

# 4-H has it all

What does 4-H mean to you? For hundreds of youngsters in the urban Portland community, it means learning to develop as useful citizens; it means having fun while learning new skills, and it means sharing it all... the fun, the excitement, the learning and the friendships.

4-H stands for head, heart, hands and health. The ingredients are here, and in September of each year a new surge of activities emerges. Clubs develop within the schools according to the interests and skills of youngsters. Teachers add the efforts of 4-H volunteers to their support system, and sometimes become those extraordinary volunteer leaders who add their love and concern for children by leading a special interest club.

Every year new clubs are established along traditional lines... sewing, cooking, horses, cows and

crafts. But in the urban Northeast of Portland, new avenues of interest have been encouraged, and when there is an adult who cares, or a teen leader, clubs develop in karate, knickling, (Australian folk dance), foreign languages, debate, newspaper production, charm and cooking ethnic goods.

4-H club members are all sizes, ages, colors, nationalities and personalities. They are learning to respect one another and to share in the uniquely American advantage of equal opportunity for all to develop in personal growth.

Volunteer leaders are vitally needed to continue to provide 4-H services to the youth of Portland. Ira D. Mumford, extension agent, invites anyone interested in the program to call 287-1770 for further information. The 4-H offices in the Northeast are located at 4815 N.E. 7th Avenue.



**JOIN IN AND SWING**—The focus is on getting in the swing with 4-H. Clubs will be forming to continue in-school clubs this month, and special areas of interest will be bringing youngsters together to learn and enjoy through 4-H. Members of the King Elementary School art club enjoy a picnic at Irvington Park.



**FROM HAND TO MOUTH**—Maria Jackson and Shawn Richey are preparing a turkey sandwich, sharing the chores and enjoying the results.



**KNEADING A LOT**—First step in putting clay to work in a 4-H pottery club is kneading it into shape til it becomes a work of art. Even when it does not become a work of art, and the artist has feet of clay, the learning experience is great fun.



**BASES LOADED**—Sports have always been a popular part of the 4-H program in Portland's Northeast community. Each June a Sports Junior Olympics is sponsored by 4-H and brings together the youngsters who have participated all year and look forward to competing with neighborhood schools (left).



**LIGHTS ON**—Watching what develops in the darkroom at Columbe Boys Club are 4-H members who belong to the Ockley Green Photography Club. Leader Arthur May, left, a skilled photog-

rapher, passes his knowledge and enthusiasm for photography on to club members who have a special interest.

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