



TENORA GRIGSBY

US Bank promotes Grigsby

Tenora Grigsby, formerly operations officer at United States National Bank's Lloyd Center Branch, was named assistant manager and general loan officer of the U.S. National Bank of Oregon's S.E. 72nd and Foster Road Branch. Ron Hood, formerly operations officer at the firm's Electronic Park Branch in Beaverton, was appointed operations officer.

Ms. Grigsby has ten years of experience at U.S. Bank. In 1968 she joined the statewide firm as a commercial teller at the bank's Lloyd Center Branch, and two years later entered the firm's management training program. After completing the program, she was appointed assistant operations supervisor at the bank's Union Avenue Branch and later was promoted to operations supervisor at the firm's Lombard-Emerald Branch in

Northwest Portland. She was assigned operations officer in 1973, and held the same position later at the bank's Lloyd Center Branch.

Ms. Grigsby is active in the American Institute of Banking and the National Association of Bank Women. She has also served as treasurer for the Portland Sickle Cell Anemia Foundation and as an advisor for Junior Achievement.

Hood joined U.S. Bank's management training program in 1972. After completing the program, he was appointed assistant supervisor at the bank's Peninsula Branch in Northeast Portland, and in 1975 he was promoted to operation officer at the firm's Electronic Park Branch. Hood is a member of the American Institute of Banking.

Community Calendar

The greater Northeast Police Precinct Council will meet April 11th, at 7:30 p.m. in the King Facility located at 4815 N.E. 6th Avenue. The meeting will be to discuss major topics of concern including public safety, crime prevention and police relations. Everyone is invited.

On Saturday, April 8th, Prison Ministries, Inc., will present the third annual Awards and Benefit Concert. The concert will begin at 6:45 p.m. at the King School Auditorium, 4815 N.E. 7th, Portland. Groups who will participate in the concert include New Hope Baptist Choir, Maranatha Adult Choir, Faith Tabernacle Choir, Masters 4, and others. For more information, call Prison Ministries, Inc., 282-4705.

Patton-Central United Methodist Women invite all to attend a Mission Fund-Raising Event: "A Spaghetti Feed and Fun Night," Monday, April 10th, 6:15 p.m., sharp! Adults \$1.50 children under 12, \$1.00, meal tickets will be sold just inside the entry. Bring your family, friends and neighbors for a "pleasant evening out."

An Evening with Dr. Jane Goodall, sponsored by the Portland Zoological Society. Dr. Goodall is famous for her long-term, in-depth study of wild chimpanzees of the Gombe Stream Research Centre in Tanzania. Her topic will be "Chimpanzee Childhood and Adolescence." Friday, April 28th, 8:00 p.m. Entertainment preceding Dr. Goodall's presentation will be by the Jefferson High School Band which will be held at the Civic Auditorium, \$3 general admission, \$2.50 for students, Portland Zoological Society members and senior citizens.

The San Francisco Conservatory of Music will hold Auditions for admission and scholarship at the Portland Community Music Center on Wednesday, April 19th, from 2:00 until 6:00 p.m. Persons interested in auditioning must write or phone for additional information and an audition appointment to Richard Howe, Dean, The San Francisco Conservatory of Music, 1201 Ortega Street, San Francisco, California, 94122, (415) 564-8086.

On April 19th the Metro League Band Festival is scheduled for the Mount Hood Community College theater. The day-long festival sponsored by the college gives the several bands an opportunity to compete. Call 667-7155 for more information.

On April 17th Mt. Hood Community College will present the Folger Theater Group production of "Black Elk Speaks" in the college gymnasium as part of Indian awareness week on the Gresham campus. This production is an oral history of the winning of the west as experienced by those who lost it. It stars Clayton Corbin who has played in the original Broadway productions of "The Royal Hunt of the Sun," "Toys in the Attic," as well as several major productions of "Othello." For additional information regarding this event call 667-7260. No admission charge.

Notice of Barbers and Hairdressers written examination. Notice is hereby given that the written practitioners examination will be given to all qualified applicants at the following sites and dates in April, 1978. Portland: State Office Building, 1400 S.W. 5th Avenue, Room 36, Tuesday, April 11th, 8:30-10:30 and 1:30-3:30; Salem: Department of Commerce Labor and Industries Building, Room "F" Basement, Wednesday, April 12th, 8:30-10:00. If there are any questions regarding qualifications or the examination contact: Virginia L. Honeywell, 1-800-452-7813 (Toll Free).

Western States Chiropractic College announces a "Free Childrens Clinic" (under sixteen years). Clinic will be held on Sunday, April 16th, exam includes: postural analysis, eyes, ears, nose and throat, heart and lungs, blood pressure and pulse. Also a free continial spinal analysis and blood pressure (all ages), started on April 3rd. Location: 948 N.E. 102nd, Portland.

St. Andrew Community School is having an April Fun-Fair Carnival April 15th and 16th, from 11:00-4:00 p.m. at 4940 N.E. 8th Street and Alberta in the Community Center. There will be booths, games, good food and lots of fun.

On Tuesday, April 11th, Multnomah County Community Action Agency's Administering Board will meet to discuss issues concerning the Agency's programs for low-income citizens. The public may attend the monthly meetings held the second Tuesday of each month at 7:30 p.m. The location is Gresham Senior Center, 50 N.E. Elliott, Gresham.

The causes and treatment of common lung diseases, such as emphysema, bronchitis, asthma, lung cancer and industrial lung disease will be the topic of a free public lecture offered Tuesday, April 11th at 7:00 p.m. in the Holladay Park Hospital Auditorium, 1225 N.E. Second Avenue. For information call 233-4567, Ext. 118, Education Department.

The Portland Branch NAACP will hold a candidates' fair on April 16th. All candidates for legislative, state, county and city offices are invited to appear. Subjects to be discussed include: redistricting, handling civil rights complaints. Maranatha Church, 1222 N.E. Skidmore, 3:00 p.m.

NAACP Appreciation Night - honoring long-time NAACP workers. Masonic Temple, 1119 S.W. Park, April 16th at 6:00 p.m. (Donation \$12.50).

The Lee Owen Stone Co-operative Preschool located in N.E. Portland, will be having a fund raising garage sale this weekend April 8th and 9th. The sale will be at 2746 N.E. 15th on Saturday and Sunday from 9:00 a.m. until 5:00 p.m. Proceeds will go toward scholarships and general maintenance expenses. For more information call 281-2023.

Learn to make, eat yogurt

According to legend, the original recipe for yogurt was given to the Biblical figures Abraham by an angel to sustain him in the desert. While not as exotic, yogurt will be the topic of a special event conducted by Portland Community College April 20th.

"Yogurt is the food of the 1970's," according to Kay Klein, "and the fastest growing dairy product in the United States."

"It is more than a health food. It's a versatile food that can be used in place of more fattening and expensive things like sour cream in all sorts of recipes including breads, soups and desserts."

Klein is a Home Economics education major from Michigan State University and has been teaching various courses relating to food and nutrition at Portland Community College for several years.

"My family, especially my son and daughter, get to test and sample all of my recipes before I bring them to class," she said.

"We'll be doing some cooking and some sampling in the class," she continued, "and I hope that we'll be able to exchange both recipes and ideas for using yogurt."

The class will run from 7:00 to 9:00 p.m., at Binnsmead Mid School, 225 S.E. 87th Avenue. Fee for the class will be \$3.



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YWCA offers summer camps

Camping for senior adults and a chance to lose weight by the sea are among the new attractions at the Portland YWCA's camp Westwind on the Pacific, which begins registration by mail April 10th.

Located near Lincoln City, between the ocean and the Salmon River estuary, Westwind offers sessions for girls, boys, mothers and children, single parents and children, families and adults. Sessions begin June 14th and end September 9th. In person registration begins April 17th.

Curves Aweigh, June 14th-18th, will get the season underway. Open to women eighteen years or over this session offers a completely new environment, together with exercise and modified eating habits as an incentive to lose weight. A physical examination is required within four weeks of attendance. For all other sessions a physical exam is required within twelve months.

Mother-Child camp, June 20th-23rd and July 27th-30th, offers a special sharing experience for mothers and their children age 2 1/2 or over. Single Parent-Child Camp, July 1st-4th, is open to men or women single parents who would like a special vacation with their children.

Pioneer Ranch will hold several sessions for different age groups, features

working with horses and is open to boys and girls who will select a horse and learn to ride and care for it.

Campers enrolling in Primitive Camp, either one for women eighteen and over or for mothers and their children, will learn to exist in natural surroundings without being destructive and, to explore the environment for resources such as food and shelter.

Youth camping at Westwind offers a variety of sessions. Girls' Camp is open to all girls grades three through twelve. Several Co-ed camps are also offered.

Sessions for adults and families are also scheduled, including Sand, Sea and Self, a weekend away from it all for adult men and women.

Lodging at Westwind is in rustic cabins hidden by natural vegetation, and access to the camp is by a short motor boat trip across the Salmon River.

Vi Martin of the Portland YWCA staff and recently elected to the National Board of the American Camping Association is administrator for Westwind.

Scholarships and other financial aid is available for campers with financial needs.

For more information, visit the Downtown YWCA, 1111 S.W. 10th Avenue or call for a free catalog.

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