

SPORT TALK • SPORT TALK

\$20,000 mile premiers

Jason's Drummer, winner of \$125,000 lifetime, has arrived at Portland Meadows to prep for the \$20,000 Portland Meadows Mile scheduled Saturday, March 30. Nominations for PM's premiere race of the season will close Saturday, March 23.

Nick Puhich, racing secretary, said he has talked with trainers of Travelling Victor, who was named Canada's horse of the year in 1984 and Chum Salmon, winner of the 1984 Portland Meadows Mile and Washington State's Champion handicap horse last year. Puhich is also seeking Mile prospects from Exhibition Park and from Golden Gate and Santa Anita.

Sam's Table, a winner at Hollywood Park in December, finished second in an allowance race at Portland Sunday, as he started his PM Mile prepping. Courageous Major, winner of that six-furlong sprint, is expected to nominate along with possibly Lark's Legacy and Danalot, out of that same race.

Muckledeedun, owned and trained by veteran Portland horseman Walter Purcell, is another Mile prospect off his front-running win in the \$15,000-added Salem Handicap Sunday. Another solid Mile hope is Apache Lark, winner of two races at Golden Gate for owner-trainer A. T. (Tex) Irwin of Battleground.

"We'll know more Saturday when the nominations close," Puhich said. "From the interest expressed in the Mile from trainers I've talked to around the coast, I believe we will have the best Portland Meadows Mile field in years."

Mile Day will coincide with Hat Day as the first 5,000 paid admissions will receive a free Portland Meadows sports cap.

Portland Meadows' new wager — the twin trifecta — proved a piece of cake for Sunday's players as 11 hit it — each sharing equally in the \$21,080 total jackpot. Each ticket was worth \$1,916.

Portland Observer PIL Coach of the Year

Thomas McKenna — Grant High

Coach McKenna took the Coach of the Year honors without much competition because of his aggressive coaching attitude and leading his Grant Generals into the state playoffs. McKenna's team was short on talent but long on spirit and team desire. Defense was the long suit of this squad and Coach parlayed that attribute

into wins that could well have been losses.

Coach McKenna's hard work didn't stop off the hardwood either; his concern and dedication to his players goes beyond basketball. The young ladies that are leaving this program will be well prepared for what life has to offer.

Portland Observer

All-Star PIL Team

All-Star PIL Team

F - Traci Thirdgill, Wilson
F - Jill Weisner, Cleveland
C - Julie Scheer, Wilson
G - Marlo Dishman, Grant
G - Ann West, Lincoln

Second Team

F - Helen Meisenholder, Wilson
F - Laura Jenkins, Grant
C - Lisa Hering, Lincoln
G - Bridgette Smith, Grant
G - Jennifer Marron, Wilson



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PORTLAND OBSERVER

OREGON'S AWARD WINNING BLACK NEWSPAPER

283-2486



LESLIE ANITA CONE

Medical student kicks her way to the top

by Yvonne P. Brown

She kicks the anxieties out of her life as a medical student. And she does it well — unusually well.

That's one of the reasons why Leslie Anita Cone, a student in the Howard University College of Medicine, is often in high spirits, flashing her broad smile — the smile of a winner.

Indeed, she is a winner: a United States Tae Kwon Do (pronounced Tie Kwon Doe) Team champion.

Cone says participating in this martial art, which primarily consists of kicks, has enabled her to compete successfully with a very common adversary in medical school — stress. "Some people cry, sleep and eat; I use Tae Kwon Do."

Breaking away from her textbooks, the second-year medical student now practices several hours per week. Her TKD workouts in medical school, however, don't come quite so often as they did when she was a Howard undergraduate.

Back then she could be found in the gymnasium most evenings and week-ends swimming, running or, more frequently, practicing TKD under the expert eyes of the internationally renowned Tae Kwon Do authority, Dong Ja Yang. A professor in Howard's department of physical education and recreation, he was recently elected president of the Pan American Tae Kwon Do Union.

Yang, whom Cone regards as "instructor, father and friend," has been her mentor since her undergraduate junior year, when she first put on the novice's white belt as a member of Howard's Tae Kwon Do club. Remaining an active member of the club, Cone is now a second-degree black belt, twice a member of the U.S. team, and twice a District of Columbia regional champion.

Cone, who has won a gold medal for the past two years in the U.S. National Tae Kwon Do Championships, is proud of being a part of Howard's predominantly Black club. "When we go to meets, we are the largest group of Blacks participating."

HORSERACING AT PORTLAND MEADOWS



POST TIME

Wed.-Fri.-7:00 p.m.
Sat.-Sun.-1:30 p.m.

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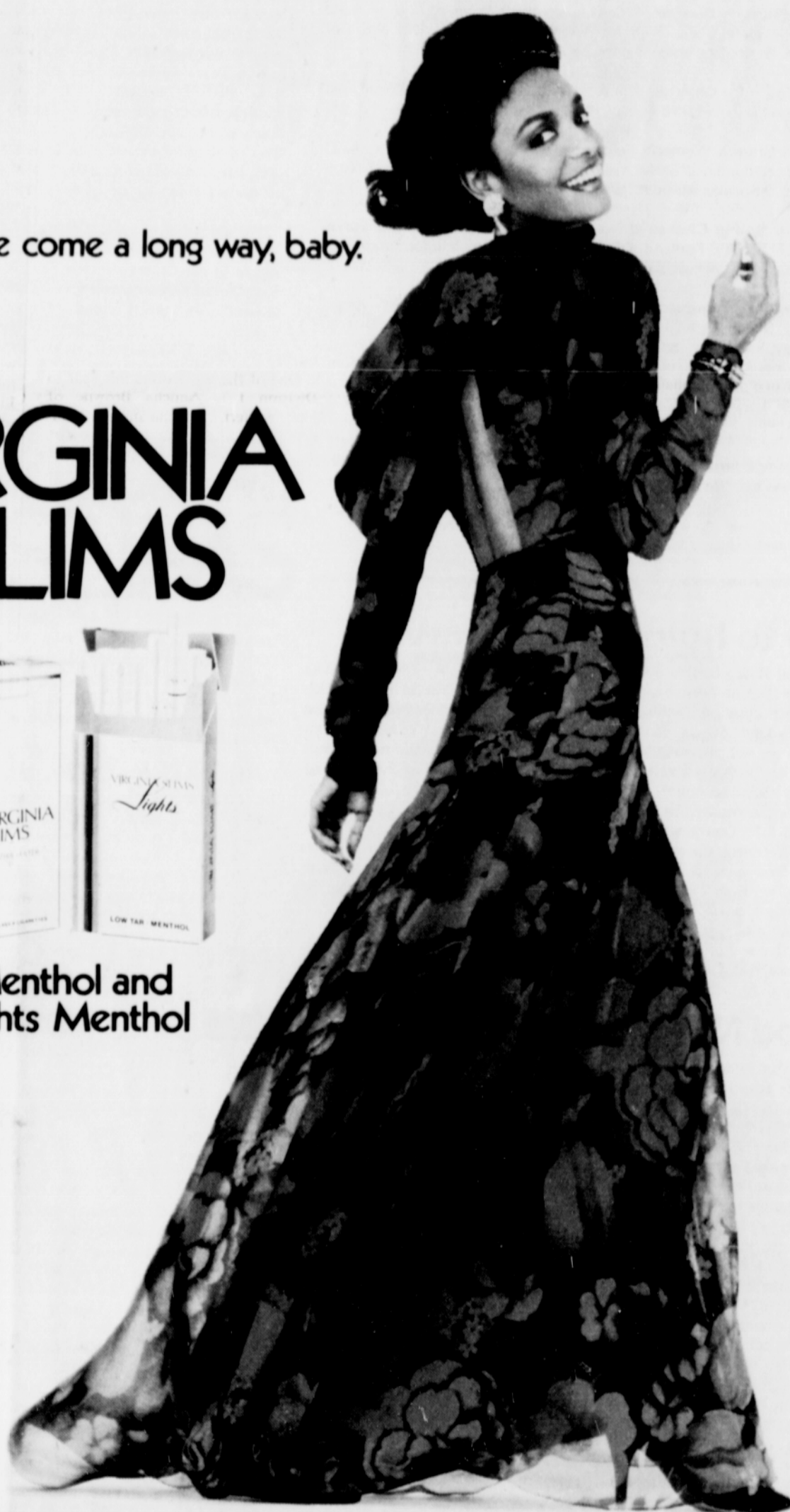
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