

# Parties Jamaica style



Add sparkle to holiday parties with cool Jamaica Rum Swoozers and Bird in A Bath, a chicken main dish with mushrooms, Bermuda onions and rum-spiced gravy.

Any time of year at all is exactly the right time for Jamaicans to have a ball. The land where reggae was born, where arts flourish right along with the out-of-this-world flowers and fascinating fruits, is the same land that enjoys food and drink. After all, the loveliest of rums are made there, by Appleton Estates, a very old name in the rum arena, where they still have in use aged copper stills to give their rums their distinctive flavor. And the Blue Mountain coffee, judged to be the best coffee anywhere, is at home in sunny Jamaica. Allspice is a very big berry when you consider that Jamaica provides 85 percent of the world's supply. And their ginger is a staple on any spice shelf in our country.

Jamaicans who are celebrating their twenty-first year of independence are making a year-round festival of the event. So—let's have the merry tinkle of a mile-high rum drink, get out the festive decorations, and have a ball! Make life happier with a dish everyone will like, chicken with marvelous mushrooms, topped with thinly sliced Bermuda onion, and nesting in a sauce that ends up in a super rummy gravy. This is a dish to serve with rice, some yams are good with it, too, and can be served in the backyard, at the pool or on a picnic.

### JAMAICA RUM SWOOZERS

- Juice of 1 lime
- Juice of 1 lemon
- Juice of 1 papaya
- 1 teaspoon pineapple juice
- 2 ounces White Rum

Pour into 16-oz. glass, stuffed with ice cubes. Stir until glass is frosted. Then add another ounce of White Rum and top off with 1/4-teaspoon Rumona, the rum liqueur. Decorate with slices of lemon, lime, and whatever else is at hand, like mint.

### BIRD IN A BATH

- 2 broiler-fryer chickens, cut in serving pieces
  - 1/2-cup, or 1 stick, butter or margarine, or coconut oil
  - 1 teaspoon pepper
  - 2 Bermuda onions, sliced
  - 1/2-pound fresh mushrooms, sliced
  - 2 cans cream of watercress soup or same amount home-made
  - 2 oz. Gold Rum
- Preheat oven to 400°F. Bake 15 minutes. Take out of oven and place onion slices over chicken pieces. Add sliced mushrooms. Combine cream of watercress soup with rum and pour over chicken, onions and mushrooms. Reduce oven temperature to 350°F. and bake 1 hour. Serve over rice. Serves 8 easily.



### School Men

- Monday, Nov. 7: Mexican shredded lettuce and tomato, whole kernel corn, apple wedges, milk.
- Tuesday, Nov. 8: Italian spaghetti, tossed salad, warm garlic bread, mixed fruit, milk.
- Wednesday, Nov. 9: Hawaiian pizza, carrot coins w/ranch dip, chilled pears, nibbles, milk.
- Thursday, Nov. 10: Oven baked chicken, whipped potatoes/gravy, tossed salad/dressing, orange half, carrot-raisin bread, milk.
- Friday, Nov. 11: VETERAN'S DAY: NO SCHOOL.

## Sabrina's Hair Boutique

7414 N. Albina (off Lombard) 286-1189

Thanksgiving Time Special on Curls.  
Still on until Jan 2, 1984. Relaxers included.



Reg. Price	Now Price
Curls . . . . . \$45 <sup>00</sup> to \$50 <sup>00</sup>	Special . . . . . \$25 to \$35
Relaxers . . . . . \$25 <sup>00</sup>	Special . . . . . \$15 <sup>00</sup>

Conditioners included with both services.

Just bring this coupon with you when you come for your appointment.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

To show our appreciation for everyone who has patronized us, Sabrina's will be giving 2 turkeys away for Thanksgiving.

Drawing Nov. 22nd

# Famous Brands Sale



## Round Tip Roast

Tender, Juicy Safeway Quality Beef, Boneless. A Favorite Oven Roast.

**\$1.78**  
Lb.

**SUPER SAVER**

## Pork Roast \$1.28

Safeway Quality Blade Butt Cut Roast Lb. **1**

## Pork Steak \$1.38

Blade Cut - Economical Full-Flavored, Lb. **1**

## Boneless Turkey \$1.58

Norbest 3-5-Lb. Size Lb. **1**



## Bel-air Vegetables

Choose From Mixed Vegetables, Green Peas Or Peas & Carrots

**\$1.29**  
Frozen, 32-Oz. Bag Ea.



## Tomatoes

Choose From Stewed Or Whole Peeled Town House Canned Tomatoes, 16-Oz.

**2 For \$1**

Save 10¢ Or More

## 8-Pack Coke

Choose From Regular, Diet Or Caffeine Free Coke, Tab Or Sprite

**\$1.77**  
16-Oz. Btls. Plus Deposit



## Bath Tissue

Family Scott, 4-Roll Package, 1-Ply, Ass't'd Prints

**69¢**  
Ea.

Limit Two  
Save 30¢ Or More



## Fancy No. 1 Bananas

**28¢**  
Lb.

## Salad Size Tomatoes

Ripe And Ready To Add Color And Flavor To Your Salads!

**2.98¢**  
Lb. Bskt

## Fresh, Tender Broccoli

Great Served With Cheese Sauce Or Hollandaise!

**49¢**  
Lb.

## Fancy Fresh Mushrooms

Perfect For Topping A Salad Or Sauté And Serve With Your Meat Dish!

**\$1.59**  
Bulk Lb.

## Red Delicious Apples

Extra Fancy, Sweet Fresh Packed Oregon Grown Apples

**3 \$1**  
Lbs.

Tomato Sauce Town House, 8-Ounce **6 For \$1**

Pork & Beans Van Camp's, 16-Oz. Can **39¢**

Cottage Cheese Lucerne, Low fat, 16-Oz. **68¢**

Grapenut Cereal Post, 24-Oz. **\$1.99**

Detergent Cold Power, 84-Oz., 40' Off Label **\$3.59**

Aluminum Foil Reynolds's, 25' x 12" **69¢**

Shampoo Johnson's Baby 11-Oz. **\$1.79**

Toothpaste 7-Ounce Gleem **\$1.29**

Tampax Tampons, 40-Count Slender Reg. Original Reg. SuperPlus Super **\$2.59**

Price Effective Wed., Nov. 2 Thru Tues., Nov. 8 At All Safeways In The Immediate Area Of Originating Publication. Sales Limited To Retail Quantities.

