

Providing The "Missing Link" For The Needs Of Inner-City Education

NOTICE: A.O.I.P. Meeting

A meeting of the "Assault on Illiteracy Program" will be held Sunday, May 10th, 5:00 p.m. at Prince Hall Masonic Temple, 116 N.E. Russell St. You and your friends are urged to attend.

Portland 5th Annual Black Women's Gathering

Come to a celebration of our being, our spirit, our survival at Matt Dishman Community Center, 77 N.E. Knott St., Saturday, May 9 from 11 a.m. to 5 p.m.

Admission is free and child care is provided free of charge. There will be a potluck lunch, information, and entertainment.

Neighborhood Day at the Square

Join the fanfare and celebrate Portland's first, festive, annual Neighborhood Day at Pioneer Courthouse Square on Friday, May 15.

From noon to 2:00 p.m., you'll be able to celebrate an open city government along with your Mayor and the full City Council, enjoy the live sound of the "Street Corner Singers," . . . and help yourself to free desserts and coffee, compliments of some of your neighborhood's finest restaurants, bakeries and food stores.

Good conversation . . . Free music . . . Free desserts . . . Free fun. Be sure to join us for lunch on Friday, May 15. That's Neighborhood Day at Pioneer Courthouse Square.

Remember . . . We need you to make your neighborhood work. For more information, please call: 248-4519.

Jefferson High Reunion

Jefferson High School's class of 1957 will hold their 30th year reunion August 14th and 15th at the Columbia River Red Lion Inn. All class members are asked to contact Jack Stacey, 235-8741, for further information and to update the Class of 1957 mailing list.



Host Pastor Dr. T.L. Lewis



Keynote Speaker Dr. A.F. Campbell

Local Congregation Celebrates 40 Years Of Ministry

The MSBC located at 106 NE Ivy will be celebrating 40 years of ministry here in the Pacific Northwest.

Many events are planned to mark this sacred occasion, a homecoming for all former members (out of state and in the city), a banquet, a Saturday night gospel concert, and our keynote speaker for the week will be the Reverend Doctor Albert F. Campbell, Pastor of the Mount Carmel Baptist Church of Philadelphia, Pennsylvania.

The events are scheduled May 11th through May 17th, with Dr. Campbell preaching Monday through Friday at 7 p.m. and 11 a.m., 3 p.m. on Sunday. The gospel concert will be Saturday night at 7 p.m. The homecoming banquet will be Sunday immediately following the morning worship.

The community and friends and associates are cordially invited to share with us in this festive occasion.

Mental Health Tips

by Ann Madison

How Do You Deal With Your Tension

Anxiety and tension are essential functions of living just as hunger and thirst are. Without the experience of anxiety, we would not be prepared to avoid or overcome situations harmful to ourselves and our families. Without the ability to tense ourselves we would fall short in emergencies, often to the peril of our lives.

Tension and anxiety reactions set in when we are confronted by threats to our safety, well being, happiness and self-esteem. These threats include illness, accidents, violence, financial trouble, job trouble or trouble within our family.

We must remember that our ancestors faced other perils of equal magnitude. There is the difference, however. Today, life is much more complex. Our world changes so rapidly that the answer to "what to do" in the face of a threat to our life or peace of mind can no longer be found in a traditional code of do's and don'ts or even those of our own past experiences.

The answer may have to be given instantly (on the spot), what is right one day may be wrong the next. At some given time in everyone's life they are confronted by threats, hence everyone experiences tension and anxiety, yet, there are times when we experience tension and anxiety and when no real threat exists.

When something worries you, "TALK IT OUT" . . . do not keep it bottled within you. Confide in some one you trust and that you know to be level headed. Call a friend or go for a walk and think it out.

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 Sunday School 9:15 a.m.
 Sunday Worship 11:00 a.m.
 Christian Youth Fellowship 6:00 p.m.
 (second and fourth Sundays)

Philip S. Nelson (Pastor)



Blood Pressure Clinic



A public Hypertension (blood pressure) Screening clinic is scheduled Thursday, May 7, from 1:30-3 p.m., at the King City Retirement Center, 11777 S.W. Queen Elizabeth, King City. The clinic will be staffed by registered nurses from Meridian Park Hospital, Tualatin. The clinics are scheduled the first Thursday of each month, appointments are not necessary, and there is no charge.

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Many women have found new reasons to use an old method of birth-control.

In Remembrance

The late Rev. Ira Daniel Munford, (11/9/20 - 4/6/85), father of the Northeast Portland 4-H Project.

"We shall never forget your inspirational leadership and your spiritual guidance."

Reunion

The Cleveland High School class of 1967 has scheduled its 20-year reunion for the weekend of August 7. A Friday evening get-together at the Rafters restaurant is slated for alumni only. Saturday evening the activity moves to the Columbia River Red Lion, with a buffet and dance for alums and their spouses. Sunday afternoon is family day at Woodstock Park.

For more information about reunion activities, or if you can help locate missing and out-of-state graduates, call Gary Purpura, 775-2461 or Joanne Fuller Johns, 254-0113.

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John H. Jackson, Minister, M.Ed., M.D.
 9:30 A.M. Church School
 11:00 A.M. Congregational Worship
 5:00 P.M. Vesper Service
 10:00 A.M. Baptism Fourth Sunday
 11:00 Communion Each First Sunday

The American Baptist Convention, American Baptist Churches of Oregon; Lott Carey Foreign Mission Convention; National, Oregon, Portland Ecumenical Ministries, American Bible Society, M & M Board.

Please Be Advised
There will be revival services at:
The House of Prayer For All Nations
 731 N. Mason, Portland, OR 97217
 May 20th, 21st, 22nd
 7:30 p.m. nightly

Hosted by "The Brides of Christ Fellowship"
 Evangelist, pastor A. Brazzle, president.

Queen Esther Jones from Dalles, Texas, will be speaking each night. If you've ever heard her, you'll not forget her. She's anointed of God. In conjunction, Saturday, May 23rd, will be our Annual Dinner Banquet at:

Jantzen Beach Red Lion
 Featuring soloist-saxophonist Bro. Felix Williams of Seattle, Wash. and Sis. Carol Norstrom, "The Shepherd Lady". Also "The Singing Mailman".

Tickets MUST be purchased in advance.
 For more information, call (206) 695-7034

Greeting Portland in the Name of Jesus Christ

There will be a Soul-Stirring Revival at the
Emmanuel Evangelical Baptist Church
 3939 NORTH MISSISSIPPI AVENUE
 PORTLAND, OREGON 97227
 282-5417

You are cordially invited to come and worship the Lord with us
 beginning May 10
 7:00 p.m. each night

Preaching service will be conducted by the Rev. James C.E. Faulkner and Rev. Chester Stample
 May 10 through May 17, 3 p.m.

We are looking to see you.
 God bless you.

Rev. James C.E. Faulkner, Pastor of the St. Paul Baptist Church, and the Rev. Chester Stample, Pastor of the Greater Faith Baptist Church

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the Bible says -
 Follow peace with all men & holiness without which no man shall see the Lord

Tuesday	Bible Band	7:30 p.m.
Thursday	Choir Rehearsal	7:00 p.m.
Sunday	Sunday School	9:15 a.m.
Morning	Worship	11:15 a.m.
Y.P.W.W.		5:30 p.m.
Evangelistic	Worship	8:00 p.m.
Tuesday-Friday	Noon Day Prayer	
Friday	The Pastor Speaks	7:30 p.m.
Saturday	Morning Prayer	9:00 a.m.

Women of Faith, United Sunday Morning, 10:30 A.M. Senior FAAR, 10:30 AM

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