

Pittman Appointed to Welfare Commission

By Jerry Garner

Edna M. Pittman has been appointed by Oregon's Governor Vic Atiyeh to be a member of the Public Welfare Review Commission. Her term officially began August 20, 1986 and will end August 14, 1987. Pittman replaces Barbara Simington on the Commission.

Pittman has a M.S. degree in Public Administration from Portland State University and a B.S. in Science from Portland State University.

The Public Welfare Review Commission is authorized under ORS 411.125 to advise and consult with the assistant director of the Adult and Family Services Division in carrying out the functions of the division.

Pittman was quoted as saying, "Being appointed by Governor Atiyeh to the Commission is an honor for me. I will do my best to represent those who are in need of services."

Pittman, who has six children, has been active in a host of community activities. In October of 1986, she was appointed by Governor Atiyeh to the Advisory Committee on the Prevention of Child Abuse and Neglect. She served as energy coordinator for Salvation Army Family Services. She has also served as research coordinator, Albina Ministerial Alliance Family Day and Night Care Support Services and as minority consultant, Department of Mental Health Albina Multi-Service Center. Pittman has been a member of the Board of Directors for North/Northeast Community Mental Health Center since 1980;



for North/Northeast Community Mental Health Center since 1980; and on the Advisory Committee of the Emergency School Aid Act.

In recognition of her services to the community, Pittman has received the following honors: 1983 Jefferson awards for community service for her involvement in organizing, planning and directing the North/Northeast Community Mental Health Center, Region X U.S. Department of Health and Human Resources award for her volunteer work in mental services, and the Community Service Award from the National Council of Christians and Jews.

Pittman was asked how she finds the strength to dedicate so much of her time to the community. She replied, "Perhaps it is my desire to help those who are unable to help themselves. My encouragement comes from my family, my children, and something inward that is hard to explain."

Portland Sickle Cell Anemia Foundation, Inc.

2nd Annual Banquet

Saturday, Sept. 20, 1986 6 p.m.



Willa Dorsey will be guest soloist at the Portland Sickle Cell Anemia Foundation's 2nd Annual Banquet Saturday, September 20, 1986 at 6 p.m., Exec * Lodge, near airport, 6221 N.E. 82nd. \$15.00 donation. For info call 249-1366. Ticket outlets: Christian Supply Center, Lloyd Center, House of Sound, 3634 N.E. Williams.

Martin Luther King, Jr. Scholarship Fund Raiser Gala

"Martin's Visions of the Future"

You are cordially invited to attend a gala event on September 21, 1986, from 5:30 p.m.-12:00 a.m. at the PSU Ballroom, Smith Memorial Center featuring Neil Goldschmidt, co-host and speaker. There will be an art auction of fine art from the Northwest, a no-host bar with buffet and The Ron Steen All Star Jazz Band. Come & join the festivities.

Tickets are \$30 and are tax deductible. Attire is semi-formal. For more information, call Veronica Alberti, 620-0740.

Nutrition Course Scheduled by Red Cross

"Better Eating For Better Health" will help you take the guesswork out of nutrition while you learn about food, health, and the diet that is right for you. The course sessions are taught on Wednesdays, Sept. 24 through Oct. 29 (six week session), from 7:00 to 9:00 p.m., at the American Red Cross, 3131 N.E. Vancouver Ave.

Better Eating For Better Health teaches the practical matters of learning to understand the information on food labels, to evaluate food additives, to consider the relationship between diet and disease, and to think about the vitamins, minerals, and other nutrients in your food. No matter what age or how busy you are, if you eat "smart" you can look and feel better, be healthier, live longer, and save money, too. The course gives materials on nutrition during pregnancy, infancy, childhood, adolescence, and adulthood.

The course fee is \$15 per individual. Call Red Cross, 284-1234, x303, to register.

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