

Workshop to Address Need For More Women Coaches

A workshop aimed at getting more women into sports coaching will be offered at the University of Oregon June 14-19.

The evening session of the workshop on Tuesday, June 16, will be free and open to the public. Barbara Twardous, athletic director of the Seattle public schools, will speak at 7:30 p.m. in the Alumni Lounge of Gerlinger Hall, 1468 University St.

Twardous is past president of the National Interscholastic Athletic Administrators Association.

The week-long workshop, "Women in Coaching," is for all women interested in coaching, according to workshop director Becky Sisley, head of undergraduate studies in the UO Department of Physical Education and Human Movement Studies. The workshop is aimed at beginning level coaches, current and prospective teachers, and female athletes interested in any sport. No athletic or coaching experience is required.

"This workshop is the cornerstone of a comprehensive project to increase the number of women coaches in Oregon. It's been a real need for a long time," Sisley said. "As of 1985, only 15 percent of all head coaches in Oregon high schools were women, and only 37 percent of the head coaches of girls' teams were women."

The workshop, available for three university credits, is sponsored by the Oregon Department of Education, the UO International Institute for Sport and Human Performance and the UO Department of Physical Education and Human Movement Studies.

Enrollment is limited to 50. Those interested in applying to attend the workshop should immediately contact Flo DeLaney, 686-4114.

Salvation Army to Provide Summer Day Camp

Parents can take their children ages 6-12 to day camp at The Salvation Army's Moore Street Community Center in North Portland starting June 15 this summer.

The cost for a weekly session is \$20 for members and \$30 for non-members.

The Moore Steet Community Center is a multi-purpose facility where hundreds of people swim, play indoor sports and learn new hobbies daily. To register call Tim Kennedy at 282-2571.

Annual Picnic

The Oregon Paralyzed Veterans of America will be holding its annual picnic on June 20 at Tualatin City Park starting at 10 a.m.

CPR Classes Scheduled

Two classes in Cardiopulmonary Resuscitation (CPR) are scheduled in June at Meridian Park Hospital, Tualatin. The classes are scheduled on Monday, June 22, from 1-5 pm, and June 24 from 6-10 pm. The new, 1987 CPR standards from the American Heart Association are used in the Meridian Park curriculum. The new standards are of particular interest to people of the community who wish to participate in these basic life support classes as they are easier to learn and remember in an emergency.

Meridian Park's classes teach a one-person rescue technique. Infant and child CPR are optional, but are also available during the class times, for those who wish to participate. Group sessions may be arranged.

Fee for the four hour class is \$10, and pre-registration is required. For registration/information call the Community Education office at the Tualatin hospital, 692-2656.

Diabetes Classes Slated

A series of Diabetes Education classes is planned Monday through Thursday, June 22-25, at Meridian Park Hospital, Tualatin.

Scheduled from 6:00 - 9:00 p.m. in the hospital cafeteria conference room, the series is designed to teach diabetics the skills necessary to manage their illness, to help adapt these management skills into already-existing lifestyles, and to help set realistic goals for diabetes control.

Cost is \$110 per client, or \$27.50 per session, and with physician referral, is covered by Medicare and most major insurance carriers. Family members are welcome to attend at no additional charge.

This session is taught by hospital Diabetes Educator Cindi Ballas, R.N., Dietitian Martha Hirsch, R.D., Physical Therapist Pat Quintana, R.P.T., and Staff Physicians Kenneth Martin, M.D. and Donald Bouma, M.D.

For more information and pre-registration, call 692-2656.

Red Cross Babysitting Class Scheduled

Red Cross offers boys and girls 11 years and older an opportunity to develop their knowledge and chances for babysitting jobs through a Red Cross Babysitting course scheduled at the Red Cross Headquarters Building, 3131 N. Vancouver Ave., on Tuesday and Thursday, June 23 and 25, from 8:30 a.m. to 12:30.

This 8-hour class is presented as a community service by Red Cross volunteer babysitting instructors. They will explain the responsibilities of watching small children, elementary first aid, how to deal with emergencies, how to interview for a job, what to expect of parents who hire you and what parents expect from the sitter.

Class size is limited. The charge is \$15 per student. Scholarships are available. Call 284-7090 to register.

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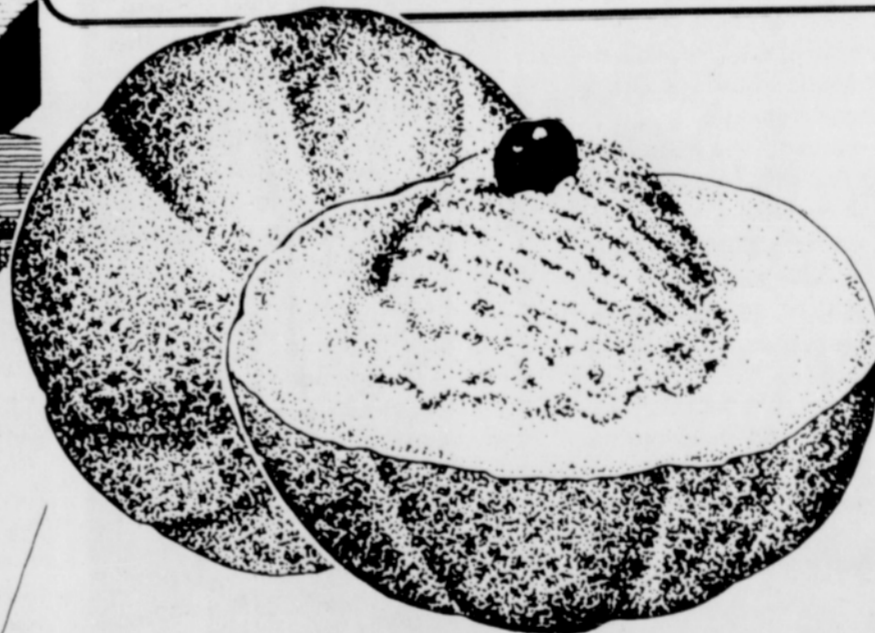
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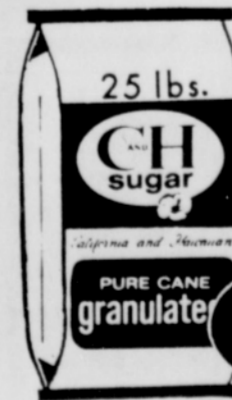
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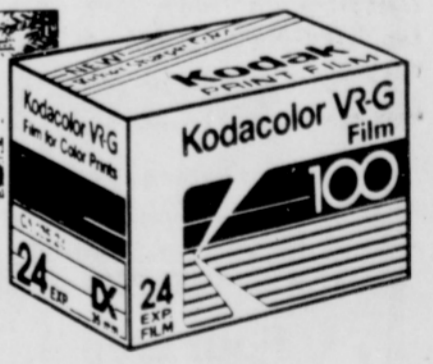
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