

## Nomura Appointed Regional Medical Director of Kaiser Permanente

Fred M. Nomura, M.D., has been appointed regional medical director of Kaiser Permanente and the president of the 335-physician group, Northwest Permanente, P.C., Physicians and Surgeons.

Nomura will be responsible for the overall management of the medical group and will join Daniel O. Wagster, senior vice president and regional manager in the management of Kaiser Permanente in the Northwest. Kaiser Permanente is the largest prepaid group practice health plan in the region.

Says Nomura, "I am excited about the new challenges I will face as regional medical director. I look forward to working with the members of this medical group and all those associated with Kaiser Permanente."

Nomura brings to his new position more than 20 years experience in medicine and medical administration. He began his career with Kaiser Permanente in 1968 as a pediatrician and is currently chief of pediatrics for Kaiser Permanente, a position he has held since 1973. From 1976-84, Nomura also served as the physician-in-charge at the Beaverton Medical Offices where he practices pediatrics.

Nomura is board certified and serves as clinical associate professor in the department of pediatrics, Oregon Health Sciences University.

He received his medical education from the University of Washington, Seattle, Washington and served his internship and residency at the Tripler Army Medical Center, Honolulu, Hawaii.

Northwest Permanente, P.C., Physicians & Surgeons is the medical group that contracts to provide medical and surgical services to Kaiser Permanente members in the Northwest Region. The Region currently serves more than 286,000 members in the Portland and Salem areas in Oregon, and the Vancouver and Longview-Kelso areas of Washington.

### State of Black America to Be Forum Topic

The State of Black America 1986 will be the subject of a free community forum to be held on Thursday, February 20, from 6:30 p.m. - 8:30 p.m., at the North Branch Public Library, 512 N. Killingsworth.

According to Robert Phillips, the forum coordinator, the purpose of the forum is to provide a picture of Black America/Oregon based on national and local research findings, which will be displayed on over forty panels posted throughout the library's auditorium.

Kay Dean Toran, from the governor's office, will deliver the keynote speech — "The Future of Black America: Where Do We Go From Here?," which will be followed by other speakers presenting their research findings, and a panel discussion.

A free copy of Tony Brown's Journal — Black History Month edition will be given to the first two-hundred people attending the forum.

### Citizens Fight Crime

Recently two Portland citizens shot intruders who broke into their homes. One intruder died and the other is permanently paralyzed from the waist down. It appears people are not only purchasing more guns, but are willing to use them when threatened. Citizens are increasingly trying to protect themselves against crime. Local gun dealers report that sales of all types of weapons are up, as is the number of people taking shooting lessons. Self-defense classes and neighborhood crime prevention programs are growing, along with permits for residential and commercial alarm systems.

These citizens are responding for good reason. Serious crime in Oregon took nearly a 10 percent leap in 1985. Burglary and other property crimes rose around 9 percent. The crimes also involve more senseless violence. One woman, upon discovering a burglar in her home, was beaten and set on fire by the intruder. Two robbers beat another Portland woman so severely that she lost an eye. There has also been a recent rash of burglaries in Northeast Portland where the elderly occupants were brutally beaten.

Why is crime increasing so rapidly? What's the best way to protect yourself? your home? What laws govern the ownership and use of firearms? Does the lack of jail space play a role in the increasing crime statistics? What do YOU think? John Jae, Faust and his guests for this discussion on Sunday, February 16th at 6 p.m. Please arrive at KATU (21st and N.E. Sandy Blvd.) at 5 p.m. For seat reservations, call Mary Fetsch, Kathy Oxborrow or Cheryl Russell at 231-4620.



Fred M. Nomura

## Life Flight Gets New Helicopter

Life Flight will replace its helicopter in February with a new \$1.1 million ship especially designed for emergency medicine.

The emergency helicopter service, based at Emanuel Hospital, will fly a new Bolkow helicopter with a specially designed interior built for emergency medical flights. The medical system was custom designed specifically for this model helicopter.

Emanuel Hospital also will have its own FAA license for operating the helicopter — the only hospital on the West Coast with its own license to do so. To receive the license, Emanuel has had to fulfill extensive FAA regulations for flight operations.

A private group purchased the helicopter enabling Emanuel to charter it at the best rate possible for a helicopter of this type, said David Long, Life Flight Director.

The costs of the helicopter service are shared by nine Portland area hospitals: Emanuel, Providence, St. Vincent, St. Joseph in Vancouver, Portland Adventist, Oregon Health Sciences University, Willamette Falls, Meridian Park and Mount Hood Medical Center.

Prior to the arrival of this new helicopter, Life Flight's ship has been contracted from Evergreen Helicopters Inc. for the past five years. Having an FAA license will allow for a savings over other charter services, control over the pilots as employees and an estimated savings of \$60,000 in the first year, Long said.

Life Flight is capable of flying a 260-mile round trip and can provide a wide range of emergency medical ser-

VICES. A flight nurse extensively trained in trauma and critical patient care travels on each trip.

The helicopter was purchased from a Pennsylvania manufacturing firm, MBB Helicopter Co. It was flown out from Pennsylvania the last week of January to be on display at a helicopter show in Anaheim, Calif. It will spend the first week in February being readied for service and will go into service at Emanuel by Feb. 14.

In addition to around-the-clock pilots and medical personnel ready for an immediate four-minute lift-off, Life Flight also employs a full time mechanic for daily maintenance to the ship.

We strive to make sure our equipment meets the finest state-of-the-art standards for uncompromised patient care," Long said. "The acquisition of this new helicopter demonstrates our dedication to meeting these standards."

## PP&L Shares Warmth

Pacific Power & Light Company and its customers are sharing the warmth this winter. Pacific's customers are responding positively to requests for Project HELP funds, and the company has developed a number of programs to help its customers cope with the winter chill.

Project HELP is an emergency fuel assistance program sponsored in Portland by Pacific Power and Portland General Electric. It offers one-time-only payments of up to \$125 to customers needing temporary fuel assistance regardless of their heating source.

January 1 figures show Pacific customers in Portland have donated \$15,000 to the program, and contributions through January could exceed \$18,000. Donations are still being received at The Salvation Army, the social service agency that administers Portland HELP in the area.

"We want to thank our customers for responding generously to our request

for Project HELP funds," said Ron Fox, Pacific Power's Columbia Division Manager.

The total customer contributions collected throughout Oregon as of January 1 were \$52,000. Last year, the total state customer contribution was \$67,860.

"With the recent Gramm-Rudman-Hollings budget cut scare, and temporary closure of the Urban League's Low Income Emergency Assistance Funds offices, there is heightened concern in the community about the fuel needs of low income families," said Fox.

Three social service agencies administer the weatherization program: Multnomah County Community Action Agency, 391 N.E. Sixth, Gresham, 777-4761; North Community Action Council, 7506 N. Chicago, Portland, and at 6965 N. Fessenden Street, 286-8371; and Portland Action Committee Together, Inc., 3534 S.E. Main, 233-8491.

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