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Behind the Wall

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"THE PENITENTIARY"

by Cloud Lampkin Jr.

Today I am living in quarters
That are really a shame to see.
And the public has labeled this place
As the Oregon State Penitentiary.

Inside you find many bars
Confining prisoners in cells quite thin.
So inside their tensions grow high
That makes arguments and fights begin.

If you came to view yourself
Soon you might shed tears.
Because you would see as I
All the chronic illness here.

Although men are often sent here
For a penalty of some crime.
We should provide with excuses aside
For good health care and educational time.
If a guard catches me falling down
Or unable to stand in one position.
He should take into consideration
The seriousness of my condition.

So once I am able to go home
And hopefully a bit to become employed.
And supply my daily needs
With no more crime, no more destroyed.



THE ARTIST AND THE ARTIST

The Master's Men, a religious orientated group of prisoners, received a remarkable recital version of a one man play Thursday night. Phil Nash, a talented actor from Salem, displayed his biblical version of "Paul's letter of Galatians."

Under the direction of Rev. Helseh, the inmate group invited local people from the nearby community to be in the audience to enjoy the play.

But there is a second story to be written about this event. Sitting in this mixed audience was John Smith, a newly admitted inmate, with a pocket full of pencils and a drawing pad. Smith displayed his talents by actually hand drawing Nash's presentation.

Smith, a fifty year old inmate, who is serving a ten year conviction from Multnomah County, has some interesting comments to make when asked why he drew Nash.

"I drew him because I wanted to get a feeling of the people who participate in the Master's Men and the prison on a volunteer basis for our benefit," answered Scott.

Scott continued by saying, "It is my intention with the cooperation of prison officials and Mr. Cupp, our superintendent, to draw renderings of people in different programs in this institution. I expect to spend my time sharpening my natural abilities in art, which I have been doing since I was fourteen years old.

Behind the walls assure its readers they will be seeing more of John Scott's natural abilities in the future.

Economic program renewed

CHICAGO--Imam Wallace Deen Muhammad, President of the World Community of AL-Islam in the West (WCIW), announced that his community is reentering the late Honorable Elijah Muhammad's economic program, focusing on breaking the stranglehold of skyrocketing inflation and joblessness prevalent among Bilalian (African-American) communities.

He reaffirmed the World Community of AL-Islam in the West's increased strength and dedication to improving the moral and economic condition of America's economically dispossessed masses. Imam Muhammad asserted that after five years his community now has a structurally sound, moral and spiritual base that will support his Economic Development Program.

Phase I begins March 1, 1980 when all adult males will order suits, women will do likewise in buying dresses and similar clothing. Imam Muhammad stated that food, cars, appliances and other essentials will receive similar treatment.

"We'll do it across the nation; we'll start buying collectively. And our profits will be our savings," he pointed out. "When we do it collectively, for example, our profit is that we can get a \$100 suit for \$50."

The collective approach Imam Muhammad asserted, is the unique World Community of AL-Islam in the West (WCIW) improvement upon the earlier phase of the Honorable Elijah Muhammad's economic program which he (the Honorable Elijah Muhammad) used as a capitalist.

"You lose (the full value of the program) when you use it that way," Imam Muhammad said, declaring the collective, Islamic way of buying is the fairer, more socially redeeming way.

Under the Nation of Islam (the WCIW's former stage and name), the Honorable Elijah Muhammad's program, undertaken in the "capitalist" way, was mainly beneficial to the few ruling, selfish and greedy NOI leaders, including ministers, captains and business operatives. A painful result was that the general NOI community realized no financial or economic benefits from their "pooled resources." The monies brought in through the much lauded NOI economic program was squandered by inexperienced, hustling and corrupt leaders basking under the Honorable Elijah Muhammad.

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Is the DEVIL working against your home, nature, job, church, money, children, sex, neighbor, health, sick, family, loved ones? Are there demons on your body or in your home? Have you been in a fix where you cannot keep or find the RIGHT man or woman? If you need help with any or all of these problems you should call me NOW!! Tomorrow may be too late!! Does your luck pass you by? If so, I have lucky hands to help you be a winner in all GAMES OF CHANCE—Bingo, Reno, Tahoe, Las Vegas, Special, Miami, Fla., etc.

If you are a spiritual seeker who needs help not promises—call me. I am a "God Gifted" man. I can help you in a hurry.

TESTIMONIALS

1) Miss Joyce J.W., Portland, OR., was in a fix where she could not find or keep a good man. I, Rev. Hoskins, removed the fix and the jinx from her. NOW she can draw the man of her desire to her like a magnet.

2) Mr. & Mrs. C.P. of Compton, CA., could not win the BIG one. They called Rev. Hoskins and Rev. sent them a for-sure win blessing money hand. They went to Las Vegas and their luck kept on coming, winning more than \$16,000.

3) Ms. Barbara T., Inglewood, CA., had a man who left home for another woman. She called Rev. Hoskins with tears in her voice. She wanted him back!! Now he is back and eating out of her hand.

4) Mr. Paul, Los Angeles, CA., was in a fix and rooted by this woman. As a result he lost his nature for other women, but through Rev. Hoskins work, Paul regained his nature and became luckier than ever with women, money and his business.

5) Mrs. O.L., Long Beach, CA., had demons in her body, and in her home, causing all kinds of bad luck, and unnatural sickness. She called Rev. Hoskins and in 72 hours her home and body were free of unclean spirits.

(The names in the above testimonies have been changed for the protection of the individual. I guarantee to do what I say I can do. I have a big reputation to protect.

I know the power of the SPIRIT. Don't put it off. Don't let distance keep you from calling. Call now!! You will be glad you did. Tell a friend where to get HELP today.

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Paid Advertisement

Math phobia can be cured

If your palms start to sweat and your stomach knots when you enter a math classroom, then you have a common ailment called math anxiety.

Bob Finnell, a Portland Community College math instructor, believes the anxiety is a result of a mental set of expectations.

"Math anxiety is like the time I was sneaking out at midnight to grab a midnight snack of some chocolate pudding my wife made earlier in the day," Finnell said with a smile. "I picked up a spoon, reached into the dark refrigerator and took a big yummy bite of what I thought was chocolate pudding. It was mashed potatoes. I started gagging and spitting on that big bite of mashed potatoes. I love potatoes, but I was expecting chocolate pudding. The same thing happens to students in math class. They have a mental set of expectations and their immediate reaction is to gag and spit it out."

Finnell says the only way to get over the anxiety is to do the same thing it takes to do math: "think differently."

Finnell believes following ordinary rules may help some in improving math grades but not necessarily cure the anxiety.

"The books on math anxiety give us these concrete rules to start with," Finnell said. They are:

- Take as few notes as possible.
- Never miss a single math class or you will fall behind.
- Do all the homework as soon as possible.
- Get the homework in on time.
- Find a classmate to do homework with so you can discuss the math problems.

Finnell said when a student has mastered those concrete tools "at this point math becomes possible, but the anxiety may still be there."

"Math is a kind of discipline where you had to be able to do more than just do it," Finnell explained. "Students reach a dead end where innate drill cleverness ends and they don't know what or why they are doing the math problems the way they are. Most people reach that dead end when they get to algebra."

Finnell has tough advice for people who have reached a dead end of math abilities: "Go back and start over and do it with the idea of verbalizing to understand the rules and understanding what math is."

Finnell believes men and women can learn the theoretical rules of math and thus begin to play the "math game" better.

"Math phobia in women is a sociological fact imposed on women by cultural expectations. Women are told to avoid math because they

won't succeed. But psychologists tell us that people with high verbal skills are good in math. We have considerably fewer women math students at PCC than men. My teaching experience shows me that women have strong math skills. The women in my classes don't believe that garbage about math phobia and are invariably the better students in my courses."

Lucid Walls of Time

Julius Snowden #8013
Editor

Prison Sparrows

The sun is setting over the wall,
and the sparrows are doing their twilight dance.
Flying hither—and—hither, and yet, going no place;
Just playing their game.
Wish tails wagging, like three month old pups,
they hop and fly, playing follow the leader.
Soon it will be dark—
and they will find their nest—
and another day will have gone by.

I sit in this little room,
looking out on the world,
but all I see is gray—gray walls.
But you know I hear a small voice—

"Son are not the sparrows happy?
Son are not the sparrows free?
Yet my Son, do they not chose to live in prison.
Son if I can give happiness to sparrows in prison,
I can give happiness to you.
And Son, do not the sparrows please your heart?
Do they not bring joy to you?
And have you not had times when you laughed at their antics?
Son, my little one, if a little child is sad,
will not his father do all he can to cheer him up?
Son I'm your Father and I love you,
and the sparrows are just one of my ways
of telling you that."

by James Corvix Gray

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Each individual's acceptance and application of these Keys is as different as fingerprints, no two individuals are the same.

Thomas Boothe
Author of the Follow-Through Concept