

Local Man Creates New Method To Deter Drugs and Alcohol Abuse

by Jerry Garner

Everyone is aware of the serious problem of alcohol and drug abuse in the U.S., especially among the youth. Recent studies indicate that more and more young people are abusing marijuana, alcohol and cocaine.

In fact, substance abuse among the nation's youth has reached such crisis proportions that nationally known figures such as the Rev. Jesse Jackson and First Lady Nancy Reagan have traveled around the country warning them of the danger of drug and alcohol abuse.

In an effort to provide an alternative for these youth, Dr. Thomas Boothe, President of Addiction Diagnostic Services, has developed the Anti-Boredom Motivational Program for Youth.

The program targets youth from 6 years old to 21 years old, parents with children not yet born, and children up to 6 years old (pre-school).

"My research and national statistics have provided evidence which shows that the current drug programs, shock tactics, and the authoritarian condescending "say no to drugs" has only served to increase alcohol and drug abuse through rebellion, and shows no sign of succeeding against or reducing alcohol and drug abuse by youth," said Dr. Boothe.

Dr. Boothe has over 15 years of experience in drug and alcohol counseling and is certified by the State of Oregon to evaluate drug and alcohol abusers. Dr. Boothe also has a Ph.D. in Biochemistry from New York University; a M.S. in Chemistry, City College, New York; and a B.S. in Chemistry, City College, New York.

Dr. Boothe said, "those who sell and profit from the sale of intoxicants are serious and know how to sell the sizzle of their intoxicants. The sellers of all intoxicants promote the up or top side of the respective intoxicant they are selling; and down play the side effects of the intoxicant."

Dr. Boothe said his Anti-Boredom Motivational program will simply sell the sizzle of mental and physical "constructive-productive creativity" while pointing out that intoxicants stifle ones judgement and decision-making ability and limit "constructive-productive creativity", which often turns into a disruptive, destructive, non-productive waste of energy.

Besides this, Dr. Boothe said society and parents send conflicting messages to our youth concerning the danger of drugs and alcohol abuse. He points to widespread advertising of beer and wine on T.V. portraying people having fun or relaxing. Often these intoxicants are promoted by well-known sports and entertainment figures.

"Furthermore, our children see us as parents and adults seemingly needing intoxicants to have fun, relax, and to cope. Why can't they use the same formula for having fun relaxing, and coping before our children reach that magic age of it's O.K. that many have already become addicted to intoxicants," said Dr. Boothe.

Dr. Boothe said his program is the only program which "communicates a clear alternative to boredom for youth, beyond the examples set by their peers, parents and other adults. My Anti-Boredom Motivational program communicates on all fronts a continuously clear, strong, long-lasting (high) on constructive-productive creativity which will combat boredom, while serving as an alternative to intoxicants." Dr. Boothe said specific Anti-Boredom information and activities for youth are secret at this point.

According to Dr. Boothe, his program, when implemented, will have a devastating effect on the economy. "Crime will drop 80% within one year; replacement, repair and destruction of property caused by theft and vandalism will be reduced by 90% within one year; and hospital and medical services demand will drop 70% within one year."

Dr. Boothe said it would cost a minimum of \$5 million per year to produce, distribute, coordinate and publically communicate the program to youths on a national basis.

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