of child abuse in schools and at home but violence is not the only way to mistreat children. Ignoring them, not allowing them to contribute, can ruin their self-esteen and can make them unable to handle bad influences in their environment.

Children are people, too. The following extracts from a commonsense booklet called "The Way to Happiness"-which is passing rapidly from hand to hand across the world-are vital for anyone who wants to help them survive:

'Today's children will become tomorrow's civilization. Bringing a child into the world today is a little bit like dropping one into a tiger's cage. Children can't handle their environment and they have no real resources. They need love and help

"It does no good just to try to 'buy' the child with an overwhelm of toys and possessions or to smother and protect the child: the result can be pretty aweful.

'One has to make up his mind what he is trying to get the child to become. This is modified by several things: a) what the child basically CAN become due to inherent makeup and potential; b) what the child, himself, really wants to become; c) what one wants the child to become; d) the resources available. But remember that whatever these all add up to, the child will NOT survive well unless he or she eventually becomes self-reliant and VERY moral. Otherwise the end product is likely to be a

Hidden Job Market Quest Of PCC Class

"Job-Finding Tchniques: The Hidden Job Market", a Portland Community College winter term offering, is designed to help participants learn how to make contacts in their chosen fields and take steps toward finding the jobs they want.

Mary Goranson, MSW, will instruct the three-week class that starts Monday, January 5. It will meet from 6:30 to 9:30 p.m. in Portable Building 10 on the PCC Cascade Campus, 705 N. Killingsworth St. Cost is \$8.50.

Further information and registration are available from Cascade Community Services, 240-5303.

> **AUDITIONS FOR** LIPSINGING Motown Review to be held

Thursday, Jan. 8, 1987 6:00-8:00 p.m. at

ROYAL ESQUIRE CLUB

1708 N.E. Alberta St. Age Limit: 16 yrs. & older

If you like to lipsing, be there.

For More Information, Call: 288-0378 6:00-8:00 p.m.

> FIRST PRIZE: Limousine & Dinner

This Coupon Good For

REGULAR PRICED

ON ALBUM OR CASSETTE OVER \$5.00 *

> 32nd & BURNSIDE 231-8943 NW PORTLAND NW 21st & JOHNSON 248-0163



*EXCLUDES RED TAG MERCHANDISE LIMIT 1 COUPON PER PURCHASE

liability to everyone including the child.

"Whatever is one's affection for the child, remember that the child cannot survive well in the long run if he or she does not have his or her feet put on the way to survival. It will be no accident if the child goes wrong: the contemporary society is tailor-made for a child's failure.

"It will help enormously if you obtain a child's understanding of and agreement to follow the principles contained in this book.

"What does have a workability is simply to try to be the child's friend. It is certainly true that a child needs

child's problem really is and without crushing their own solutions, try to help solve them. Observe themand this applies even to babies. Listen to what children tell you about their lives. Let THEM help-if you don't, they become overwhelmed with a sense of obligation which they then must repress.

"It will help the child enormously if you obtain understanding of and agreement to this way to happiness and get him or her to follow it. It could have an enormous effect on the child's survival - and yours.

'A child factually does not do

well without love. Most children have an abundance of it to return.

"The way to happiness has on its route the loving and the helping of children from babyhood to the brink of adult life.

More than ten million copies of 'The Way to Happiness" in 14 languages have been distributed around the world. Information on how you can receive your own copy of the booklet can be obtained by writing the Way to Happiness Foundation, 3540 Wilshire Blvd., Suite 320, Los Angeles, CA 90010, U.S.A. or by phoning them at (233)





NEW YEAR From Safeway! We're Open

New Year's Day Regular Hours

Fryer Hindquarters

Plump and tender fryer hindquarters . . . Perfect for oven roasting, broiling or to barbecue. Sold in approx. 4-Pound Tray. (Smaller Packages, 49° Lb.)

Save Up To 50° Lb., No Limit!



Frozen Orange Juice

Citrus Hill Select Orange Juice, 12-Ounce Frozen Concentrate! Just add water & enjoy!

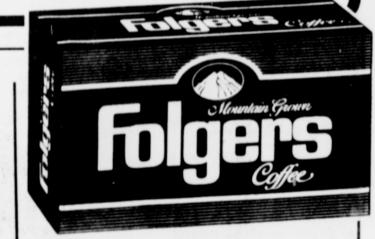
Save Up To 60', No Limit!



Totino's Party Pizza

Choose from the many delicious varieties. Frozen, quick-to-fix. 9 to 11.4-Ounces.

Save Up To 81', No Limit!



1-Lb. Folgers Coffee Bricks

Auto Drip or Electric Perk Grinds.

Save Up To \$7.59 3. No Limit!

Be Sure To Look In Your MAGAZINE for your Safeway Shopping Guide for a complete list of specials on sale this week at Safeway!

Prices effective 7-full days from 7 A.M. Dec. 31 Thru Jan. 6, 1987 at Safeway Stores in the immediate area of originating publication. Sales limited to retail quantities. No sales to dealers!



Fancy Ripe

Plump, golden ripe beauties . . A perfect hand snack fruit, for lunch boxes or to top cereal or ice cream!

Lbs.

Save Up To 97° 4-Lbs... No Limit!