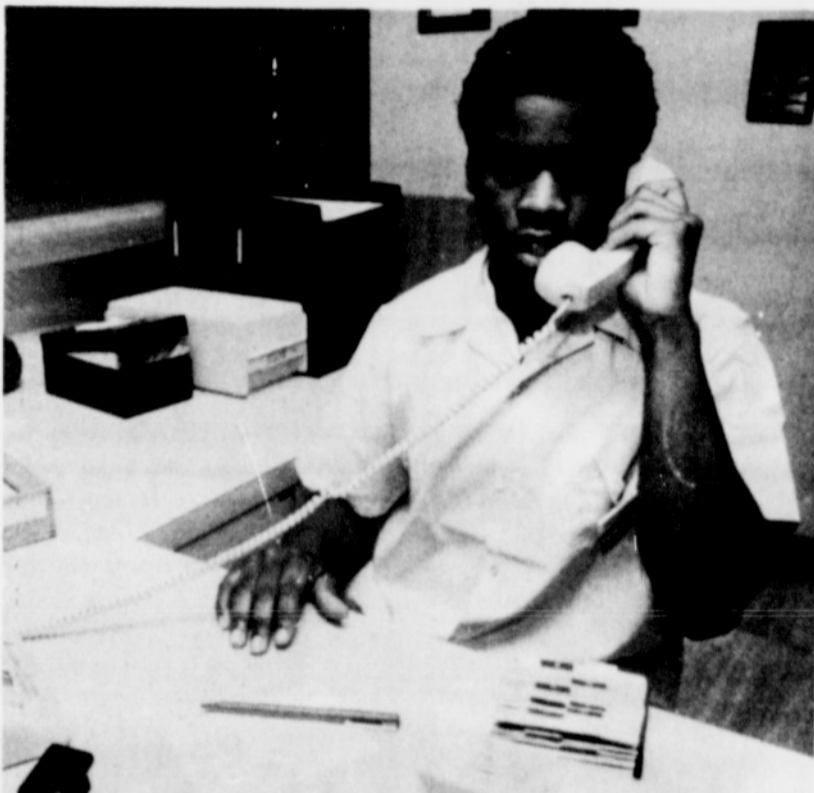




Chatting with patients and delivering cheer along with flower and mail are some of the rewarding activities of Bess Kaiser Medical Center's Volunteer of the Year Lois Hughes. The retired nurse has given almost 6,000 hours of her time to the medical center.



Seventeen-year-old Marlon Muldrew, Bess Kaiser Medical Center's Student Volunteer of the Year, answers visitor's questions while assisting at the information desk. The Jefferson High School senior has been volunteering at the medical center for almost a year.

Two Teens and One Adult Named Bess Kaiser Medical Center Volunteers of the Year

Lois Hughes, a retired R.N., and Jefferson High School students Tamara Zuckerman and Marlon Muldrew have been named Bess Kaiser Medical Center's volunteers of the year.

In 1985 65 adults volunteered 23,173 hours while 36 students shared 4,061 with the hospital.

Hughes is no stranger to the hospital environment. A retired Registered Nurse, she is married to Lewis Hughes, M.D., who practices surgery at Kaiser Permanente. She began volunteering at Bess Kaiser Medical Center in 1973 and in the ensuing years has given more than 5,640 hours, assisting with everything from patient discharges to new baby photographs.

"Lois always puts the patient's welfare first," comments Director of Volunteers Betty Perkins. "She is meticulous, detail-oriented, and does everything with great cheer." In addition to being named volunteer of the year, she recently was elected secretary of the hospital's volunteer council. She has also chaired the volunteer's budget committee.

Oregon Elderly Can Obtain Medical Eye Care

There is a toll-free number older Oregon residents can call to obtain help with medical eye care.

By dialing 1-800-222-EYES, people age 65 and older may obtain information about eye care or a referral to a volunteer ophthalmologist in their area.

To qualify for referral to a physician, a person must be age 65 or older, a US citizen or legal resident, and have no personal ophthalmologist.

Members of the Oregon Academy of Ophthalmology are encouraging seniors to call the toll-free Helpline if they think they have medical eye problems but do not have an eye physician. Disadvantaged elderly are eligible for medical eye care at no out-of-pocket cost.

(Important note: the program is for disadvantaged elderly who do not have a personal eye physician. Please do not call the Helpline if you have an ophthalmologist.)

Sixteen-year-old Tamara Zuckerman has been volunteering at the hospital for a year and a half, donating 479 hours. According to Director of Student Volunteers Sarah Gitanjali, "Tammy is an especially good worker. She is very enthusiastic, reliable, and has an excellent rapport with the patients and other volunteers." In school the junior enjoys participating in ballet, jazz, and tap classes. She plans to pursue a career as an airline attendant.

Marlon Muldrew, 17, was selected student volunteer of the year in recognition of his willing and cheerful attitude. "During the nine months that Marlon has volunteered at the hospital he has learned and participated in all areas of volunteer work, from giving shampoos to assisting at the Information Desk," says Gitanjali. "He is a good, quick learner and relates well with the public and patients." He has given 333 hours. A senior, Muldrew spends most of his time studying. He is considering a career in medicine.

Also receiving special recognition were hospice volunteers Hollis Haney and Nola McDonald; gift shop

The Oregon Helpline is open from 8 a.m. to 5 p.m. Monday through Friday. Other states will be opening at two-week intervals until July 21, when the Helpline will be operating throughout the country.

The program — supported by voluntary donations from ophthalmologists and by contributions from corporations associated with the eye care profession — is sponsored by the Foundation of the American Academy of Ophthalmology, the Oregon Academy of Ophthalmology, and other state ophthalmology societies across the US.

The American Academy of Ophthalmology is the world's largest association of eye physicians and surgeons, with nearly 14,000 members. Ophthalmologists are physicians who provide comprehensive eye exams, prescribe corrective lenses and diagnose and treat eye disease medically and surgically.

cochairmen Jean Rider and Clare Inglesby; and pediatric volunteer Dorothy Struznik.

Recent projects undertaken by the volunteers include donating \$10,000 to Kaiser Permanente's Adolescent

Chemical Health Program; funding refurbishment of the hospital's pediatric area and two conference rooms; sewing several hundred special pillows to aid heart surgery patients in breathing exercises, coughing, and turning; and

providing fresh carnations and poems to all mothers of babies hospitalized in the Neonatal Intensive Care Unit.

Bess Kaiser Medical Center is one of two nonprofit, community hospitals providing hospital care to approxi-

mately 289,000 members of Kaiser Permanente, a group practice prepayment health plan serving people in Portland and Salem in Oregon and Vancouver and Longview-Kelso in Washington.

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