

Bits and Pieces

by Ruth Spencer



Mrs. Jay Stokes, wife of U.S. Rep. Louis Stokes, speaking of becoming 40 years of age, encourages women to look forward to their forties. "The forties are not the end of anything, but the beginning of a lot of things. Just be grateful you are there," she said.

The Northeast Youth Service Center would like to alert the parents of minor children that a law was passed in 1979 which gives Oregon store owners the right to sue you for up to \$250 if your child is caught shoplifting. Please encourage your children not to shoplift; for further information contact the Northeast Youth Service Center at 288-6708.

Derrick Bell, dean of the University of Oregon Law School and former Harvard University professor, in a keynote speech to a Portland Meeting of the National Council of Urban Education Association's approved a national trend away from busing as a remedy for school segregation.

Barbara Jordan, former Congresswoman, was recently selected one of the 25 most influential women in the United States for 1981 by the World Almanac.

Ms. Jordan was selected the most outstanding woman in the fields of education and political science. She served as United States Representative from 1972-76, and is presently a professor at the Lyndon B. Johnson School of Public Affairs, University of Texas at Austin.



Ron Addicks was selected president of the OSP Lifers Club with an overwhelming vote. The 281 members—all serving life sentences—work within the prison to encourage inmates to take advantage of educational opportunities, provide community services, and educate the public as to life in prison and transition problems.

New Books:

• *The Heart of A Woman* (Random House, \$12.50) is the fourth volume of Maya Angelou's autobiography, which began with the award-winning *I Know Why The Caged Bird Sings*.

• *The Whole World In His Hands* (Citadel, \$17.95), a pictorial biography of Paul Robeson by his granddaughter Susan Robeson.

• *Bob Marley: Soul Rebel—Natural Mystic* (St. Martin's \$7.95), a pictorial biography by Vivien Goldman with photography by Adrian Boot.

• *The Black Discovery of America* (Person Library, \$14.95) a history of voyages of ancient West African mariners, by Michael Bradley. For information call The Talking Drum Bookstore, 282-9465.

According to the "Economic Status of Black Americans," written by Robert B. Hill and published by the National Urban League in *The State of Black America 1981*, the official jobless rate for teenagers in 1980 was 36 per cent. But the National Urban League's Hidden Unemployment Index placed the actual jobless rate for Black teenagers at 59 per cent during the same period.



The Reverend Ira D. Mumford reports that he is beginning his 3rd year as pastor of Smith Chapel at Columbia Villa. He has an outreach program that identifies the needs for food and clothing and counseling for poor people.

The death rate from the nation's No. 1 killer, heart disease, dropped 18 per cent between 1970-80. The toll from cancer, the second leading cause of death, has been going down for people under 50, but rising slowly for people over 50. The death rate for stroke declined 32 per cent in the last decade. (U.S. News and World Report, 12/4/81.)

How to Cope With Family Stress: 1) Pace yourself. 2) Exercise. 3) Avoid arguments. 4) Watch what you eat. 5) Think positive.



The Reverend Jessie Jackson, speaking to 200 Black delegates attending the 1981 Congress of Cities said: "The Black community is under siege. All three branches of government, led by the executive branch, have turned their backs on us. There's a kind of anti-Black, anti-poor meanness—mania gripping the country. The government is inducing pain, hunger, unemployment and school closings."

He said that we must fight for "our share" of the world's economic wealth; Blacks collectively must be a "David" and take up "economic rocks" to fight against the "Goliath of the white military-industrial complex" to get a fair share of the economic pie. "Too much focus is on Goliath and not enough on David and his rocks."



Judge Mercedes Diez, her husband, Carl and their son, Bill were delightful guests on the TV program *Face to Face*, Dec. 5.

Is the purpose of Khadafy mania, raging in the press, emitting from the White House, to focus away from the depressed conditions of the economy and the 9 million unemployed in the United States? How else can a little country the size of Alabama with a population of 2½ million cause such attention? Watch for the next focus away from the serious mess we are experiencing!

The Mt. Olivet Baptist Church Chancel Choir will present a Christmas musical, "King of Love," Sunday, December 13, at 5 pm at the church. The public is invited. The Reverend John Jackson is pastor.

The Black Education Center, Portland's only independent school designed to educate Black children, is striving to educate the 30 students now enrolled. Will you help by pledging \$10 per month? Individual and group pledges are welcomed.

Please call the school, 284-9552. If we don't make sure our children are educated no one else will.



Non-denominational Brotherhood Association is a newly formed group whose purpose is to strengthen the Christian family, bridge the gap between church and community by speaking out on community political, economic and civic issues; help build leadership in the young Black male; act as role models; provide activities that are now neglected for Black male youth—"Stay in School Programs."

Mr. James Loving is president of the group and Mr. James Cason is vice-president.

Meetings are each Saturday before the 3rd Sunday. Next meeting: December 19, at 9:30 am, Vancouver Avenue Baptist Church. Men from all denominations are invited to join us.

Newcomers to Portland are Sandra and Willie Lockettes from San Diego, California. Their aim is to open a Taco Shop. Mr. and Mrs. Lockettes live in Northeast Portland.



Seldom seen—the flags of Israel and Lebanon fly together. A member of the "Original Hebrew Israelite Nation" stands at the "Good Fence," an opening on the border where citizens of the two warring nations can meet in peace.



Dick Gregory, comedian-activist, starved himself for science seventy days and seventy nights for his research project at Dillard University's Flint-Goodridge Hospital. Living on prayer and a gallon of mineral water a day, he dropped from 154 lbs. on July 21, 1981 to 104 lbs. on Sept. 28, 1981. Dr. James Carter, one of Gregory's attending physicians, said that *The Gregory Research Project* has already yielded some tentative and important conclusions about the way the body defends itself during starvation and prolonged fasting.

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K's BURGER
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