

OBSERVATIONS

FROM THE SIDELINES
BY Kathryn Hall Bogle



THE CENTER FOR Community Mental Health recently closed its tenth year of successful service to its area of influence in the Northeast district of the city with a traditional business meeting and installation of new officers for its executive board. The meeting, held on the Cascade campus of Portland Community College, drew about 150 members and friends.

A new slate of officers will be headed by Rosemary Kerwin-Alzord, chair, Joe Taylor, vice chairman and Lewis Winchester, secretary-treasurer. Fred Carter, retiring chairman of the board, conducted the brief business portion of the meeting and introduced the guest speaker of the evening, Dr. Garfield De Bardeleben, a practicing clinical psychologist.

Dr. Bardeleben discussed "Stress in the Workplace and Community and Methods to Combat Stress." The psychologist identified for his audience three major sources of stress and named them as (1)Environment; (2)Body; (3)Thoughts. The development of coping skills was discussed and included: manipulation of the environment; engaging in physical activities and other techniques for dissipating the stress; and, adopting a new strategy for thinking about the stressful event.

Bardeleben held a gentle surprise for his audience by flooding the room with soft recorded music before he completely closed his presentation. Many persons



Guests at the dinner party held by Monica and Dr. William Little to honor African visitors. (Photo: Lonnie Bradley)

acknowledged a newly-felt relaxation when they rose from their chairs. Champagne and light refreshments were served following the close of the meeting and small gifts of appreciation were given to Fred Carter, E. Shelton Hill and Barbara Steinbeck, retiring members of the board.

WILLIAM AND MONICA Little were recent dinner hosts on behalf of the World Affairs Council of Oregon to several visitors from Africa traveling to the United States under the auspices of the African Leaders Program, a part of the inclusive program of "Operation Crossroads Africa, Inc." Most of the travelers had not been to the United States before this occasion. All were administrative

educators in their various African countries and their itineraries on this tour were arranged by the United States State Department to give the guests an opportunity to examine curriculum development in this country for the teaching of science and mathematics. In Portland, the educators met with administrative staff and faculty members of Portland State University, Portland Community College, Northwest Regional Lab, OMSI, and the Portland Public Schools and toured state offices in Salem before their departure.

Guests included: Mrs. Mabaeti A. Lerotholi of Lesotho; Mr. R. Majaja of Zimbabwe; Mr. C.V. Nyavor of Ghana; Mr. Samuel Agun of Nigeria; Mr. Ahmed M. Bur of Sudan; Ms. Tsholofelo Sebatha of South Africa and Mr. L.M. Mupita of Zimbabwe.

Assisting Dr. and Mrs. Little in caring for their guests were several Portlanders including Mrs. Azzree Lathan., who has visited Africa several times, and E.C. Ogbuobiri of Nigeria.

The visitors were escorted on their American tour by Stephanie Krebs and Phelix Boatwright of the U.S. State Department.

THIS FOR THE Twelfth District Conference for the 39th annual meeting of members of the Omega Psi Phi Fraternity, Inc., was "Manhood, Scholarship, Perseverance and Uplift: Principles to Uphold and Defend." The distinguished gathering, hosted by Zeta Nu Chapter of Portland, drew about 150 guests from a large western area to the headquarters established at the Marriott Hotel. Presiding officer of the conference

Black teenage dropouts, the threat of automation blocking access through unskilled employment, the need for better education and for better homes.

"Our past contains the formula for our future," Bell said.

Another evening, Calvin Morris, Ph.D., of Howard University, was guest speaker at the closing banquet. The conference ended with a large number of conference participants attending a church service at Hughes Memorial Methodist Church where the Rev. Wayne Reynolds, a Zeta Nu member is minister. The Rev. Reynolds is also the Omega Psi Phi district chaplain.

MATTHEW PROPHET, Superintendent of Portland Public Schools spoke recently to members of the Metropolitan Club, at a luncheon for the group held at the Red Lion restaurant on Lincoln street. The club has 1600 active members counted among 5,000 in the metro area—all friends or graduates of the University of Portland.

Prophet, who shared the lectern with Fa. Thomas Oddo, C.S.C., President of the University of Portland, was introduced by John Sheils, President of the Metropolitan Club. Prophet's address was directed at recognition of current cooperation of private schools and public schools on the behalf of all children. He noted that University of Portland has a volunteer tutoring program working with students attending a nearby public school.

WALTER BRIDGES, well-known Portland musician, was among the individuals and organizations honored at a 1984 Arts Awards luncheon on Monday, May 21st, at the Mayfair Room of the Westin Benson Hotel. Hosts for the civic recognition event, attended by about 200, were The Junior League of Portland, the Metropolitan Arts Commission and the Portland Chamber of Commerce. Kathy Smith of KEW-TV acted as mistress of ceremonies.

James De Priest and his Oregon Symphony Orchestra were among the honorees as were Howard and Jean Vollum of Tektronix, Inc., and the owners of McCormick and Schmick's Restaurant. All those honored received gifts of hand-made pottery. Presenter was Clifford Carlson.

Guest speaker was witty Don Jones of Chevron U.S.A., Inc., who



Shown at the Omega under-graduate luncheon are (l-r) Kenneth Adair, district marshal; Lyonell Hensen, vice district representative, Los Angeles; guest speaker Derrick Bell, Dean of Univ. of Oregon Law School; and James Grady, district representative, Oakland, CA.

was James A. Grady II. Greetings from the City of Portland were presented by City Commissioner Charles Jordan and Mayor Frank Ivancie. A full agenda for the four-day business meeting ran smoothly with recreation time fitted in tight scheduling.

Basileus for the Host Chapter, Albert V. Mouton, vice basileus, Julius Evans, coordinator, Julius Stokes, state representative, Fred Jackson, keeper of records and seal, Cornett Ferrell, keeper of finance, and Kenneth Adair, headed and worked on several committees for the arrangements.

Informal hospitality for the gathering included a basketball tournament, a bid whist tournament, a talent hunt, a get-acquainted dance for wives and sweethearts, a job fair and a founder's banquet with dancing.

At an "Undergraduate Luncheon," Derrick Bell, Jr., Dean of the University of Oregon Law School, spoke to members and guests reminding all to remember the past and to refrain from complacency over gains the race has made and to remember that there are challenges ahead to be met. Bell drew attention to "Black families broken in numbers unlike anything in history," Black unemployment,

gave some helpful suggestions and warnings for artists in making requests for financial aid from large corporations.

Bridges came to Portland in 1943, after many years on the road with big bands as a trumpet player. According to Carolyn Gladden's, *The First Book of Oregon Jazz*, Bridges founded "Ebony Six", the first integrated band in the area. As the first Black member of Musicians' Union Local #99 in Portland, he did live radio broadcasts and played for special events and private parties. His 18-member band had the Count Basie sound and proved popular in night clubs of the time. Thara Memory, a confirmed devotee of Walter Bridges' style, was frequently a guest star trumpet player with the Walter Bridges aggregation.

MEMBERS OF St. Andrew's United Church of Christ are honoring the Rev. Louis Osborne, Jr., and his family with a farewell program and reception at the church on Sunday, May 27th at 4:00 p.m., for their outstanding service to the church and community. The family expects to move to Texas in the immediate future. The public is invited to attend.

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(l-r) Dr. Garfield De Bardeleben, guest speaker at annual meeting and Nathan Nickerson, Executive Director of The Center for Community Mental Health. (Photo: Lonnie Bradley)

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