

METROPOLITAN



Former light-heavyweight champ Archie Moore was in Portland to help promote boxing matches and also to help promote feeding the hungry by autographing Nike hats at the Nike Outlet store at Union Plaza. Autographed hats were given in exchange for cans of food.

(Photo: Richard J. Brown)

Youth classes scheduled

Does your child need something to do over the holidays? Red Cross has planned two activities that could help your child be better skilled in being home alone and to be a competent and confident babysitter.

On Dec. 30 and 31, Monday and Tuesday, from 8:30 a.m. to 4:30 p.m., Red Cross is offering their Super Sitter class to help fifth through eighth graders feel confident about taking care of other children, including handling emergencies that young children often encounter. This two-session class will be held at the American Red Cross headquarters, 3131 N. Vancouver Ave. This regularly \$22 class is being offered for a special \$17 and scholarships are also available.

On Wednesday, Jan. 2, from 1:30 to 3:30 p.m., Red Cross is sponsoring their When Kids Are Home Alone workshop for eight to 11-year-olds. Participants will learn about handling phone calls and visitors safely, securing a home environment, first aid techniques and getting help in a hurry. Students will receive an award-winning "When I'm In Charge" booklet. Cost of this class is \$6. Scholarships are available. This course is being offered at Red Cross headquarters.

Pre-registration is encouraged by calling 284-1234, ext. 176.

KBOO to air Swados' holiday oratorio

KBOO-FM (90.7) is proud to present "Jerusalem," an oratorio by Elizabeth Swados for 22 vocalists and five musicians, and the distinguished Israeli poet Yehuda Amichai on Christmas, Dec. 25, at 9:30 a.m. "Jerusalem" is a dreamlike tour through the Christian, Jewish, Islamic and African sections of the ancient city, set to the stirring English poems of Yehuda Amichai. It weaves Gregorian chant, the Koran, cantorial singing and African folkways into a sound tapestry, juxtaposing and blending various scales, rhythms and traditional musics into a new composition.

"Jerusalem" is a production of WBAI in New York. Executive Producer is Rick Harris.

Janae's Hairstyles

SAVE \$2.00 ON SHAMPOO-CONDITION

Specials for December

curls \$35⁰⁰

So come in and let Terry & Sharon take care of you.

1314 N.E. Dekum 285-4893



We went curly yesterday.



Wigland

Wigs, Hairpieces and Beauty Supplies Wholesale and Retail

Pre Holiday Sale

10% to 30% OFF SELECTED STYLES

1000 Wigs Displayed to Choose From

All Human Hair, Naomi Sim's and Andre Douglas

20% OFF

From 10:00 a.m. til 6:00 p.m.

Location:

1106 N.E. Broadway

(across from Safeway Lloyd Center)

Portland, Oregon Tel. 282-1664

Nails Eyelashes

Store Hours 10:00 a.m. til 6:00 p.m. Monday thru Saturday

A college that started in the kitchen can really teach you how to take the heat.



Butter. Sugar. Sweet potatoes, flour and eggs. For most of us, they're only ingredients. But for Mary McLeod Bethune, who founded Bethune Cookman college by selling sweet potato pies, these common staples were the makings of a great college—and a great future—for Black people.

Following Mary Bethune's recipe for success, Black colleges and universities are making the most of the talent, intelligence and determination of thousands of students. In this unique environment, students are encouraged to fully express all of their abilities. As scholars. Athletes. Musicians. Leaders. At Black colleges, there is no ceiling on achievement, no goal is too far-fetched.

And from the graduate classroom to the corporate conference room, that spirit of resourcefulness and achievement is a lasting benefit to the graduates of Black colleges and those who live and work with them. Is it any wonder that, though they enroll only 16% of Black college students, Black colleges produce 37% of all Black college graduates?

When you're considering colleges, why not consider the ones that gave us Martin Luther King, Jr., Thurgood Marshall and Andrew Young? If you're out to make something special of your life, Black colleges can really get you cooking.



AMERICA'S BLACK COLLEGES ARE YOU SMART ENOUGH TO GO?

Hock Shop
FOR SALE
Leather coats, \$10-\$20
Bikes, \$15-\$60
5600 NE Union - 287-5330



© 1985 General Foods Corporation

General Foods Corporation salutes Black colleges and universities for their unique role in producing many of America's finest citizens and leaders. This food for thought is brought to you by the following fine General Foods brands.

- | | | | | | | | |
|--------------|------------------|---------------|-------|---------------|-----------|---------------------|---------------|
| Kool Aid | Post Raisin Bran | Crystal Light | Sanka | Minute Rice | Open Pit | Cool Whip | General Foods |
| Country Time | Post Honeycomb | Log Cabin | Tang | Shake 'n Bake | Birds Eye | Jell-O | International |
| | Post Pebbles | Maxwell House | Brim | Stove Top | Rorason | Jell-O Pudding Pops | Colleges |