

Resources:

Where to write for information about colleges and scholarships

Because of the recent cutbacks in the federal financing of student aid programs, many except the most diligent, will be unable to attend the college of their choice. In addition, increased competition for limited funds demands that a student not wait until the last minute to seek information or available funds. Start in your sophomore year.

Perhaps the first step should be to speak with a guidance counselor at the high school. Be persistent, for the "squeaky wheel gets the grease." Don't accept a "see me tomorrow" and return three days later. Keep asking for leads. After all, this is one of the areas in which a conviction will be helpful.

Ask at your local library for publications that can help lead you to possible sources. Check with your parent or guardian — does his job have scholarships available for children of employees? Write to your state Department of Higher Education for available grants/scholarships.

Many Black businesses have foundations that offer scholarships/grants to deserving students. In addition, investigate those corporations that advertise in Black publications — do a little detective work, find their corporate address and send them a letter of inquiry.

Phillip Morris annually publishes *A Guide to Black Organizations*. In it are listed almost two hundred Black organizations that are interested in progress. All do not have financial aid available, but a 22-cent stamp will help you to find out. The address is: Phillip Morris, USA Public Affairs Department, 120 Park Ave., New York, N.Y. 10017.

Some other foundations and their addresses are: Bill Robinson Foundation, 313-A North 2nd St., Richmond, VA; Carnegie Corporation of NY, 598 Fifth Ave., New York, NY 10018; Ford Foundation, 477 Madison Ave., New York, NY; General Education Board, 111 W. 50th St., New York, NY 10019; Harmon Foundation, 140 Nassau St., New York, NY; Houston Endowment, Inc., P.O. Box 1414, Houston, TX; John Jay Whitney Foundation, 9 Rockefeller Plaza, New York, NY;


John Simon Guggenheim Memorial Foundation, 90 Park Ave., New York, NY; McGregor Fund, 2486 First National Bldg., Detroit, MI; National Phillis Wheatley Foundation, The Phillis Wheatley Home, 4450 Cedar Ave., Cleveland, OH; Phelps - Stokes Fund, 297 Park Ave. South, New York, NY; The Rockefeller Foundation, 111 W. 50th St., New York, NY;

Rosenwald Foundation, packard Bldg., Philadelphia, PA; Sachs Foundation, 418 First National Bank Bldg., Colorado Springs, CO; Southern Conference Education Fund, 822 Perido St., New Orleans, LA; Southern Education Foundation Inc., 913 Cypress St. NE, Atlanta, GA, and Taconic Foundation, 666 Fifth Ave., New York, NY.

The Foundation Center, located at 888 Seventh Avenue, has the most comprehensive listing of foundations under one roof. One must go there in person, however, as they do not give assistance by mail or phone. Some large libraries have their *Foundation Directory* in the reference section.

Armed with this limited information to begin your search, don't forget to ask those you know who they know. Networking is important. Good luck!

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PCC student Steve Scott (left) gets on-the-job training in alcohol and drug counseling at Project for Community Recovery. He's working under the supervision of PCR's lead counselor, Harry Watson (right).

From abuser to counselor

"All the people I knew when I was druggin' on the streets are dead," says 52-year-old Steve Scott. They died violently, from overdoses, from disease.

Scott didn't join his friends. Three and one-half years ago, he says, "I got sick and tired of being sick and tired." He didn't want to end up like the other dealers and abusers he knew. After 18 years of drug abuse, nine on a methadone program, Scott "went home and went to bed" and detoxed himself. "It took one year," he adds, but it's not a method he'd recommend to others. He got off methadone, but started drinking,

and credits Alcoholics and Narcotics Anonymous with helping him stay clean and sober.

What Scott recommends now is getting help — and he's learning how to provide that for others. He'll graduate from Portland Community College, Cascade campus, June 1986, with an AA degree in alcohol and drug counseling — a new program at Cascade, designed to offer specific training in how to help alcohol and drug abusers.

"I'd not been to school since 1948," says Scott. "I'd forgotten everything. I started in basic reading, basic writing."

Right now, though, Scott is completing his first practicum, getting on-the-job experience under the supervision of counselors at Project for Community Recovery (PCR), located at 735 North Alberta. PCR opened in July 1984, as a joint project of the Center for Community Mental Health and De Paul Center, Inc.

Scott says such a center was badly needed in North Portland because it's multicultural. The staff there knows, he says, "that you have to deal with a person's culture. Most treatment centers are designed for middle-class, white males. Blacks' needs are not always the same."

"It's not a different style of treatment," says PCR Director Bernard Ings. "It's being sensitive to cultural background."

"The concept is new," Ings adds. "We're fortunate to be developing multicultural treatment here. There isn't anybody in the country that has a real handle on it."

Multicultural treatment starts with a multicultural staff. PCR has six counselors — one white, one Hawaiian, four Black. The number includes two women. Some, like Scott, are recovering alcoholics or abusers. Others are not.

According to PCR's lead counselor, Harry Watson, that kind of staff helps prevent a feeling often created by white-male oriented centers: "On some level," he says, "people don't feel they belong there. They know those centers weren't made for them."

Scott says cultural differences affect counseling techniques at times, things like eye contact or the methods used to get a client to talk about his feelings. He says out-patient treatment is often necessary since people worry about what "to do with the kids and who'll pay the bills" if they're treated as in-patients.

PCR counselors don't just help a person get clean and sober. They help with housing, relationships, children, employment — whatever is needed to treat the whole person.

Scott believes one of the biggest things he has to offer as a counselor is his experience: "At 52, I was out there a long time. I've got a lot of experience of street life. I've been in and out of institutions. I can tell people what that kind of life is like and how dangerous it is. A lot of people don't live to get treatment."

Life has turned around for Scott. His wife is a recovering alcoholic and addict, enrolled at Marylhurst with plans to be a therapist. His three girls, ages 20, 18, and 14, aren't involved with "drugs or alcohol yet. I got my fingers crossed."

Scott says, "I know I don't have to drink or use. I don't."

"He's beautiful," Ings says. "We hope he'll hang around" after he graduates."

Fees for services at PCR are on a sliding scale. No one is denied services because of inability to pay. For more information, call 281-2804.

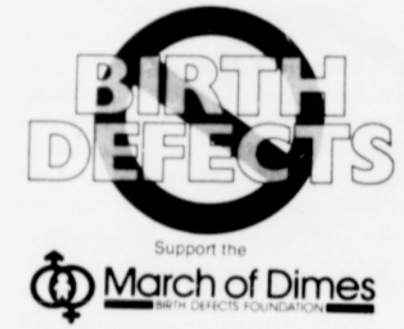
For more information about PCC-Cascade's Alcohol and Drug Counseling Program, call program director Susan Garber at 283-2541, ext. 395. There will be an introductory course offered this summer.

Law school hosts students

National University School of Law, San Diego, invites all prospective law school students and other interested individuals to an orientation of the NU Law School Saturday, June 8, from 2 to 6 p.m. at the Portland Hilton, 921 S.W. Sixth Ave.

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