

Bits and Pieces

by Ruth Spencer

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Some people die a little daily almost forgotten with the hope that they and others, somehow, may live fully.

The Fleur-De-Lis Club is having its Annual Antique Tea, Sunday, November 14, 1-5 p.m., at the home of Mr. and Mrs. Luther Bell, 232 N.E. Graham. Mrs. Lillian Bell is president. Mrs. Julia Ganter is chairman of Antique Tea.

The Portland Section of the National Council of Negro Women will have its monthly meeting Monday, November 15, 1982, 7:30 p.m. at the King Neighborhood Facility. Mrs. Lenore Morris is president.

In what has been hailed as a landmark decision, the U.S. Fifth Circuit Court of Appeals became the first court in the country to recognize that a woman's decision to

breast-feed her child is entitled to constitutional protection.

Specifically, the Court held that a school board cannot prohibit a teacher from breast-feeding her child in private on school premises during a duty-free lunch hour unless the board can demonstrate that a sufficiently important state interest justifies such a prohibition. "Breast-feeding is the most elemental form of parental care," the court emphasized.

Oregon will receive \$250,000 of the \$9.8 million being reallocated nationwide for the special supplemental food program for women, infants and children (WIC) program. The additional money will bring Oregon's total of federal funds for the WIC program to \$10,435,722 for the fiscal year.

(Sponsored by American State Bank, B.F. Booker, President.)

STEAK, ITALIAN-STYLE

2 lb chuck steak, 1 1/2-in thick
Lemon juice
Olive or salad oil
Salt, cracked black pepper
Chopped parsley



Place steak on rack in broiler pan. Mix 1/4 cup lemon juice and 1/4 cup olive oil. Brush top of steak with some of mixture. Sprinkle lightly with salt and a few turns of the pepper mill.

Broil 3 to 4 inches from heat 15 minutes. Turn steak; brush with olive oil mixture; sprinkle with salt and pepper. Broil 12 to 15 minutes for rare.

Place on hot platter; spoon on any leftover oil mixture, sprinkle with chopped parsley. Slice thinly on the diagonal with sharp carving knife. Serves 6.

For well done steak: sprinkle each side with unseasoned instant meat tenderizer following package directions; broil as above.



TONY BROWN

Tony Brown's Journal, a television series that airs each Sunday at 5:30 p.m. on PBS is presenting a four-part mini-series that examines the treatment of Afro-Americans in the white controlled TV industry.

Part II of this mini-series will air November 15th—"Goodbye, Sgt. Ross?"

Brown believes black identity is in dangerous hands and that if black people can change their image on television and in movies, black people can change their condition in America.

Don't miss this important program.

William Arthur Webb has been sworn in as commissioner of the U.S. Equal Employment Opportunity Commission (EEOC).

During his nomination hearings before the Senate Committee on Labor and Human Resources, Webb declared, "As a black person, I know the debilitating effect it can have; and I have spent a large part of my personal and professional life fighting it. This awareness and sensitivity will assure my continued diligence as a commissioner in the fight to eliminate employment discrimination whether it is against minorities, women, our senior citizens or those who are handicapped."

Oregon ranks third in marijuana production in the country; out-ranked only by California and Hawaii.

The Los Angeles School Board voted unanimously to make a grade of C mandatory in order for students to participate in extra-curricular activities.

Health clinic elects board members

At its 1981-82 Annual Board meeting the North/Northeast Community Mental Health Center, Inc., Board of Directors elected eight community people to its Board.

Those elected were: Robert Lockwood, Robert Wright, Clifford Campbell, Jr., Mrs. Charles Person, Olga Talley, Linda Dreyer and Avel Mayfield. Cottrell White, Jr., a member of the Board for the past three years, was re-elected. Each Director is elected to a three-year term.

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