

The fabulous 45-minute dinner

A MENU THAT SAVES TIME AND MONEY

- Crunchy Bean Salad
- Beef and Beer Stew with Noodles
- Dinner Rolls
- Hot or Iced Tea
- Minted Fresh Fruit

Does a menu that can be prepared in 45 minutes from start to finish appeal to you? One that can be served for company and is at the same time economical? The preceding menu has it all, including a game plan to follow.

It begins with a protein-rich Crunchy Bean Salad. Convenient ready-to-eat pork and beans in tomato sauce, that have been chilled, are combined with fresh cucumber, mushrooms and red onion before being marinated in a chili-spiced dressing. Upon serving, the salad is turned into a bowl lined with fresh greens and accents of ripe avocado slices for a meal entree that is as attractive as it is economical.

The main course is Beef and Beer Stew with Noodles which calls for all-beef franks for better taste and less fat. Chunky beef soup contributes tender chunks of beef and takes all the work out of making a richly-flavored beef sauce. Beer is an ingredient that gives this dish real pizzazz.

A fruit desserts rounds out this quick but very enjoyable dinner. Strawberries, tangerines, bananas or a combination of the three are cut into bite-sized pieces and sprinkled with a little lemon juice and sugar.

Crème de menthe (or mint flavoring syrup), approximately 1/4 cup, is tossed with the fruit before chilling. If you're ambitious, home-baked sugar cookies are a fine accompaniment, but store bought brown edged wafers nicely fill the bill.

By following this carefully planned outline, this entire meal can be

on the table in only 45 minutes. You will spend a little time in the kitchen and a lot of time with family and friends.

45 minutes before dinner

Prepare vegetables for salad and mix everything but the avocado.

35 minutes before dinner

Prepare fruit for dessert and chill.

25 minutes before dinner

Set table. Heat water for noodles.

20 minutes before dinner

Prepare Beef and Beer Stew. Heat through.

10 minutes before dinner

Pop rolls into oven. Cook noodles. Arrange salad on bed of greens.

CRUNCHY BEAN SALAD

- 1 can (16 ounces) pork and beans in tomato sauce, chilled
- 1/2 cup chopped cucumber
- 1/4 cup sliced fresh mushrooms
- 1/4 cup chopped red onion
- 2 tablespoons creamy French dressing
- 1/4 teaspoon chili powder
- 1 medium avocado, sliced
- Salad greens

In a large bowl, combine all ingredients except avocado and salad greens. Cover and refrigerate until ready to serve. To serve: Stir in avocado; arrange on salad greens. Makes about 4 cups or 8 servings.

BEEF AND BEER STEW WITH NOODLES

- 2 tablespoons butter or margarine
- 1/2 pound frankfurters, diagonally sliced
- 1 cup sliced onions
- 1 large clove garlic, minced
- 2 cans (19 ounces EACH) chunky beef soup
- 1/4 cup diced pimento
- 1/8 teaspoon pepper
- 3 tablespoons cornstarch
- 1 cup beer



Try tasty Beef and Beer Stew with noodles and Crunchy Bean Salad the next time you need a quick dinner menu that's fit for company.

Cooked noodles

In 3-quart saucepan over medium heat, in hot butter, brown frankfurters and cook onions with garlic until tender. Add soup, pimento and pepper. In cup, blend cornstarch

with beer until smooth; gradually stir into hot soup mixture; cook over medium heat, stirring constantly until thickened. To serve: Pour over noodles. Makes 7 cups or 7 servings.

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Moms and dads alike will be pleased with Convenient Food Mart's wide selection of family favorites in every section of our store. We feature farm fresh produce and dairy products as well as special menu makers for special occasions.

How to order...

Our personnel will advise you on a choice of tray to meet your particular party needs. Just make your choice and relax! We'll do the work for you.

ORDER IN ADVANCE

When ordering your deli tray, please call as far ahead of time as possible. Our custom-made specialty trays will be designed to your order and prepared the day of your party.

but allow a little extra time for the careful preparation you deserve!

PICK-UP TIME

To ensure maximum freshness your order will be kept refrigerated until your arrival. And since your neighborhood Convenient Food Mart store is open 7 days a week until midnight, you'll be able to pick-up your tray as close to party time as you'd like.



RELISH TRAY

For fun get-togethers, how about our colorful relish tray? Fresh, crispy, hand-cut vegetables and tangy relishes are attractively arranged around our tasty dip. A dunk and crunch assortment to complement any table setting.



ASSORTED CHEESES

For all cheese lovers everywhere... a delicious assortment of our quality domestic cheeses. Either sliced for sandwiches or diced for snacks, each tray is a tempting attraction for your party table!



Delicious party and specialty trays are a delightful way to add flavor and fun to any social gathering. Our trays are carefully prepared with a mouth-watering assortment of favorite snack and sandwich ideas. Having a party? Let us do the work for you. Take home a Convenient Food Mart party tray and be your own guest!



DELUXE MEAT TRAY

Next time you're entertaining, treat your guests to our deluxe meat tray. A variety of six delicious meats invites them to create sandwiches to their liking. Each tray is carefully prepared and attractively granshed for mouth-watering appeal!

If you're having a party... let us help you.



Larry Willson's Convenient Food Mart

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