

## Barbecue meat loaf for party or pot luck

by Ethel Moore

When your little family dinner grows to party size, and more family or friends are coming — don't panic! Here's a menu easy enough to fix for twenty people or you can let others share with the fixings and make it a "Dutch" party. You provide the juicy meat loaf, and you provide the setting. Let other guests handle the paper goods, other foods . . . a three bean salad, dessert, wine fruit punch and anything else you decide. Recipes here offer sufficient quantities for twenty servings. Adjust to need. Party any time, anywhere, but relax and enjoy!

### Barbecued Meat Loaf

- 1 bottle (18 oz.) barbecue sauce, any flavor
- 3 eggs, slightly beaten
- 3/4 cup milk
- 1 tablespoon salt
- 2 tablespoons dried parsley flakes
- 1 cup chopped onion
- 2 cups fine dry bread crumbs
- 5 pounds ground beef

Measure 1/2 cup of the barbecue sauce and set aside. Combine eggs, milk, salt and parsley; add remaining barbecue sauce and the onion. Stir in bread crumbs. Add bread mixture to meat; mix thoroughly. Divide mixture in half and shape into two loaves in a large shallow baking pan. Brush lightly with part of the measured

barbecue sauce. Bake at 350° for 1 hour and 20 minutes, brushing occasionally with remaining barbecue sauce. Garnish with onion rings, if desired. Makes 20 servings.

### Wine Fruit Punch

- 8 scoops sugar-sweetened lemonade mix
- 5 cups sauterne wine
- 2 cups water
- 1 orange, sliced
- 1 lime, sliced
- 2 bottles (16 oz. each) club soda, chilled

Combine drink mix, wine and water in a pitcher; stir until drink mix is dissolved. Add fruit and chill well. Just before serving, add club soda. Serve over ice, if desired. Makes 3 quarts or 24 servings, 1/2 cup each.

### Three Bean Salad

- 2 packages (9 oz. each) cut wax beans
- 2 packages (9 oz. each) cut green beans
- 2 cans (15-1/4 oz. each) red kidney beans
- 2 envelopes Italian salad dressing mix
- 2/3 cup vinegar
- 1/2 cup water
- 1/2 cup salad oil
- 4 cups shredded lettuce

Prepare wax beans and green

beans together as directed on packages; drain. Drain the kidney beans and rinse with cold water. Combine the three beans in a bowl. Prepare salad dressing mix with vinegar, water and salad oil as directed

ed on package and pour over beans. Chill at least 4 hours, stirring several times. Just before serving, add lettuce and toss lightly. Makes about 10 cups or 20 servings.

## Fulton seeks MSD position

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Portland. Fulton has been active in his own neighborhood, representing homeowner interests in the Hollywood Traffic Study meetings. He is fighting the proposed routing of Sandy Boulevard traffic into the surrounding residential neighborhoods. Prior to becoming involved locally, he was water quality director of the Erie-Niagara Regional Planning Board in western New York; county drainage commissioner with responsibilities for planning and building urban and rural storm drains in a portion of the Detroit Metropolitan Area; director of the Inland Lakes and Shorelands Project and the Huron River Watershed Council; and a chemistry and biology teacher. He received his BA degree from Knox College, his MAT from the University of Chicago and his Ph.D from the University of Michigan in natural resources.

He and his wife, Mary, a Portland schoolteacher, have three children, ages seven and eleven, who attend

Laurelhurst and Fernwood Schools. He is a member of the newly formed Hollywood Neighborhood Association, Oregon Vocational Agriculture Teachers Association, Sierra Club, Oregon Environmental Council, Oregon Education Association and the Northeast YMCA. An outdoor sports enthusiast, he is active in the Portland Wheelmen (a bicycle club) and the Lower Columbia Canoe Club.

"Initially," Fulton said, "Getting organized and keeping the trust of local political leaders will be crucial. The regular MSD zoo operation and the solid waste management program must continue to operate smoothly and efficiently. The process of planning and administering regional programs must be critically analyzed. A mechanism for making reasonable tradeoffs between neighborhoods must be devised. Such tradeoffs do not include improving the speed and ease of automobile transportation at the expense of existing urban neighborhoods."



BARBECUED MEAT LOAF

## Bits & Pieces

by Ruth Spencer

Eighty-five children and adults enjoyed a children's fashion show, a culminating activity of the North YMCA Summer Project Move, August 22nd, at the King Neighborhood Facility Cafetorium. Marriotta Smith, age six, was crowned queen of the event. Queen Marriotta is the daughter of Ms. Sharon Smith and Mr. Ernest Smith.

Forty-six senior citizens attest to an exciting experience in receiving the Tutankhamun exhibit. The Seattle trip was sponsored by the Union Avenue Senior Adult Service Center.

The Northwest Bridge Association is planning a September meeting in Seattle. The 35 Portland members expected to attend.

Gracious welcomes from the Reverend John Jackson, Ora Nunley, and others were evident at the Portland Branch NAACP Post Convention Reception held at Emanuel Hospital, August 20th.

Nathan Nickerson, Vernon Chatman, George Rankins and Ms. Gertrude Rae were delegates to the recent 68th Annual National Urban League Convention held in Los Angeles.

The Reverend Jesse L. Jackson, National president of Operation Rush, has said he will begin a national campaign to reform the nation's prisons from simple lockups to learning centers.

National surveys conducted by the Institute for Social Research between 1964 and 1974 show that there are two issues about which white attitudes have not become more positive. The two issues are whether the government should see to it that Black people get fair treatment in jobs, and school integration.

According to William D. Leeke, President, American Correctional Association. There are currently approximately 300,000 adults confined in State and Federal prisons; with one million adults on probation and parole.

Mr. and Mrs. George Jordan and their three grandchildren returned from a two week trip that included St. Louis, Missouri, Mississippi, and Detroit.

Mr. and Mrs. Charles Stroughter (Benita) are the proud parents of a baby boy who weighed in at 6 pounds 14 ounces, July 27th. His name is Justin Charles.

(Editor's Note: The 'Bits and Pieces' Column is added as a response to repeated requests for social news and capsule news shorts. Deadline for 'Bits and Pieces' is Monday at 12 Noon. Send your "hot tips" and news information to the Observer.)

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