

Kimberly Stewart wins award



Clifford Campbell, Jr. presents vocational scholarship to Kimberly L. Stewart.

Kimberly L. Stewart, a 1981 graduate of Washington-Monroe High School, is the recipient of the first annual Clifford J. Campbell, Jr. Vocational Education Scholarship. The three-hundred dollar scholarship was established in October of 1980 by Clifford J. Campbell, Jr., a Portland life insurance and investment diamond broker. Each year the scholarship will be awarded to a graduating senior who desires to continue his education in a vocational area. While high grades are important, they do not determine who will win this scholarship each year.

Miss Stewart will attend Portland Community College this fall and major in the field of fashion. Her goal is to become a fashion buyer.

Attention Wa-Mo

All former Washington-Monroe students who have been assigned to Grant High School should contact the Grant counseling office before Sept. 3. The counselors are available to help the students select proper courses and prepare for arena scheduling.

The counseling staff can help new students plan their courses and help present Grant students make changes in their classes.

Counselors may be contacted by phoning the school, 288-5975, weekdays, 8:30 am to noon and 1 pm to 4:30 pm.

The Adult Fitness Program of Portland State University currently is accepting applications from Portland-area residents who want to get fit for fall. Exercise classes begin at PSU on Monday, Sept. 28, but registration will continue through mid-October. PSU classes meet from 5 until 6 pm Mondays, Wednesdays and Fridays at the PSU Gymnasium, 930 SW Hall Street. Exercising is done indoors under controlled climatic conditions, and is medically supervised. For more information about signing up, and to obtain a pamphlet outlining the program, contact the PSU School of Health and Physical Education at 229-4401.

St. Andrew Community School, grades 1-8, will have registration for the 1981-82 school year on Tuesday, Sept. 1st and on Wednesday, Sept. 2nd from 7:00 pm until 9 pm. Registration will be in the St. Andrew Community Gym, located at 4940 NE 8th. School will begin at St. Andrew Community School on Tuesday, Sept. 8, 1981.

PCC schedules classes

Learn basic self-defense techniques in a course offered by Portland Community College, "Self-Defense for Women/Men."

The eight-week class begins Wednesday, September 30, from 7 to 8:30 p.m. at Alameda School, 2732 N.E. Fremont.

The course emphasizes coordination and conditioning of mind and body as a basis for defense against holds, locks and grabs. Training is provided in throws, flips, falls and other techniques.

Barry Watts, instructor at Northwest Self-Defense Academy in Portland, will teach the class.

Help for the person wanting information on key home remodeling topic will be provided by a new workshop series offered by Portland Community College.

"Home Remodeling for Owners and Renters" is a seven-week series that begins Tuesday, September 29, from 7 to 9 p.m. at Ockley Green Elementary School, 1315 N. Ainsworth. The workshop series costs \$10 or single sessions can be attended for \$2 each.

The workshop will cover needs assessment, plan drawing, finding contractors, solar design, financing, woodstoves, codes, permits and inspections.

To register, contact the PCC Cascade Campus Community Services.



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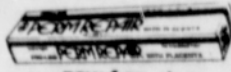
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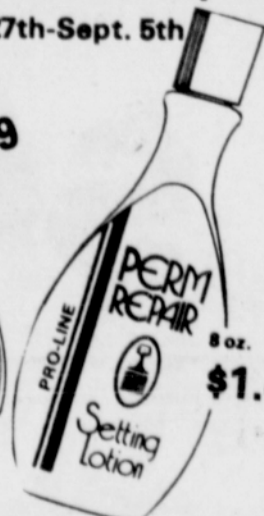
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