

## New England Desserts

### "PHILLY" FROSTED GINGERBREAD

1/2 cup margarine  
1/2 cup sugar  
2 eggs  
1 cup boiling water  
1/2 cup dark molasses  
2 cups flour  
2 teaspoons baking powder  
1 1/2 teaspoons ginger  
1 1/2 teaspoons cinnamon  
1/2 teaspoon baking soda  
1/2 teaspoon nutmeg  
1/8 teaspoon cloves  
Orange "Philly" Frosting

Combine margarine and sugar. Add eggs; beat well. Blend in water and molasses. Add combined dry ingredients; mix well. Pour into greased 9-inch square pan. Bake at 350°, 40 minutes or until wooden pick inserted in center comes out clean. Cool; frost with:

Orange "Philly" Frosting

1 3-oz. pkg cream cheese  
1 tablespoon milk

clothes four minutes, stop the washer to complete a normal cycle. Repeat if necessary. Although it may be impossible to remove all soil buildup, this process can help restore some of the original whiteness to clothes.

1 1/2 teaspoons grated orange rind  
3 cups sifted confectioners' sugar

Combine softened cream cheese, milk and orange rind, mixing until well blended. Gradually add sugar, beating until light and fluffy.

### COCONUT-RAISIN BANANA BREAD

1/2 cup margarine  
1/4 cup sugar  
2 eggs  
1 teaspoon vanilla  
2 1/4 cups flour  
2 teaspoon baking powder  
1/2 teaspoon baking soda  
1/2 teaspoon salt  
1/8 teaspoon nutmeg  
1 cup mashed bananas  
1/2 cup milk  
1/2 cup raisins  
1/4 cup flaked coconut

Cream margarine and sugar until light and fluffy. Blend in eggs and vanilla. Add combined dry ingredients alternately with combined bananas and milk, mixing well after each addition. Stir in raisins and coconut. Pour into greased and floured 9 x 5-inch loaf pan. Bake at 350°, 1 hour or until wooden pick inserted in center comes out clean. Cool 5 minutes; remove from pan.



## Avoid 'gray laundry'

Gray laundry can sneak up on you. The gradual graying of clothes can be caused by many factors. "You may not realize this dull buildup is happening," says Tod Hamilton, Multnomah County Extension agent. Any one of the following situations, or a combination of them, can cause gray laundry.

- Not using hot water or not using enough hot water. Hot water (at least 140°F.) is necessary for complete removal of heavy or oily soils. If necessary, plan to do laundry when other home demands for hot water are low. For example, you may not have enough hot water to do laundry at night after family members have taken baths or showers.

- Using cold water in the wash cycle. Use of cold water may call for pre-soaking, extra detergent, soft water, a longer wash cycle, or dissolving powdered detergents in the washer before adding clothes. In other words, extra steps and laundry aids may be necessary when using cold water for laundry.

- Using soap instead of detergent. Use more than the recommended amount of detergent if the size of the load is larger than normal, if the clothes are soiled more than usual, if the washer takes more than 16 gallons of water, or if the water is harder than normal.

- Overloading. This can keep the clothes from circulating freely in the washer, resulting in poor removal of soil. Always load washing machines loosely.

- Improper soaking. Soak clothes only if necessary to help remove heavy soil. Do not soak clothes longer than 20 minutes. Two short soaks may be better than one long soak. If clothes are soaked too long, the soil will be redeposited on them.

- Using non-phosphate detergents. These may not get clothes clean. If you do use a non-phosphate detergent, use the hottest water possible. Pretreat spots and stains, bleach when possible, and use soft water.

Following these recommendations can help prevent graying problems. "Prevention is much less costly than trying to restore whiteness," says Ardis Koester, Oregon State University Extension textiles and clothing specialist. If clothes are already gray, the following procedure may help get them bright again.

Fill the washer with very hot water, adding at least twice as much laundry detergent as normal. Put clothes in the washer and agitate for four minutes at regular speed. Then stop the washer and add one cup of chlorine bleach diluted in one quart of water and restart the washer immediately. After agitating the

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