

LIVING SECTION

Hooray for funnel cakes



These mouth-watering funnel cakes are made by pouring batter through a funnel into hot oil. For a special treat, substitute fresh Oregon raspberries or strawberries for the canned preserves.

FUNNEL CAKES

- 1 1/4 cups flour
- 2 tablespoons granulated sugar
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1 egg, beaten
- 1/4 cup milk
- Oil
- Powdered sugar
- Apricot or strawberry preserves, heated

Combine dry ingredients. Add combined egg and milk, mixing until smooth. Holding finger over bottom, fill 1/4- to 1/2-inch funnel with 1/4-cup batter. Place funnel near oil; remove finger and pour batter into 1 inch of hot oil using circular motion to form 4-inch spiral. Fry until golden brown, turning once. Drain on paper towels. Sprinkle with powdered sugar. Serve warm with preserves.

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Workshops teach energy saving

by Robert Lothian

Ten home weatherization workshops will be held in King, Boise, Sabin and Vernon neighborhoods beginning in mid-October.

Coordinator Heidi Sherk, with Community Energy Project Northwest, said the free workshops "will help low-income people along as far as cutting down on energy consumption." Neighborhood residents who attend will learn simple ways to

tighten up their homes to save on utility bills and stay warmer this winter.

Sherk said the workshops are intended to spread energy awareness through low-income neighborhoods on a block-by-block basis. "It's patterned after the Neighborhood Watch idea in getting neighbors together," she said.

"We're trying to target people who fall through the cracks of other programs, and that often means

low-income people in inner Northeast," she added.

Residences and energy users tend to be the poorest and least energy efficient in inner Northeast, according to a Community Energy Project report.

"CEP sees an opportunity through its workshops to get basic weatherization measures done and provide useful conservation practices and ideas to the occupants," the report continues. "The residences would then be more efficient no matter who occupies them," utilities more affordable, and shut-offs less likely.

The program is co-sponsored by the Portland Bureau of Community Development, the Community Energy Project Northwest, the Northeast Coalition of Neighborhoods, Eliot Energy House and Pacific Power and Light Company. A \$3,250 workshop grant from the Portland Bureau of Community Development with additional money for weatherization materials is being administered by the Community Energy Project, with offices in the Eliot Energy House, 3116 N. Williams.

PP&L is providing workshop leaders, written information and notification of prospective participants, including low-income people who live in "perennially high usage residences," according to Sherk.

Weatherization kits with \$50 each will be available free to those who qualify under low- to moderate-income guidelines. The kits include caulking materials, weatherstripping, door sweeps and materials for making wood and plastic storm windows.

Senior citizens will be encouraged to attend because "they are particularly sensitive to cold," she said, adding, "we'll try to get some volunteer work crews together to install materials for seniors."

Sherk said the two-hour evening workshops will be held in the homes of volunteers throughout the four neighborhood area. Neighborhood residents with questions and those who would like to volunteer their home for a workshop can call her at the Community Energy Project, 284-7868.

In addition to the weatherization workshops, the Community Energy Project is sponsoring Energy Awareness Week from Oct. 22 - 29, with a full schedule of activities aimed at energy conservation.



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