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Lt. Col. Alfonsa Peterson, author.

Lt. Col. Alfonsa Peterson Author of "Nutrition"

Lieutenant Colonel Alfonsa Peterson, author of "Nutrition: A New Approach in Air Force Health", was a command pilot in the Air Force, a guidance counselor and teacher. He holds the Distinguished Flying Cross, Air Medal with 13 Oak Leaf Clusters, Air Force Commendation, Army Commendation Medal, and the Republic of Vietnam Cross and Gallantry with Bronze Star. Lt. Col. Peterson was born in Birmingham, Alabama, the eldest son of Mr. and Mrs. George B. Peterson. He is married to the former Mable A. Golsen and has four children, Alfonsa Jr., Craig Lamont, Eyleen Marcia and Gerald Noel.

Lt. Col. Peterson was a graduate of Jefferson High School 1952 and a graduate of Portland State in 1962.

Lt. Col. Peterson is currently serving as the Chief of the Emergency War Order (EWO) Operation and Tactics Branch of the 93 BMW Operations Plans Division. He began his military career in 1962 after being commissioned through Officer Training School. He completed missile training in 1963 and was assigned to the 381 SMS, McConnell AFB, Kansas as a Deputy Missile Combat Crew Member. He became an instructor within a year and assigned to the Standardization Division soon after. He completed Undergraduate Pilot Training at Williams AFB, AZ in 1968, and was then assigned to the 19th Tactical Air Support Squadron, Republic of Vietnam.

He performed duties as a Forward Air Controller (FAC) and was selected to participate as a FAC in a special project which supported Special Forces Units. While flying with the 19 TASS, he achieved over 800 hours combat time. In 1969, he was assigned to the 22nd Air Refueling Squadron, March AFB, CA as a KC-135 copilot and soon thereafter upgraded to Aircraft Commander. While flying with the 22 AREFS, he completed over 40 missions in support of Young Tiger operations in Southeast Asia. In 1971, he was one of five officers selected in SAC's first group to participate in the SAX-TAC exchange program and was assigned to Hurlburt Field, FL as a FAC instructor in the O2A aircraft. In 1974, he was assigned to the John F. Kennedy Center for Military Assistance, Ft. Bragg, NC as the Senior Air Force Representative. In this capacity, he was responsible for preparing and presenting all Air Force instruction in the areas of Special Operations and Foreign Area Officers specialties. He advised the school commandant on all matters concerning Air Force doctrine and military assistance objectives.

Assigned to the 924 AREFS, Castle AFB, CA in 1977, he performed as a KC-135 Aircraft Commander and a Flight Commander responsible for supervising 20 aircrew members. In 1978, he was assigned to the 93 BMW Operations Plans Division where he performed duties as an Emergency War Order (EWO) Operations and Tactics Officer. In this capacity, he was responsible for preparing over 400 combat crew members for all phases of their EWO mission. While in this capacity, he performed additional duties for the Wing, such as implementing a behavior modification program for weight control, special investigations, and serving as a Social Actions consultant. He also participated as Elf One Detachment Commander for a 45 day period, Jan. 83 - Mar. 83. During this period, his unit off-loaded 140,000 pounds of fuel per day for 45 consecutive days in support of E3A operations. His accomplishments have had a far-reaching impact on the 93 BMW and the Air Force.

Lt. Col. Peterson has gained a Bachelor of Science degree in Chemistry from Portland State University, Portland, Oregon; Masters of Science Degree in Psychology (Guidance and Counseling) from Troy State University, Alabama; and has undertaken post-master's studies in psychology at North Carolina State University and the University of Nevada at Las Vegas. His professional military education has been undertaken at the Squadron Officers School, Air Command and Staff College; and Air War College. He has used skills gained in his educational endeavors to teach in the Psychology Departments of Fayetteville State University, Fayetteville, NC; Embry-Riddle Aeronautical University; and Chapman College. Named in the 17th and 18th edition of Who's Who in the West, he holds membership in the Air Force Association's Order of Daedalus; American Association for Counseling and Development; California Association for Counseling and Development; and Veterans of Foreign Wars.

Lt. Col. Peterson is completing his career with 24 years of dedicated service to his nation. He plans to continue serving by working in the private sector. He and his family plan to make their home in Winton, California.

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