koininia House). For more information call World Peacemakers at 226-7807.

Monday, August 3 at 9:00 p.m.: the final planning meeting for a protest at City Hall on the Hanford issue will be held at the CASE/Alliance newspaper office (2807 S.E. Stark) 239-5416.

Wed., August 6 at 10:00 a.m.: Citizen Action for a Safe Environment and World Peacemakers will protest the City Council's failure to take concrete action against the Hanford Nuclear Reservation. Meet outside of Council Chambers, 1220 S.W. 5th Ave., Portland.

Let's Talk Blood Pressure

Meridian Park Hospital, Tualatin, will offer an informative presentation on hypertension Wednesday, July 22, 11:30 a.m. - noon at Carman Oaks Residential Center, 3800 S.W. Carman Dr., Lake Oswego.

Lloyd Morita, M.D., will speak on "Blood Pressure - Facts and Fallacies". For more information, call the Healthwise for Seniors program, 692-2193 at the Tualatin hospital.

Free Clinic

A public Hypertension (blood pressure) Screening clinic is scheduled Monday, July 20, 1987, from 9:30 - 11:30 a.m. at Carman Oaks Residential Center, 3800 S.W. Carman Dr., Lake Oswego. The clinic is staffed by hospital S.H.E.P. Technicians. There is no charge, and no appointment is necessary. For more information, call 692-2193.

Red Cross Offers Advanced First Aid

The American Red Cross is offering an Advanced First Aid class on the following Mondays and Wednesdays, July 6, 8, 13, 15, 27, 29 from 6 p.m. to 10 p.m., at the Red Cross Building, 3131 N. Vancouver Ave. A certificate will be issued upon completion of the class. The cost is \$25. Call the Red Cross at 284-1234 to register.

Single Parent Support Group

Every Thursday evening, from 7 to 9 p.m., this group offers support and social contact for women and men experiencing Single Parenting. Group discussion will include: Parenting Information, Referrals and Resources, Discipline Techniques, Finding Adequate Day Care.

For more information, contact: Sue Kaastad, 238-8819 or Debbie McFeron, 249-2825.

This group is sponsored by Parents Anonymous and Parents Helping Parents, a United Way Agency.

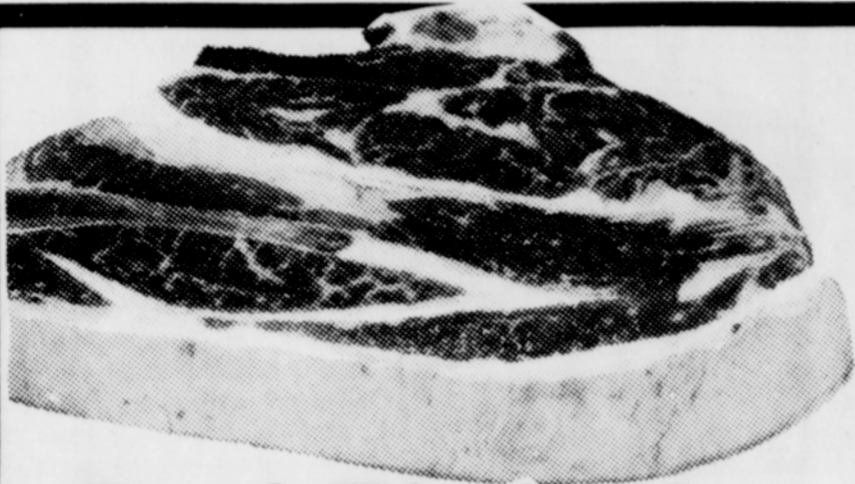
Union Cash
(formerly known as Dave's Shop)



buying everything of value
"We Pay Cash"
Open 10:00 - 5:00
Mon.-Sat.

5016 N.E. Union

**Save Around the Block
at Your 24 Hour Store!**



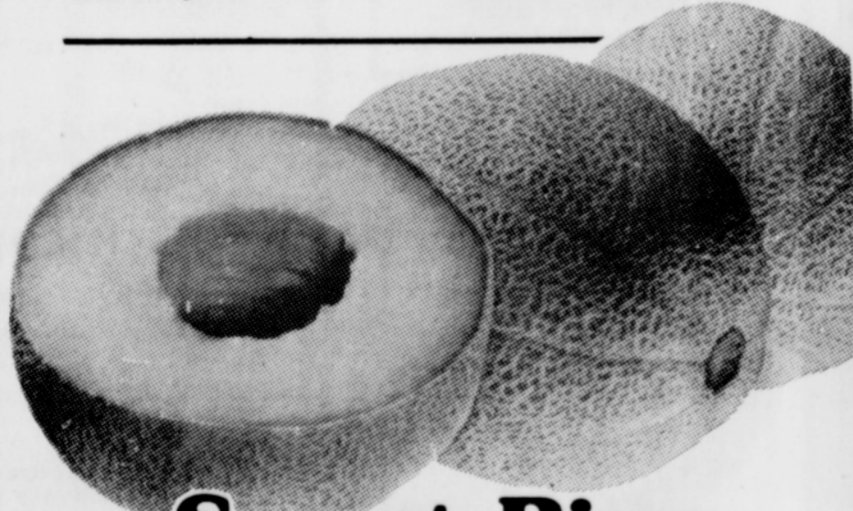
**Beef Blade Cut
Chuck Roast**

Safeway "select" grain-fed, tender and juicy beef!
99¢ Lb.
Save Up To 99¢ Lb.



**Frozen
Orange Juice**

100% pure juiced concentrate, 12-Ounce Can. Add water & mix!
65¢ Ea.
Save Up To 44¢



**Sweet Ripe
Cantaloupe**

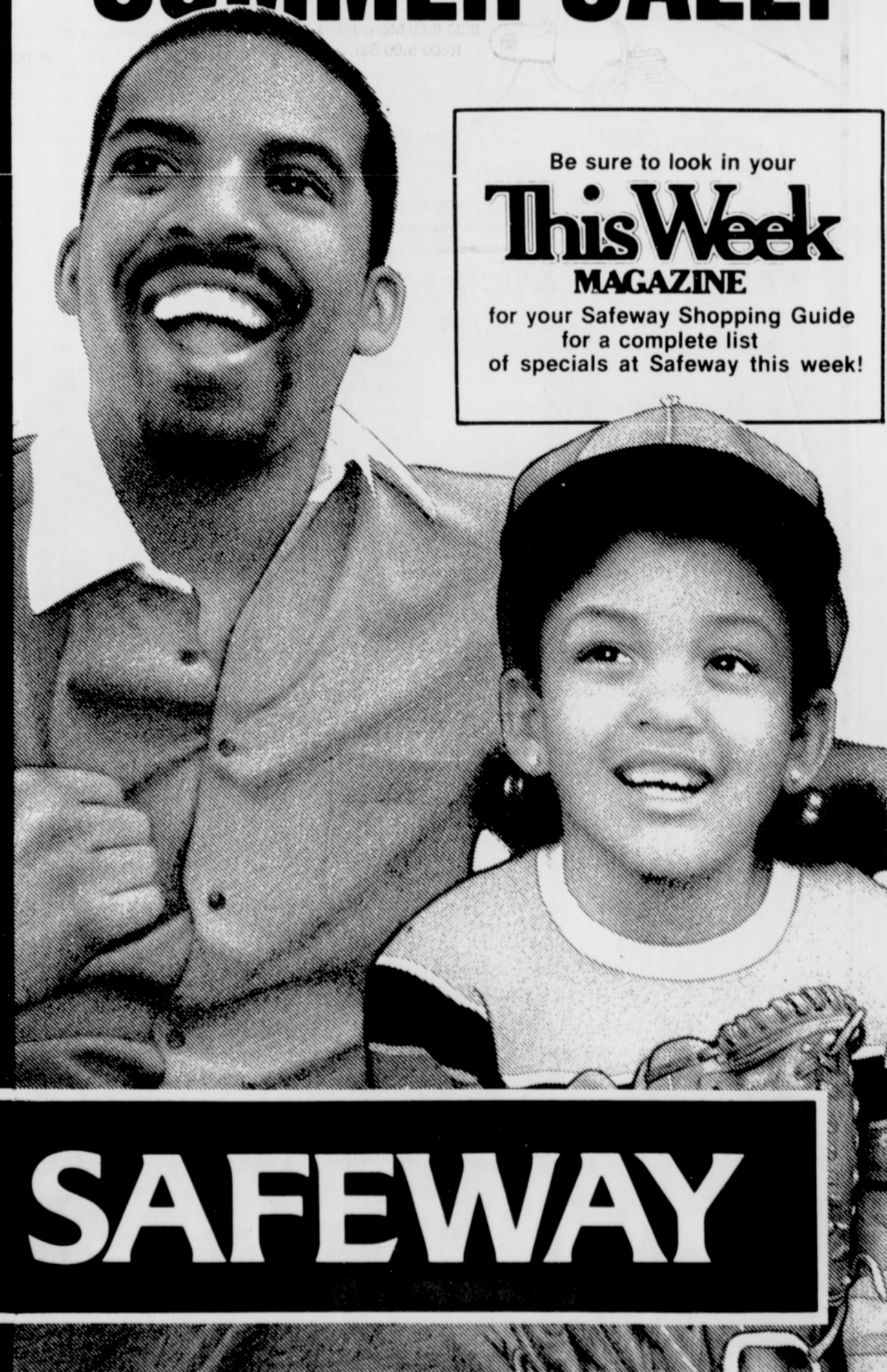
From sunny Calif. Great for breakfast, lunch or dinner! Sweet and juicy!
17¢ Lb.
Save Up To 21¢ Lb.

Prices Effective 7-Full Days from 7 A.M. July 8 Thru July 14 at Safeway Stores in the Immediate Area of Originating Publication



*Sizzlin' With Savings
During Our*

**SUN-SATIONAL
SUMMER SALE!**



Be sure to look in your
This Week
MAGAZINE

for your Safeway Shopping Guide for a complete list of specials at Safeway this week!



SAFEWAY

Sales Limited To Retail Quantities. No Sales To Dealers!