

Pistachio Sherry Cheese Ball with assorted crack ers and mugs of frothy brew or a full-bodied wine.

Pistachio cheese ball ideal for informal entertaining

The pleasing texture and rich flavor of Pistachio Sherry Cheese Ball make it an ideal snack or appetizer for informal entertaining. Crunchy with the distinctive flavor of Pistachios this cheese ball pairs well with assorted crisp crackers and mugs of frothy brew or a full-bodied wine.

Pistachio Sherry Cheese Ball is quick to prepare and easy to serve. And as a bonus for the cook, it can be made ahead and stored in the refrigerator, then brought to room temperature before serving.

Be sure and orfer guests a bowl of Pistachios in the shell, too. A fun snack to shell and munch, this nut has a unique, exotic flavor that makes for "can't stop" eating.

Available year-round, pistachios are excellent added to vegetables or fish butter sauces, favorite baked goods, salads or simply served au natural.

3 cups shreeded sharp Cheddar cheese 1 package (8 oz.) cream cheese, softened

1 to 2 tablespoons dry sherry

1 teaspoon mustard 3 drops bottled hot pepper sauce

1/4 cup chopped shelled Pistachios

Crackers or assorted raw vegetables Blend togetoer cheeses, sherry, mustard and hot pepper sauce. Chill about ½ hour or until firm enough to handle. Shape into a ball and roll in pistachios. Serve with crackers or raw vegetables. Makes 1 ball.

Tip: Pistachio Sherry Cheese Ball may be made ahead, wrapped and stored in the refrigerator. Bring to room temperature before serving.

Caribbean cooking

(Continued from page 9 column 3) kles or dents. Sofrito adds just the right flavor touch, too. Simmer the stew until the eggplant is tender and, for those very hearty appetites, serve with freshly cooked rice.

Bring a little Caribbean flavor into your life very soon!

CHICKEN AND OKRA SOUP

- 2 cans (19 oz. each) Chunky Chicken Vegetable Soup
- 1 can (16 oz.) Pink Kidney Beans, Caribbean Style
- 1 can (8 oz.) Tomato Sauce 1 tablespoon Sofrito
- 1 pound fresh okra, sliced

In a large saucepan, combine all ingredients. Bring to boil; reduce heat. Cook over medium heat 10 minutes or until okra is tender. Stir occasionally. Makes about 9 cups, 8 servings.

SHRIMP FIESTA

- 1 cup medium grain rice
- 2 cans (103/4 oz. each) Chunky Ham 'N Butter Bean Soup
- 1/4 cup chopped green pepper
- 1/4 cup chopped onion
- 1 small tomato, peeled, seeded and chopped
- 1/2 teaspoon Sazon Con Culantro Y Achiote
- 1/2 pound medium shrimp (31-35 per pound), shelled and deveined

Cook rice according to package directions. Meanwhile, in saucepan, combine soup, green pepper, onion, tomato and sazon. Bring to boil. Add shrimp; reduce heat. Cook over low heat 10 minutes or until shrimp are done; stir occasionally. Serve over rice. Makes about 3 cups shrimp mixture: 3 servings Pecine may be doubled.

BEEF AND EGGPLANT STEW

- 1/2 cup chopped frying peppers 1/2 cup chopped onion
- 1/4 teaspoon ground oregano
- 1 tablespoon olive oil 1 tablespoon sofrito
- 2 cans (19 oz. each) Chunky Beef
- 1 large eggplant (about 11/2 pounds). peeled and diced

In a Dutch oven, saute peppers and onion with oregano in oil until onion is limp. Stir in sofrito. Add soup and eggplant. Cook over low heat 20 minutes or until eggplant is tender; stir often. Makes about 7 cups, 6 servings.

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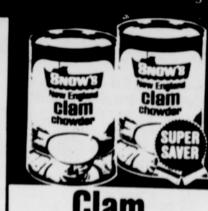
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