

# FOOD SECTION

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Section II

## Yee Haw! Good eatin' — Texas style!

Everything good in life is bigger and better in Texas. Good eating is no exception. If you don't believe that, ask any Texan.

When Texans set the table for out-of-state guests, they do it as if the reputation of Texas hospitality is at stake. They truly live up to their state's name, which comes from an Indian word meaning "friendly."

The dishes at a Texas dinner may run the gamut from the delicately flavored to the volcanically spiced. The influences may vary from Mexican...to Indian...to Southern...to Soul.

In a state where almost every host and hostess pride themselves on their ability to set a good spread, an invitation to lunch or dinner is considered something very special by out-of-state guests. A typical meal includes a variety of Texas-style favorites: Hors d'oeuvres served with Spinach Dip; Barbecued Beef Brisket, a Texas treat that is prepared well-done and is surprisingly tender; Texas Toast, a garlicky treat that takes one by surprise; Baked Bean Barbecue; and sinfully delicious Caramel Pecan Pie.

### SPINACH DIP

- 1 10-oz. pkg. frozen chopped spinach, cooked, well-drained
- 1 cup mayonnaise
- 1 cup sour cream
- ½ cup chopped parsley
- ¼ cup chopped green onion
- 1 teaspoon dill weed
- ½ teaspoon lemon pepper
- Tortilla chips

Combine all ingredients except tortilla chips; mix well. Chill. Serve with tortilla chips. Makes 2½ cups.

### BARBECUED BEEF BRISKET

- 4 4-lb. boneless beef brisket
  - 1 garlic clove, minced
  - 1 medium onion, sliced
  - 1 18-oz. bottle barbecue sauce
- Place meat, fat side up, on rack in roasting pan. Place garlic and onion on top of brisket. Bake at 350°, 1 hour. Pour barbecue sauce over meat. Cover; bake at 300°, 2 hours or until meat is tender. Skim off fat from cooking liquid; serve with meat. Makes 12 servings.

### TEXAS TOAST

- 1 unsliced sandwich loaf, 9 inches long
- ½ cup soft margarine
- 1 tablespoon finely chopped parsley
- 1 tablespoon bacon flavored bits
- 1 teaspoon instant minced onion
- ½ teaspoon garlic salt

Cut bread loaf into ¾-inch slices. Cut each slice in half diagonally. Combine remaining ingredients; mix well. Spread one side of bread slices with margarine mixture; place on ungreased cookie sheet. Bake at 400°, 10 to 12 minutes.

### BAKED BEAN BARBECUE

- 1 lb. dried pinto beans
- Water
- 1 cup hot barbecue sauce
- 1 cup chopped onion
- ½ lb. salt pork, cubed

Wash beans; soak in 6 cups water overnight. Drain; rinse beans. In large Dutch oven, combine beans, 3 cups water and remaining ingredients. Cover; simmer 2 hours and 30 minutes or until beans are tender. Makes 10 to 12 servings.

**Quick Soak Method:** Combine beans and 6 cups water; boil 2 minutes. Remove from heat. Cover; let stand 1 hour. Continue as directed.

### CARAMEL PECAN PIE

- 36 caramels
- ¼ cup water
- ¼ cup margarine
- ¼ cup sugar
- 3 eggs
- ½ teaspoon vanilla
- ¼ teaspoon salt
- 1 cup pecan halves
- 1 9-inch unbaked nastrv shell

Melt caramels with water and margarine over low heat; stir until smooth. Combine sugar, eggs, vanilla and salt. Gradually add caramel sauce; mix well. Stir in nuts; pour into pastry shell. Bake at 350°, 45 to 50 minutes. Pie filling will appear to be very soft, but becomes firm as it cools. Makes 6 servings.



Left: Hoe cakes, crunchy Texas cornbread. Above: Texas toast, Spinach dip, and barbecued beef brisket.

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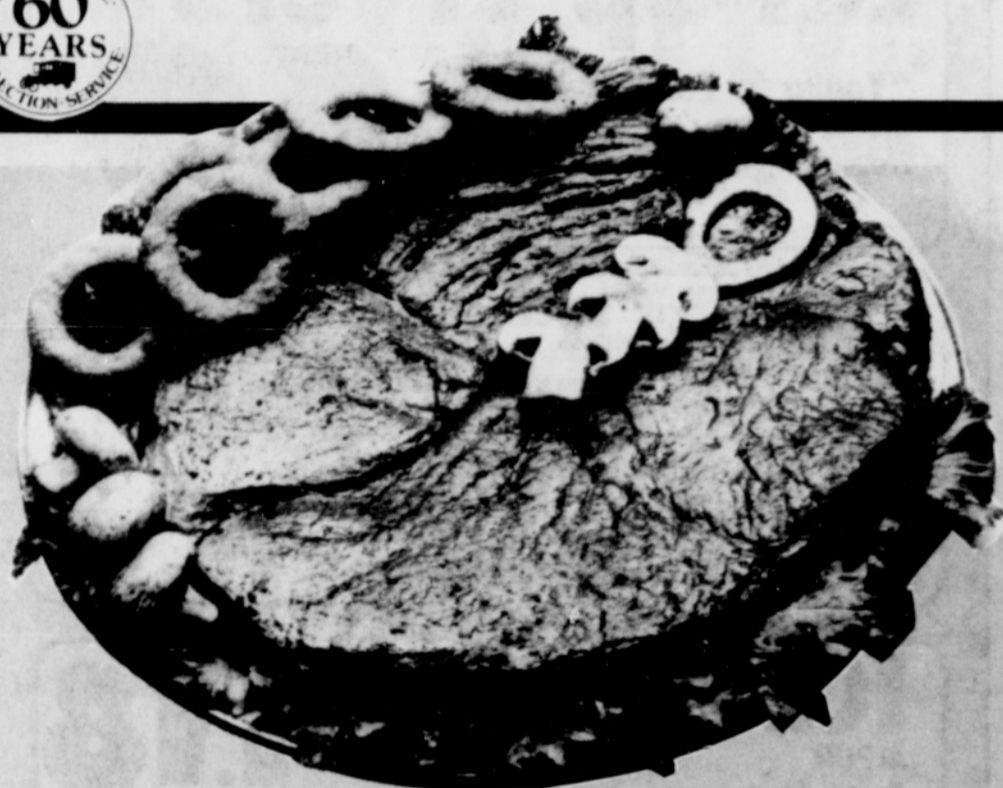
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