



Mrs. Betty Griffin, former Coordinator for the Portland Public Schools' Multicultural/Multiethnic Project has returned to Oregon State University as a Distinguished Fellow. She is completing work for her doctorate.

Al Goldsby, Portland artist, will host a coffee hour for Jim Gates, candidate for City Council, Sunday, January 27th from 2:00 p.m. to 4:00 p.m. at 825 North Killingsworth.

Mr. and Mrs. Fred Jackson have returned from their exciting 14 day Caribbean Cruise.

Barbara Friday, Curriculum Coordinator at Mount Tabor Middle School, was recently elected to the Executive Board of the National Alliance of Black School Educators. Ms. Friday was the former President of the Oregon Alliance of Black Educators, which is affiliated with the national group.

Polls recently reported in *Advertising Age* revealed that 69 per cent of men surveyed said women have changed for the better in the last 20 years -- but only 46 per cent of the women felt that way about men.

Bits & Pieces

by Ruth Spencer



State Senator Bill McCoy was appointed to head a Task Force on youth unemployment by Senate President Jason Boe. The Task Force will conduct hearings and prepare a report to the Legislature during the next four months.

A story in the *New York Times* reports that Blacks are not rushing to support Senator Ted Kennedy as had been expected. President Carter is said to be lining up many officials, including Mayors Thomas Bradley of Los Angeles, Coleman Young of Detroit, Maynard Jackson of Atlanta and Richard Arrington of Birmingham.

Mrs. Edna Robertson has returned to her position at Northeast Neighborhood Office. She was greatly missed by everyone.

Howard McElroy, formerly Executive Vice President for Personnel at Lipmans, has gone into business for himself as a building contractor. The versatile Mr. McElroy was also an educator when a resident of Ohio.

Byron Allen, the wisecracking 18 year old on TV's "Real People" is the youngest national TV interviewer currently seen during prime time.

The results of the first national Black poll conducted by Data Black National Public Opinion Poll, Inc. will be released on Thursday, January 17th by joint owners, Percy Sutton, former Manhattan Borough President, and renowned psychologist, Dr. Kenneth Clark. The research and analysis company is structured to conduct national surveys of Black attitudes, opinions, habits, preferences and customs.

Visiting Portland this week is Eugene Harris, Northwest Area Director for the United Negro College Fund. Plans are well underway for the upcoming UNCF television special, Sunday, February 10th from 8:00 to 11:00 p.m. on

Channel 12. Word has it that the TV special will showcase many nationally known entertainers among them Lou Rawls. The Anheuser Busch Corporation is underwriting the UNCF extravaganza.



When O. J. "Jim" Gates announced his candidacy for City Council Position No. 1 at the Bourbon Street - A Touch of New Orleans, his daughter Sylvia Gates Carlisle and son-in-law David arrived just in time for the occasion. Sylvia and David are medical students at Brown University Medical School.

Miracle drugs might be murdering the elderly

(Continued from page 1 col. 6) population is expected to double.

Little is being done at the moment. Few American medical schools have separate departments of gerontology, or offer adequate training in the treatment of the elderly. Medical textbooks seldom provide specific information on the drug tolerances of older patients. Furthermore, 80 per cent of the drugs now used in treating the aged were not available to medical students graduated before 1956, so that a substantial number of doctors are unfamiliar with their side effects or possible toxic reactions with other substances. And most American doctors simply do not do a good enough job of informing their patients of risks associated with medication.

A 1976 study by the respected Cathedral Foundation of Jacksonville, Florida, revealed that the aged frequently neglect to discuss all of their prescriptions, or the use of over-the-counter products, alcohol, or diet foods with their physicians. They also save drugs, use them without advice, or share them with friends.

But doctors weren't asking their patients many questions about drug use either. The Michigan study found that 67 per cent of its responding physicians did not believe senior citizens were more likely to have problems with drugs than other age groups. And 80 per cent of allied health professionals—nurses, pharmacists and gerontology specialists—agreed that doctors

failed to provide adequate information about medications. "The majority of physicians that treat the large number of geriatric patients are very often the least competent in the community," Long Beach Hospital's Segal charges.

"Physicians are so highly revered among the aged that they would not consider questioning the need for a specific medication, nor do they seem to be aware of possible side effects or contra-indicated contents that these might contain," adds the Cathedral Foundation's John Lefler.

What might be done? The Michigan study's authors have made 20 recommendations, including the distribution of more information to the public, special training programs in care for the elderly, legislation requiring geriatric dose guidelines, and more thorough monitoring and regulating of drug use. Segal's California study calls for changes in medical education and for peer review procedures to ensure that practitioners are competent.

The publication and distribution of informative books on health for the elderly can be encouraged by medical care providers. Some elderly people, before turning to any prescription, consult handbooks including *The Doctors and Patients Handbook of Medicine and Drugs*, by Peter Parish, M.D. (Knopf); *The People's Pharmacy*, by Joe Graedon (Avon); and *The Truth About Senility—And How to Avoid It*, by Lawrence Galton (Crowell). Pharmacists can also be helpful.

The California State Board of Pharmacy considered a by-law requiring that customers be provided with verbal directions for each original prescription dispensed. But the proposal met with bitter opposition from corporate chain drugstores eager to keep contact with individual customers as brief as possible, from the California Medical Association and the California Hospital Association, and, surprisingly, from the American Association of Retired Persons, which feared that it would no longer be able to dispense drugs to its members by mail under the new by-law.

The Board eventually withdrew the proposal.

The activist Gray Panthers organization, which helped establish Berkeley's innovative Over Sixty Clinic, advocates much more drastic changes. They support the creation of a national health service which will take medical care out of the hands of private, vested interests such as professional associations and pharmacy companies, and foster new approaches which might depend less on drug treatment.

Along those lines, U.S. Congressman Ronald Dellums (D., Cal.) has sponsored a Health Services Act to fund publicly-owned, locally-controlled community health centers, where the emphasis would be on health maintenance and prevention.

At this point, however, solutions are far less in evidence than problems—and efforts to resist solutions. In a limited way, the Berkeley clinic, which deliberately teaches elderly people what questions to ask their doctors, offers a model for the future.

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"Showers of Blessings Broadcast"			
KGAR 1550	11:30am-12:30pm		
YPBC	6:30pm		
Evangelistic Worship	8:00pm	84 NE Killingsworth	
Tuesday-Friday	Noon Day Prayer	281-0499	

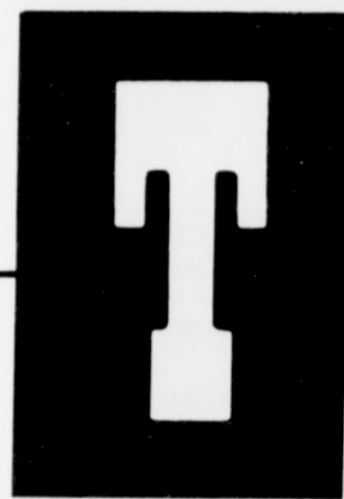
Emergency fuel available

The Emergency Fuel Clearing Bureau began operation on Monday, January 7, 1980 to bring short term fuel and utility relief to low-income families in Multnomah County. The Clearing Bureau, a model of interagency cooperation, is coordinated each winter by the TriCounty Community Council with funds allocated by the City of Portland and Multnomah County. The program will once again be operated by The Salvation Army Family Services in cooperation with the following helping agencies: Catholic Emergency Assistance, FISH, Francis Center, North Community Action Council, Portland Action Committees Together (PACT), St. Vincent de Paul, Snow-CAP, The Albina Action Center, Volunteers of America, and William Temple House.

The program is available only to residents of Multnomah County whose incomes are within 125% of federal poverty guidelines and whose households include persons either elderly or disabled, or children under ten. The Emergency Fuel Clearing Bureau is designed to augment federally funded Energy Crisis and Assistance Programs now operating locally, by serving persons who are out of fuel or nearly so, or who have received a utility shut off notice, and are unable to be assisted through ECAP funds.

Persons who have not received assistance from federal funds and wish to qualify for the program may call one of the agencies listed above. For further information about the program, contact Tri-County Community Council Information and Referral Services at 222-5555.

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Is the DEVIL working against your home, nature, job, church, money, children, sex, neighbor, health, sick, family, loved ones? Are there demons on your body or in your home? Have you been in a fix where you cannot keep or find the RIGHT man or woman? If you need help with any or all of these problems you should call me NOW!! Tomorrow may be too late!! Does your luck pass you by? If so, I have lucky hands to help you be a winner in all GAMES OF CHANCE—Bingo, Reno, Tahoe, Las Vegas, Special, Miami, Fla., etc.

If you are a spiritual seeker who needs help not promises—call me. I am a "God Gifted" man. I can help you in a hurry.

TESTIMONIALS

1) Miss Joyce J.W., Portland, OR., was in a fix where she could not find or keep a good man. I, Rev. Hoskins, removed the fix and the jinx from her. NOW she can draw the man of her desire to her like a magnet.

2) Mr. & Mrs. C.P. of Compton, CA., could not win the BIG one. They called Rev. Hoskins and Rev. sent them a for-sure win blessing money hand. They went to Las Vegas and their luck kept on coming, winning more than \$16,000.

3) Ms. Barbara T., Inglewood, CA., had a man who left home for another woman. She called Rev. Hoskins with tears in her voice. She wanted him back!! Now he is back and eating out of her hand.

4) Mr. Paul, Los Angeles, CA., was in a fix and rooted by this woman. As a result he lost his nature for other women, but through Rev. Hoskins' work, Paul regained his nature and became luckier than ever with women, money and his business.

5) Mrs. O.I., Long Beach, CA., had demons in her body, and in her home, causing all kinds of bad luck, and unnatural sickness. She called Rev. Hoskins and in 72 hours her home and body were free of unclean spirits.

(The names in the above testimonies have been changed for the protection of the individual.) I guarantee to do what I say I can do. I have a big reputation to protect.

I know the power of the SPIRIT. Don't put it off. Don't let distance keep you from calling. Call now!!! You will be glad you did. Tell a friend where to get HELP today.

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