



Have a safe Halloween

Here are some tips for parents from the National Safety Council to help children enjoy a safe, happy Halloween:

Costume
Design the costume so children can easily walk without tripping or entangling feet. Have children wear comfortable, well-fitted shoes. All wigs and beards should be designed so they don't get into children's faces, obscuring vision.

Use light colors so children show up at night. Or, use reflective tape on costumes. Buy flame retardant costumes or make them from flame retardant material.

Design costumes to expand, so if it's cold, warm clothing can be worn underneath.

Face design
Use face makeup rather than masks so children can see easily.

Children can draw pictures of the faces they want parents to design on them.

Apply cold cream base and then design faces with makeup, pencils, lipstick, rouge, blush, eye shadow or clown white. Types of faces can include witches, goblins, ghosts, pirates, Indians, gypsies, clowns, devils, cartoon characters or popular television and movie characters.

Accessories
Have children carry white shopping bags or use reflective tape design on bag. Carrying flashlights will help children see better and be seen more clearly. Make knives, swords or other accessories from cardboard rather than have children carry sharp objects.

Instructions
Before your children leave, discuss the following with them: What route do they plan to follow? What time will they return? If children are young, who will supervise them? If children are older, with what companions are they going?

Selection
Children should stop only at houses or apartment buildings which are well lit. Have them go only into familiar neighborhoods.

Pedestrian safety
Children should abide by these rules: Avoid using bicycles of costumes can get caught in the spokes.

Drug, drink meeting set

Portland Public Schools' Alcohol and Drug Task Force hears public testimony on Oct. 25 (a Tuesday).

The meeting is scheduled at 7:30 p.m. in the auditorium of the Robert W. Blanchard Education Service Center, 501 N. Dixon St.

The task force has proposed a student-assistance drug and alcohol abuse prevention program for the school district.

Leslie Haines, task force chairman, said the proposal includes general public information, target-group education, group prevention activities, individual guided interventions, referrals to treatment, reintegration of recovered students and aftercare support.

Copies of the task-force proposal may be obtained and scheduling of public testimony may be accomplished by contacting Marilyn Richen of the PPS Student Services Dept., 255-7210.

Written testimony may be submitted to the Alcohol and Drug Task Force, Portland Public Schools, Glenhaven Office, 8020 N.E. Tillamook, Portland, OR 97213.

School Menu

October 24: Mexican taco, shredded lettuce & tomato, whole kernel corn, birthday cherry shortcake w/ whipped topping, milk.

October 25: Beef stew, green beans, maple glazed roll, orange wedges, milk.

October 26: Cheese-tomato pizza, carrot coins with ranch dip, pear halves, nibbles, milk.

October 27: Fish 'n' chips, tossed salad with italian dressing, warm French roll, apple wedges, milk.

October 28: Chicken salad sandwich, tater tots, celery with peanut butter dip, sliced peaches, milk

Walk on sidewalks, not streets. Cross busy streets at intersections or crosswalks. Look both ways before crossing. Avoid running out between parked cars. Wait for proper traffic signals when crossing. If there are no sidewalks, walk on the left side of the road, facing traffic.

Treats
Have children save their candy until they get home so it can be checked before eating. Give them a meal or snack before going out so they won't be tempted to eat candy before they get home.

Parents should examine all candy. Discard unwrapped or loosely wrapped items.

Wash fruit and slice it into small pieces, checking for inedible additions.

If anything is suspicious about treats, report it to police.

Preparing your home
Keep dogs away from front doors so they won't frighten children. Keep a light on so it's easy to see steps. Pick up tools, ladders, playthings or other objects from the yard so children won't trip. Using

flashlights in jack o'lanterns is safer than candles.

Motorists
Slow down in residential areas. Obey all traffic signs and regulations. Watch for children darting out from between parked cars. Watch for children in dark clothing walking down the road, on the shoulders or on the median. Watch carefully when backing out of driveways. If you're driving children, make sure they fasten seat belts. Have children get out of car on the curb side away from traffic.

Italian DAYS

Jumbo Avocados
39¢ Ea.

Sweet, Crisp Celery
29¢ Lb.

Extra Large Peppers
18¢ Ea.

Gold Medal Flour
Reg. or Self-Rising 5-Lb. Bag **99¢**
Stock-Up. Buy A Case!

Town House Chili With Beans
Reg. Or Hot 15-Oz. Can **2.99¢**
Stock-Up. Buy A Case!

German Swiss Cheese
A Natural Hard Swiss Type Cheese Like Flavor & Pleasing After Taste **\$2.49** Lb.
Stock-Up. Buy A Case!

Long Spaghetti Or Elbow Macaroni 32-Oz **99¢**
Tomato Sauce Town House 15-Oz. Can **3 For \$1**
Jeno's Pizza Ass't Varieties, 10.3 to 10.8 Oz **99¢**

Green Beans Town House, Cut Or Sliced, 16 Oz. **3 For \$1**
8-Pack Coke Reg. Diet. Sprite, Tab. Caffeine Free, 16 Oz. Btls. Plus Dep. **\$1.87**
Mac & Cheese Mission, 7.25 Oz. Pkg **3 For \$1**

Jonny Cat, Cat Litter Green Gard 10-Lb. Bag **\$1.29**

Sales Limited To Retail Quantities

Regular Ground Beef
Safeway Quality Beef. Delicious! 1st 5 Lbs. Additional Or Smaller. \$1.08 Lb.
89¢ Lb.

Lean Ground Beef
Safeway Quality Beef. Not To Exceed 23% Fat Content.
\$1.28 Lb.
Great For Stuffing Peppers

Chunk Bologna Scotch Buy Lb. **89¢**

Top Sirloin Steak Bone Less Lb. **\$2.89**

Hindquarter Sliced Bacon Turkey Roast Lb. **39¢**
John Morrell's 12 Oz. Pkg Ea. **98¢**

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