



# OBSERVATIONS

FROM THE SIDELINES

by Kathryn Hall Bogle

The Albina Ministerial Alliance and its programs were hosts, and featured guests as well, the Thirteenth Anniversary Banquet held at Dishman Community Center on Saturday evening, May 14.

At least 300 persons queued up for a buffet supper served prior to the evening's program headed by Kay Toran, director of Affirmative Action for Oregon State, who was principal speaker.

Toran's speech, titled "If We Don't, Who Will?" targeted directly at the black community, called for a renewal of vigorous attention and action to guard gains made and to make further gains in all important areas of life in the central stream for black citizens.

The Rev. Ira Mumford, as master of ceremonies, conducted the program with wit and humor following the group singing of "Lift Every Voice" by Dayton Smith. Invocation was by the Rev. J.C. Foster. The Rev. Matthew Watley introduced the guest speaker. Songs of joy were offered by a male vocal group, "The Mighty Wings of Faith."

The Rev. John W. Garlington, Jr., president of AMA, gave Cornetta Smith a "great big thank you" for "extraordinary Christian service and dedication to programming for AMA and to the staff of Family Day and Night Care, an agency conducted by AMA to provide childcare in private homes.

Other AMA awards for distinguished service, presented on the behalf of AMA by Cornetta Smith, went to the Rev. Marge Green of the Ecumenical Parish and to the Rev. Louis Miller of N.E. Lutheran Mission. Also receiving awards were Joseph Sloan, Deather Sloan, James Dominge, Clarine Smith and the Community Relations Team of Pacific Northwest Bell. Benediction was by the Rev. R. Andrews-Bryant.

Herb Cawthorne, many-talented as a speaker-author-monolog-



John Coleman, Episcopal lay minister of Richmond, Virginia, chats with Deacon Alcena Booser of St. Philip.

ist, will present his portrayal of "Frederick Douglass" in a performance at Catlin-Gabel School on Friday evening, May 20, at 8:00 p.m. Called "Agitate: Our Work is not Finished," the performance is to be repeated May 21 and 22, and again on May 27, 28 and 29. Sunday evening performances are at 7:00 p.m.

A knowledgeable Portland School Board member, Cawthorne was recently elected to the 13-member Urban Boards Steering Committee of the National School Boards Association. The committee program is to develop information, research and to report on issues affecting school systems in the 72 cities of the United States with populations over 100,000.

John Coleman, a lay-minister in the Episcopal diocese of Virginia, was in the city as a member of the speakers' teams of the Moral Re-Armament Conference held here at the Holiday Inn-Airport on last Friday thru Sunday.

While in the city, Coleman was invited to preach at a Sunday morning service at St. Philip Church by the Rev. M. Ramsey Schadewitz.



Judge Aaron Brown and his wife, Alvenice, with Judge Wilson Aryamba, from Khartoum, Sudan.

Coleman also gave Invocation in the State Senate at Salem, May 10, and later he had an audience with the Rt. Rev. Matthew Bigliardi, Bishop of the Episcopal diocese of Oregon. He returned to his home in Richmond, Virginia, this week where he is the director of the Peter Paul Development Center.

Jefferson High School, on its toes for good public relations, regularly entertains visiting educators and persons interested in public education by offering scheduled tours of the building and a look-see at Jefferson programs.

Conrad Hunte, of Barbados, who conducted a seminar, "Enriching Not Enraging Each Other," for the Moral Re-Armament Conference week ending in Portland, also addressed a Jefferson class on "Leadership." Students were treated to an extra talk by Hunte when they insisted on hearing him discuss the "how-to" of playing cricket, the game which made Hunte world-traveled and famous in 17 countries where the sport is No. 1 on sports charts.

Hunte, Cleiland Donnan of Richmond, Virginia, and Ann Rignell of

London, England, were also guests at a performance of the Jefferson Dancers in the high school auditorium.

Bobbi Gary is at home following her trip to Iowa City, Iowa, to attend the graduation of her daughter, Carla Gary, from the College of Law at the University of Iowa.

Pioneers in the history of Oregon will be honored at a dinner in the Grand Ballroom of the Hilton Hotel on Friday, May 10. The Oregon Lung Association, through its Pioneer Committee of Oregon, will host the affair expected to draw hundreds of patrons. Chairing the banquet is Gerry Frank, assisted by Leo Adler and Paul Phillips. Among the listed committee members is Pete McConnell, *Oregonian* reporter.

McConnell has presented to the committee for inclusion among those to be honored, the name of McCants Stewart, the first black attorney in the state of Oregon, who was licensed to practice law in this state in 1902. McCants Stewart's contribution to the history of the city of Portland and to the state of Oregon was a feature story in the Black History section of the *Portland Observer* during February of this year.

McCants Stewart's daughter, Katherine Stewart Flippin of San Francisco, will arrive in the city to attend the banquet. General tickets are \$35.00. Patrons will pay \$75.00 a plate.

Judge Aaron Brown and Mrs. Brown entertained 20 friends at a buffet supper Friday evening on the terrace of their home which overlooks the Willamette River. Honored guest at the informal barbecued salmon steaks cookout was Wilson N. Aryamba from Khartoum in the Sudan. Aryamba, a judge of the Supreme Court of the Sudan, is president of the Court of Appeals for six regions of the Sudan. The country counts 20 million in its population occupying one million square miles.

Judge Aryamba, a guest in this

country of the United States Information Agency, has been in the company of 14 other nationals from other countries touring the U.S. for several weeks "to learn," said Aryamba, "how American government operates. I am interested particularly in observing how the separation of power is decided among the judicial, the legislative and executive branches of government. We are still developing our own system using the pattern of English and American systems.

"Our penal law system is derived from Indian civil law and needs updating," Aryamba said. Aryamba traced the geographical location of the Sudan as being about 200 miles north of the equator, and said the Sudan is friendly with all its neighbors. He said that the Sudan is not suffering from famine, but, "we could be better fed." Sudan took a neutral stand with Nigeria when other nations harshly criticized that country for its abrupt dismissal of the million persons expelled from Nigeria earlier in 1983, the visitor said.

Aryamba visited in Pittsburgh, Arkansas and Nevada in his assigned tour of the states. Part of the time was spent in Reno, Nevada, at the famous National Judicial College where judges of the nation register for refresher courses in subjects of their choice.

Gov. Vic Atiyeh has re-appointed Alvenice Brown to the state Scholarship Commission. Her appointment is subject to Oregon Senate approval. Brown was first appointed to the commission in 1981. Her term will begin July 1, 1983, and will expire June 30, 1987.

The seven-member commission administers a variety of student financial aid programs for Oregonians attending post-secondary institutions. Those programs include the Need Grant and Cash Award programs, the Guaranteed Student

Loan Program and the Medical/Dental Grant and Loan Program.

The commission also provides information to state agencies and the public regarding state, federal and some private financial aid programs.

Brown, the re-appointed commissioner, is manager of operator services for Pacific Northwest Bell. She is active in various professional and community organizations such as Progressive Business Women, American Business Women, and is past president of the American Society of Training and Development.

Brown is active with Junior Achievement, the Boy and Girl Scouts, and is a member of The Links, Inc.

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## Coalition fights hypertension

Washington, D.C.: "A healthy black nation derives from a healthy black people," declared Mona H. Bailey, national president of Delta Sigma Theta Sorority Inc., as she opened the first session of "Hypertension: Breaking the Silence," a national symposium at the Howard Inn on the Howard University campus, Saturday, April 23.

Television anchor Renee Pousaint (WJLA-TV in Washington, D.C.), the session's keynoter, said, "As black people, we are killing ourselves." She cited a recent D.C. study showing 15,000 drug addicts and 60,000 alcoholics and national data revealing that one out of every four black Americans has hypertension or high blood pressure.

"Black women have twice the number of heart attacks as white women," Charles L. Curry, M.D., chief, cardiovascular diseases, Howard University Hospital, told the conference. Black women, statistically, suffer slightly more from hypertension than black men — 31 percent of black women to 30 percent of black men.

"The problem is not properly addressed," Dr. Curry continued. "Obesity is probably a major factor. We can't tell yet why blacks have more high blood pressure. It may be due to salt intake and greater stress. We know that Alaskan Eskimos don't have any appreciable high blood pressure and it seems to be because there is not much salt there. In Japan, where the diet has a large amount of salt, stroke is the No. 1 cause of death." High blood pressure is a major cause of stroke and heart attack.

Like Curry, Elijah Saunders, M.D., chief of cardiology, at Providence Hospital in Baltimore, said, "A lot of our leadership worries about our people voting, but if they are not living, they can't vote or do anything else."

A research participant in a five year federal hypertension study, Saunders said that a community-focused intensive program of support: free treatment, bus service to clinics, babysitters, counseling and hbp drugs resulted in a 17 percent better performance among the low income patients studied. A

control group, that was also given medications but in a normal physician-patient fashion, did less well.

Also, in the high support group, he said, "blacks did twice as well as whites, and among those with higher blood pressure levels, blacks did 5 times better than whites. All this proves," Dr. Saunders concluded, "that the system that is available for the care of high blood pressure is not as good for blacks as for other citizens."

He called for a national program that would include taking blood pressure readings by all health care professionals, among them dentists, nurses, pharmacists, etc.; setting up screening programs at work sites and in churches.

In Baltimore, an intensive screening and monitoring program was set up initially at 10 black churches and the number has grown to 75, Saunders said. He cautioned against mere screening and urged that community groups couple that service with education and follow-up of hypertensive individuals.

Church oriented programs will reach black women more than men, he added. Black men should be encouraged to seek medical treatment for hypertension even though 10 to 15 percent of treated males experience sexual dysfunction due to high blood pressure medications, he said. A change in drugs can often restore sexual loss, he noted.

"In any case, I give them the choice," Dr. Saunders said of male patients, "and let them decide."

## Welfare picket set

A coalition of human rights groups spearheaded by the Oregon Human Rights Coalition is sponsoring a picket line and demonstration at noon next Wednesday to pressure Ways and Means Committee Chairperson Vera Katz to expedite funding of the medically needy and two-parent family welfare programs. Fair treatment for A.D.C. recipients who are in the JOBS program is another demand of the picket to be held outside the welfare office at Tenth and E. Burnside. Other members of the organizing coalition include the AFL-CIO, Grey Panthers,

One million teenage Americans, aged 12 to 17, also have hypertension, according to Mrs. Madeline Lawson, a conference coordinator and education services officer for the Food and Drug Administration (FDA).

Also at the news conference, Mae S. Walton, president, National Tots and Teens Inc., a black youth group sponsored by black parents, said that stress and smoking are also causes for high blood pressure among black people.

She and Kidney Foundation local President Michael Elmer agreed that high consumption of sometimes overly salty junk foods may be a primary cause of teenage hypertension.

The Foundation is especially concerned about high blood pressure as it is a major cause of kidney failure.

"We want to involve the black community more in our activities," said Elmer. "At present, blacks are more reluctant than whites to donate organs for kidney and other transplants."

"It is unfortunate that so many people suffer from hypertension," Elmer declared, "when very simple things can alter the condition. Just a few intelligent steps, principally adjustments in diet, can help control blood pressure." Everyone who has hypertension should consult a physician to identify necessary steps: exercise, dietary changes, weight loss, medication, etc., to control the disease, Foundation spokespersons added.

the Oregon Anti-Hunger Project and Ecumenical Ministries. Joining them will be members from the Grassroots Legislative Coalition formed two weeks ago by the Black United Front, Albina Ministerial Alliance and the Citizens Party.

According to Janet Hawkins of the Oregon Human Rights Coalition the demonstrators "recognize the need to provide quality human service programs for low-income people." The bills funding the medically needy and two-parent family programs are currently stalled in the Ways and Means Committee.

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