Making police work their careers



FRANK J. MONTRAND

A native of Wareham, Massachusetts, Frank became a police officer February 18, 1981.

Before coming to Portland, he did a variety of jobs; construction work, and he was an auxiliary police officer.

In 1976, he joined the Army and became an M.P., and specialized in criminal and accident investigations. He was stationed in Massachusetts and in Germany. His hobbies are bowling and softball.



CARMEN SYLVESTER

A native of Portland, Carmen graduated from Lincoln High School, and later attended Portland Community College Cascade Campus.

A working mother of four teenage girls, she became a police officer in 1974. She is currently assigned to the Traffic Division and is also a Safety Education Officer.

She teaches 2-10 year olds how to use the phone and dial their own numbers; how to ride their bikes and a variety of other skills.

She is a certified coach and coaches basketball, softball, volleyball, and track at Holy Redeemer. She enjoys bowling and is an assistant leader of a Girl Scout Troup.

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