



SONIA SANCHEZ
(Photo: Gordon R. Robothan)

Sonia Sanchez to read poetry

by Nathaniel Scott

Poet, lecturer, teacher and world traveler Sonia Sanchez will give a poetry reading at Portland State University (PSU) Friday, Nov. 15 at 7:30 p.m.

Sanchez's free poetry reading will be held in Smith Memorial Center's Nordicland. The event is sponsored by PSU's poetry committee.

Sanchez's latest book of poetry, *Homegirls and Handgrenades*, has won the American Book Award for 1985. Moreover, Sanchez is a recipient of a National Endowment for the Arts Award for 1978-79 and the Lucretia Mott Award for 1984.

Sanchez has traveled extensively and lectured at over 500 universities. She has read her poetry in Cuba, England, the West Indies and the People's Republic of China.

Sanchez is also an associate professor at Temple University.

Included in her 12 books of poetry are *We a BaddDDD People*, *Love Poems, I've Been a Woman: New and Selected Poems*, and *A Sound Investment and other Stories*.

In addition to editing two anthologies: *We Be Word Sorcerers: 25 Stories by Black Americans* and *360° of Blackness Coming at You*, Sanchez has been a contributing editor to *Black Scholar* magazine.

Free dinner

Thanksgiving Dinner will be served by the Arkansas Club of Oregon for Senior citizens and needy persons at Dalhke Manor, 915 N.E. Schuyler Street, between 11 a.m. and 3 p.m. on November 28, 1985.



Arrangements should be made by November 15, 1985, either by mail to Marge Moore, 2623 N. Halleck, Portland, OR 97217, or by calling one of the following numbers between the hours of 4 and 8 p.m.: 287-5720, 283-9433, 281-6256 or 281-9173.

When you're four years old, you've got more important things to do than worry about living to be five.



You've got pictures to draw. Balls to catch. Castles to build. And, if you're like Peggy, you've got time for it all. Even if you were born with a defective heart valve. Even if you did spend the first two years of your life in a hospital bed. Even if no one thought you'd make it to kindergarten. Why? Because Peggy had a few million people on her side. Scientists and physicians all over the country who've dedicated their lives to fighting heart disease—the nation's number one killer—and who have continued through the years to find the solutions we need to treat it. Without research, thousands of lives would have ended too soon. And 4-year-olds like Peggy would be playing like there's no tomorrow.

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Starting Nov. 15, Northcare Clinic will offer a Women's Health Clinic to be held every Friday afternoon from 1 p.m. until 5 p.m. Northcare will see women who are in need of birth control and family planning advice, pregnancy testing and pregnancy related issues, post-menopausal concerns, yearly gynecological exams, breast examinations, and will treat

various minor gynecological health problems. The clinic continues to offer general medical clinics held twice weekly, and a Well-Child Clinic held on the first and third Mondays of every month. Fees are determined according to income and family size, however no one will be turned away because of inability to pay. Call 286-8371 for more information.

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