

METROPOLITAN



Terry Londres, Community Health Nurse with WIC, provides nutritional counseling for young mothers.

(Photo: Richard J. Brown)

WIC targets women, children

GRASSROOTS NEWS N.W. — With the influx of monies generated by the 1983 "Jobs Bill," the Women, Infants and Children's supplemental food program (WIC) is launching an outreach to ensure that pregnant women, breastfeeding women and young children of metropolitan Portland are aware of the benefits made available to them under the WIC program.

Jean Lynch, Nursing Coordinator for the Sabin Clinic, says the premise of WIC is to aid in the prevention of medical problems through the amplification of nutrition. "We screen our clients for medical problems by looking at their medical history. We also look at their dietary patterns and if they are low in some areas we counsel them to dietary adequacy."

Counseling also includes dispatching a Community Health Nurse. "A CHN will look at the four basic food groups and will assess whether

they are above or below adequacy."

Incorporated in this assessment is a cultural sensitivity because many of their clients represent various nationalities and cultures and many are operating on a limited budget. "If you look at any diet, black American or Southeast Asian, they have within them areas of the four food groups — milk, meat, grain and fruit and vegetable. We do not try to change their diet, but we do try to compromise the two. Our main goal is to create adequate nutrition." Lynch says that for many of the ethnic groups in the area, Vietnamese or Ethiopian, an interpreter is required. "We have some who bring in their own."

Although children up to five years are eligible for WIC, the focus of this renewed outreach is pregnant and breastfeeding women. "In order to have good viable babies we are focusing on these two groups. There is a great correlation between

the nutrition of the mother and the health of the baby. This takes care of any anomalies (abnormalities) that could occur. We also find out if they are smoking or engaging in social drugs like marijuana, cigarettes or alcohol. I'm not implying that our clients are highly involved in social drugs, but if we do find it we give them the rationale against it."

WIC provides participants with monthly food vouchers of a maximum dollar value of \$30.00 for infant cereal, juice and formula, iron fortified cereal, pasteurized milk, domestic cheese and unsweetened juices.

Jean Lynch stresses, "If there are any pregnant women or families with children under five who are in nutritional need, we are located at 3601 N.E. 15th at the Sabin Health Clinic. Just call us at 248-5055 and we can arrange to screen you right away."

Butte Hotel houses elderly

by Chuck Goodmacher

The nation's first Single Room Only (SRO) Hotel to be occupied by people participating in the HUD Section 8 rental assistance program, the Butte Hotel, opens August 1. Elderly and handicapped residents need not pay more than 30% of their income under the program.

The Burnside Consortium brought together financing from four different sources to renovate the hotel. According to Dellanne McGregor of the Consortium, the National Trust for Historic Preservation, the Nemer Investment Company, the Portland Development Commission and the Collins Foundation each provided assistance.

The Butte Hotel renovation is only the most recent effort of the Burnside Consortium to retain quality housing in the area without displacing community residents. McGregor said that many residents have been forced out of the area as residential buildings are either upgraded or converted to other uses over the past 10 to 15 years. Many "economic development" and "urban renewal" projects have produced this effect throughout Portland and other major American cities.

While McGregor noted that other areas of the city have buildings similar to the Butte Hotel, (retail on the ground floor and housing above), she said that Old Town benefits from being designated a Historic District. Specifically, Historic Districts are zoned for maximum building heights of four stories; properties are eligible for a tax assessment freeze; and owners are eligible for preservation tax credits.

One source of the rehabilitation financing is available to projects throughout the city, however. Investor Rehabilitation Loans from the Portland Development Commission, for instance, also recently helped make possible the Union Square mini-mall development to open in August.

The Burnside Consortium now owns 300 housing units and maintains over 600 others as a non-profit corporation.

Government continues war against Indians

Three Native Americans have been sentenced to five years in prison for "poaching" salmon on the Columbia River. David Sohapp and his son, David, Jr., of Cooks Landing, Washington, and Bruce Jim of Warm Springs, were among 19 people charged with illegally catching and selling salmon follow-

ing a two-year undercover investigation. The Indians claim their right to the salmon under treaties with the United States.

Illegal Indian fishing was blamed for "missing" salmon that did not show in the fish count at the dams. On June 9, 1982, the National

Marine Fisheries Science/Commerce Department claimed that the arrest of 35 Indian fishermen would end the depletion of the fish and "the extent of illegal fishing revealed by the investigation verifies the position of law enforcement officials that illegal fishing has been a major factor in the loss of adult salmon from the Columbia River."

Two days after the verdict a NMFS study showing that the fish were not "missing" but had changed their spawning habits was made public. It now appears that the Commerce and Justice Departments proceeded to prosecute the Indians even after they knew they were not responsible for the emergency on

the river.

Federal Judge Jack Tanner sentenced the three men to five years in prison, followed by five years probation, even though this was their first conviction. Tanner ruled in pretrial against over 100 defense motions and refused to allow a treaty defense. He also ruled that the Lacey Act — which supercedes treaties in regulating fish and wildlife — is constitutional.

Over 30 cases remain to be tried in Oregon and Washington. Trials are expected to take place in August.

At stake is the Indians' right to fish according to treaty and international law and the sovereignty of the tribes.

Advisory boards need citizens

Citizen's Budget Advisory Committees for 14 Portland City bureaus are being recruited for next fiscal year. The Budget Advisory Committees are assigned to specific bureaus to review and make recommendations on their proposed budgets and policies. Recruitment is coordinated through the Office of Neighborhood Associations. Appointments are made by the Commissioner-in-Charge of the bureaus. Positions are available on the following committees: Bureau of Buildings, Bureau of Computer Services, Bureau of Fire, Bureau of Fleet Management, Office of Housing & Community Development, Bureau of Human Resources, Bureau of Licenses, Office of Neighborhood Associations, Bureau of Parks, Bureau of Personnel Services, Bureau of Planning, Bureau of Police, and Department of Public Works; Transportation and Sanita-

tion & Solid Waste.

Applications will be accepted until July 25, 1983, and are available to interested City residents by calling the Office of Neighborhood Associations at 248-4519.



Boise kindergarten students taste success as they celebrate their promotion to the first grade: (Front row): Tyniko Cotton, Antonio Porter, Shy Reeta Williams, Tiona Curry, Martinique Johnson, Edward Williams, Albert Bryant, Matthew Loving. (2nd row): Isaac Tillman, David Jenkins,

Kunta Jones, Trent Berry, Kizzie Jackson, Jorita Martin. (Back row): Teacher Bertha Walker, Carlotta Johnson, Rodney Spain, Shalonda Brown, Cathy Graham, Dishiran Croskey and Teacher Aide Janice Brannon.

(Photo: Richard Brown)

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7:00 p.m.-2:30 a.m. • August 6, 1983
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7:00 p.m.-8:00 p.m. A no host bar with complimentary hors d'oeuvre.
8:00 p.m.-10:00 p.m. Program to honor Mr. Ford.
10:00 p.m.-2:00 a.m. A dance featuring The Lloyd Allen Band.

Please write The Reunion, P.O. Box 11056, Portland, Or., 97211 immediately to confirm your attendance. If more information is needed please call:

Gloria (Tims) Dean 1-503-284-3680
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