



Tubman Middle School staff honored Bea Anderson, a Tubman teacher, with a luncheon: Joel Kimble, Annette Barnes, Ken Krause, Mrs. Anderson, Principal Herman Washington, Bob Fisher. Mrs. Anderson is the recipient of Portland Association of Teachers' George Wineger Award for Human Relations. (Photo: Richard Brown)

James Warren addresses NAACP

Hazel G. Hays, President of the Portland Branch of the NAACP announces that the guest speaker at the next meeting of the Portland NAACP will be the Honorable James Warren, Chief of the Office of Contract Compliance of the U.S. Department of Labor, Washington, D.C.

The Branch meeting will be held Sunday, February 20, at 4 p.m., at the First A.M.E. Zion Church, 109 North Skidmore.

Mr. Warren is very familiar with the Northwest area according to Mrs. Hays, as he was former Director of Contract Compliance for the Regional Office of the Department of Labor, Seattle, Region X. Mr. Warren has many acquaintances in Portland. NAACP meetings, which have been held on the third Thursday of the month for over thirty years, Hays points out, are always open to the public. The choice of speaker is in line with the NAACP's long-held interest in Labor and Industry.



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Transit administrator speaks



ARTHUR TEELE, JR.

The nation's number one federal mass transit administrator, Arthur E. Teele, Jr., is scheduled to address a national-level conference on Labor Relations and Transit at the Hilton Hotel, Portland, on Tuesday, Feb. 22, 1983, at 12 noon.

Teele, Administrator of the U.S. Department of Transportation's Urban Mass Transportation Administration (UMTA) and himself a labor lawyer, will discuss current national trends in transit labor relations, and the Reagan administration's initiatives to improve labor-management negotiations in the transit industry.

"Labor is on the front line," Teele noted recently, "and we must look to labor for leadership in our quest to improve transit productivity, and to effect the changes necessary to improve it."

Teele's address is part of a special two-day conference being presented Feb. 22-23 as the first major offering of Portland State University's new Transit Research and Manage-

ment Development Center, which is funded by an UMTA grant.

The PSU transit labor conference also will deal with the changing legal and procedural aspects of arbitration, as well as with contract preparation, negotiating, grievance procedures and related subjects.

A number of knowledgeable West Coast arbitrators and labor attorneys also will lead a series of workshop sessions on these topics.

PSU is one of eight universities recently selected by UMTA as sites for new Centers for Transit Research and Management Development.

Organizations cooperating to present the PSU conference are: Tri-Met, Portland; Seattle Metro; Pierce County Transit, Tacoma, Wash.; the University of Oregon's Labor Education and Research Center; the Federal Mediation and Conciliation Service (FMCS); the Amalgamated Transit Union Division 757, Portland; and the Washington State Transit Association.

Mid-east teach-in peace focus

Prospect for peace in the Middle East will be a subject discussed in *Mid-East For Beginners: A Teach-In on Israel and Palestine*, to be held this Saturday, Feb. 19th.

The teach-in will consist of an afternoon of presentations, workshops and discussions focusing on the background behind the people and conflict in the region. The event will run from 1 to 5 p.m. at Koinonia House, 633 S.W. Montgomery St., on the Portland State University campus, followed by a showing of the film, *We Are All Arab Jews* in

Israel, at 7 p.m. in Room 53, Cramer Hall, P.S.U. There is a charge for the teach-in (sliding scale) and film (\$2).

The United States plays an influential role in the Arab-Israeli conflict, yet the information available to Americans is usually biased and/or incomplete. The teach-in will offer the basic information needed to understand the situation of the Palestinians, the Palestine Liberation Organization, Zionism and the State of Israel, the occupation of the West Bank, and

Lebanon. Speakers and workshop leaders with divergent points of view will lead discussions on the issues, possibilities for peaceful resolution, and what can be done. The emphasis will be on dialogue, mutual understanding, and a search for peace.

The event is being sponsored by New Jewish Agenda, Democratic Socialists of America, and the P.S.U. Peace Research Group.

New Jewish Agenda is a national organization of Jews from various religious and secular backgrounds committed to fostering a progressive voice in the Jewish Community. Democratic Socialists of America is concerned with bringing economic democracy, feminism, and equal rights into the American scene. The Peace Research Group is a student organization at P.S.U. The teach-in is the first collaboration for the groups. For more information call 249-1957 or 236-5853.

Dinner benefits Venceremos Brigade

A Caribbean dinner at Mt. Olivet Church on Saturday, February 26th, will benefit the civil rights case of Lucien Loisean and the Venceremos Brigade.

Loisean is charging the State Department of Human Resources with discrimination. He has been attempting since 1976 to achieve a promotion in the Albina office, where only one black person has served as a supervisor. Loisean needs both moral and financial support for his case.

The dinner will also benefit the Venceremos Brigade which will send 200 U.S. citizens to Cuba this spring to live and work with Cuban people and build a hospital. Since the Cuban Revolution the Venceremos Brigade has broken the travel barriers to learn about the accomplishments of the Cuban Revolution and to offer friendship.

The dinner will be held from 11:30 a.m. to 2:30 p.m. at 116 N.E. Schuyler and is sponsored by the Miriam Circle of the Mt. Olivet Church. In addition to the dinner there will be a speaker, slide show and music. Donation is \$3.50.



Joey Johnson and Heidi Koerfer appear in *Antigone*.

U. of P. stages *Antigone*

A 1940s version of Sophocles' classic play *Antigone* will be staged at the University of Portland Mago Hunt Center theater Feb. 25-27 and March 4-6, at 8 p.m.

Antigone is a resistance play, says director Tom Lasswell. It deals with the abstract conflict between 'divine' law and man-made law and the tragic consequences that result from stubbornness and an unyielding spirit. "It is one of the plays that Ghandi said motivated him," Lasswell added.

This adaptation was written in oc-

cupied France during World War II. The university's production will change the setting to Latin America. A dictatorship that uses terrorism is the central focus. Original references to a king will be changed to ruler, dictator or leader, Lasswell said.

Heidi Koerfer of Fairbanks, Alaska, plays the lead of *Antigone*. Joey Johnson of Portland, is the dictator, Creon.

Tickets are \$3 general admission; \$2 students and senior citizens. Call the box office, 283-7287, for tickets and reservations.

My husband and I did everything together. We even decided on our funeral plans together.

When John died it was much easier for me. There were so many things that had to be done. I know I carried out his wishes because we discussed them ahead of time. We even had money put aside in a special plan available through our funeral home. It was a great relief, I wish more people knew about it.

If you'd like information call or write for our free booklet on funeral planning.

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FIRST VISIT TO THE DENTIST



YOUR CHILD'S first visit to the dentist's office can determine life-long attitudes toward dental care.

The American Dental Association advises parents to arrange an appointment with the family dentist around the child's second birthday, even before all the primary (baby) teeth have come in. This early visit is an important one; it will introduce your child to the dentist and may allow detection of dental problems at an early stage, when they are easier to manage and less costly to treat. It's a sad fact, but studies show that between 18 and 34 percent of all 7-9 year olds have one or more decayed teeth.

If your child first meets the dentist under emergency conditions, with an injured tooth or toothache, that initial pain-associated visit may instill fearful attitudes that last a lifetime. And if parents themselves are anxious about dental treatment, they should conceal this from the child, the ADA advises. They should try to avoid statements that imply the visit may be unpleasant, such as "It won't hurt."

Children take their behavioral cues from these verbal hints.

Besides introducing your child to the dental office, the first visit will be an educational one. The dental staff will teach your child proper brushing techniques and will stress the good oral habits that can prevent most dental disease leading to pain or tooth loss.

Children should have regular checkups, usually every six months. Your dentist may recommend more frequent visits, depending on the condition of your child's teeth, effectiveness of home hygiene and diet.

But the best way to encourage children to optimum oral health is through the parents' example. By taking care of your own teeth, you can help your children establish good dental habits. Everyone—adults and children alike—should follow the rules for good dental care:

- Brush and floss at least once a day;
- Limit sweet snacks;
- Use fluorides to strengthen tooth enamel against decay;
- Visit a dentist regularly.

George Washington's toothaches

Not only did George Washington have to fight the Revolutionary War with a half-starved army short on bullets and boots, but he had to put up with toothaches as well. During a campaign at Camp Middlebrook, New Jersey, he had such a painful abscess that a local blacksmith had to forge a pair of pliers and remove the tooth causing the trouble.

That wasn't the first time Washington had needed a tooth removed. From about the age of 22, he lost about one tooth each year. He must have found his dental problems embarrassing because he never discussed them directly in his letters, even when writing his dentist. When he needed dental treatment, he usually invited the dentist to spend the weekend at Mount Vernon, his home. The next Monday he recorded how much he had paid the dentist in his accounts book and made a note in his diary: "Home all day alone."

Washington's last tooth was removed shortly before he became President. His dentist, Dr. John Greenwood, had this tooth placed in a gold case, which he wore on his watch chain the rest of his life, as a sign of respect for Washington.

Because Washington was a wealthy man, as well as a toothless one, he got the best dentures money could buy. But in colonial America even the best dentures weren't very good. Two of his upper dentures and four of his lower dentures had survived. Contrary to folklore, Washington's denture bases were not made of wood (not even from the mythical cherry tree), but of lead, gold, and ivory. The teeth were carved from ivory or were taken from hippopotamuses, cattle, and people—perhaps a few from Washington himself. Although these dentures may have looked good when he first got them, they probably didn't look good for long. Some of these materials are stained easily by tea, coffee, and port wine, all of which he enjoyed.

Although he went to the best dentists of his day, Washington never got a set of dentures that fit well. Years ago dentures were made by trial and error. Dentists did not have the materials to make accurate impressions of their patients' gum ridges or good casting techniques for fashioning the dentures themselves.

To make matters worse, Washington had a difficult mouth to fit. Those who have studied his dentures say that his gum ridges got smaller and smaller through the years. That is why dentists today think he must have suffered from periodontal or gum disease, which produces bone loss.

So this February, when you see a picture of our first President, looking solemn and dull, his lips clamped together, have sympathy. Remember that his mouth hurt. Poor George Washington. He left everyone with a good impression except his dentist.

This message is brought to you by the American Dental Association, Multnomah County Dental Society, and your local Dentists below.

Dentist in the Old West

The men who went to California in the Gold Rush of 1849 didn't spend time worrying about their teeth. They went about their business until they had a toothache, and then had someone take the tooth out. That someone could be a blacksmith, a barber, a druggist, a doctor, or—if the miner was lucky—a traveling dentist.

Few towns in the Old West had enough patients that a dentist could stay put all year. Most dentists set up a home office in one of the larger communities and traveled to those who needed their services. Before arriving in a strange town, the "sawbrevet" or "sagebrush" dentist would advertise in the town newspaper or have handbills put up, announcing his arrival.

When he got to town, the dentist usually rented two rooms in a hotel—one for an office and another for sleeping—and started work. If he planned to stay around long, he might go to the local barber shop and rent a chair that could be tilted back and so that he could see inside the patient's mouth more easily. Office hours were arranged to suit the patients. During the Gold Rush, dentists worked evenings, by the light of kerosene lamps, when looking for gold was impossible.

Traveling dentists carried their supplies along with them in a saddle bag or suitcase, because getting supplies by rail was slow and uncertain. Among his possessions, the early dentist carried forceps and other dental instruments for extractions, dental alloy and mercury for fillings, and plates of Paris, hard rubber, and artificial teeth for bridgework.

Around the turn of the century, some dentists equipped backboards with foot-powered dental engines, lathes, and other devices so that they could provide a wider variety of services. The gold miner's crowns and bridges could safely be left out of the dentist's saddle bag. Five- and ten-dollar gold pieces were reasonably pure and always available, so plenty of them were hammered into bridgework on a blacksmith's anvil. Also, to show off their success, miners sometimes asked the dentists to fashion gold nuggets they'd found into crowns for their teeth, whether they needed crowns or not.

Life was a little less frontier days—not for dentists and not for their patients. If you've ever wished you lived back then, imagine that you've got a swollen jaw and are sitting in a barber's chair, having a tooth taken out, with whiskey your only anesthetic. Be glad that you live in 1983.

February is National Children's Dental Health Month

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