

# Grant Generals upset Sunset

by Ron Sykes

Grant Hi's Generals put their game together and rode to a decisive victory Tuesday afternoon, beating number three ranked Sunset, 66-53.

Grant jumped off to an early lead and never faltered. Sunset closed to within four points early in the fourth quarter, but Grant was ready, and R-O-W-D-I-E; and with their tenacious defense, reeled off six straight points to regain their comfortable margin. A. Jackson, a driving lay-in, Brian Cross, a ten foot jumper;

and Mark Radford, a rebound bucket, the blue and gray were moving.

General Ulyses S. Grant, for whom the school was named, couldn't have marched through Richmond any better than "General Mark Radford" marched through the Sunset defense. Radford was simply superlative. Time after time he wowed the Coliseum crowd with his amazing ability. Hitting long jumpers, skying for rebounds, finding the open man with beautiful passes. Mark had 34 points on 12-15 from the field, 12 rebounds and numerous assists.

The Generals entered the game a 15 point underdog, and to the amazement of many, never once did they trail.

Grant led by two at the end of the first quarter, increased their lead to six at half time and from there on it was smooth sailing. Anthony Jackson played his usual tough defense and was the only other General to score in double figures, collecting fourteen points on 5-10 shooting from the field. Grant shot a very respectable 62 percent from the field to gain their stunning upset.

## Trailblazer Wrapup

by Charles Ford

To be a winner in sports demands the same drive and discipline it takes to endeavor anything in life.

The lack of desire to win the game played last Friday night was truly an exhibition of the lack of self discipline, as well as of team discipline. We watched the same Blazers before Walton's leg injury and saw a team that won about six or seven straight games to vault the Blazers into fourth place, only a few games out of the second spot. But the last of Bill Walton proved to also be the last of that needed drive to put the Blazers in play-off competition.

Nineteen games behind in their division, the Blazers still have a chance for the play-offs. In Saturday night's game the Blazers demonstrated the desire to win and played a real bang-up game, beating the Phoenix Sun, and leading the entire game. The Blazers were badly beaten in Phoenix on Sunday.

There are possibilities that Bill Walton will be back in the line-up this week. If he is he may be that needed spark of fire to get the Blazers going again.

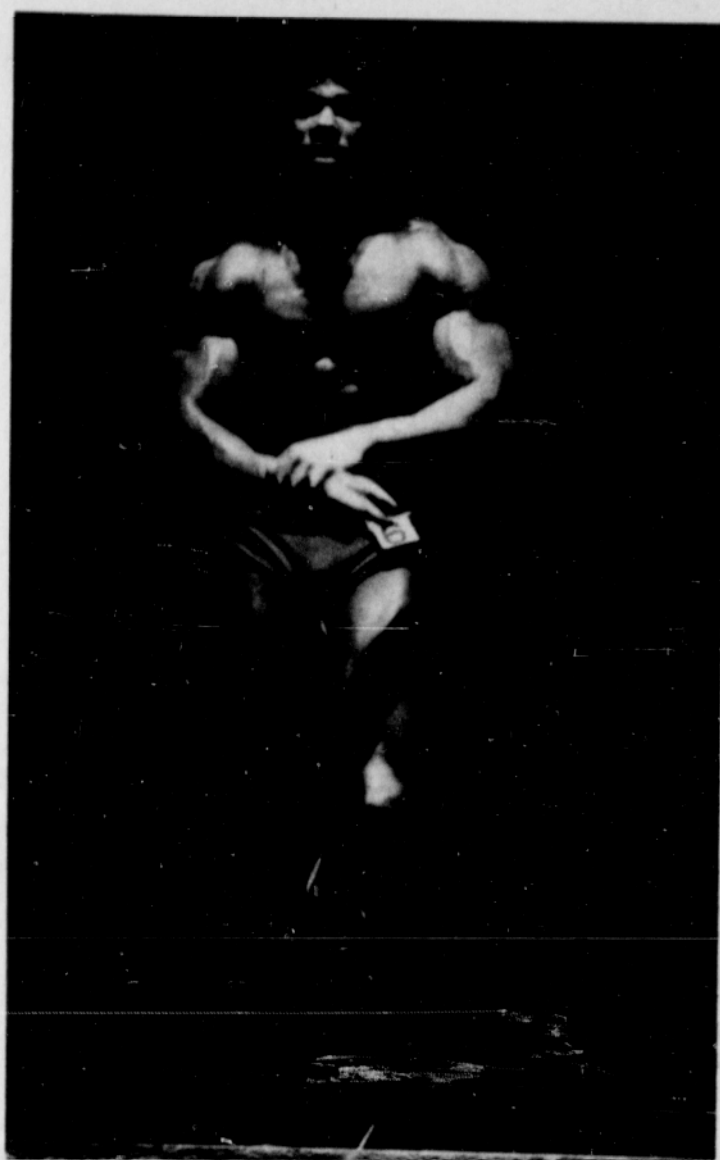
The chances for the play-offs are still alive if the physical and mental condition of the team stays on a positive side. There are approximately eighteen games left in this season, with the advantage of being at home for many of the games. Where the Blazers finish is strictly a decision the team must make for themselves. The fans still remain supportive.

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MICHEAL CHRISTIAN

## Mr. Portland selected

by B.J. Pittman

Hey ladies, check him out! Micheal Christian was titled Amateur Mr. Portland for 1976 Saturday night at the Pacific Coast Physique Championships held at Portland State University, he also took first place and received trophies in Best Built Arms and Best Built Chest.

Formerly from Ingelwood, California, this is Christian's first time entering a physique contest of this nature. Christian accredits his success to long and persistent hours of body building, eating natural foods and getting plenty of rest. Christian stated that when he was seven years old he would go to the neighborhood gym and admire the determination of body builders. That is when he first perceived the idea of wanting to build his own muscular size.

In addition to having an innate ability for body building, Christian enjoys writing, participating in health programs, karate and boxing.

Christian is 21 years of age, single and presently looking for employment. He enjoys being community involved, helping other people by getting specific jobs completed.

Christian lives with his father, Garnett Christian and his younger brother, Mark.

## Community Calendar

The Legislative Task Force on Auto Emissions Control will hold a public hearing on March 22nd at Cascade Center (Student Union Cafeteria) at 1:00 p.m. and 7:30 p.m.

Awareness Fair on programs for the mentally retarded. March 14th, 2:00 to 4:00 p.m., IED Gymnasium, 220 S.E. 102nd. Sponsored by Multnomah Association for Retarded Citizens.

An exhibition of Japanese flower arrangements by Portland members of the Saga School of Ikebana, will be shown at the Portland Art Museum on March 13th and 14th from 12 noon to 5:00 p.m.

The two-day long exhibition of flower arrangements will be shown with "New Japanese Photography," the first extensive survey of contemporary Japanese photography outside of Japan. The show consists of 187 works dating from 1940 to 1973, presented as a series of fifteen one-man shows.

Mini-Capers, a short term day camp experiences for girls and boys ages six to twelve, is scheduled at the Downtown YWCA, 1111 S.W. 10th, during Spring Vacation Week. Mini-Capers is scheduled from 8:00 a.m. to 5:30 p.m. March 22nd through 26th.

The Concerned Black Students of Pacific University mark its third annual "Black Cultural Week", March 28th through April 3rd. The theme of this experience is "Black Renaissance". All through the celebration week will be memorable events with a one act play, guest speakers, African dancers, symposiums, Paulene Meyers (one woman act). The week will be highlighted with a "Dinner and Show" that will bring the Past, Present and Future of this country's Black history.

A workshop that provides insight and information on body changes that take place in teen women. Feel comfortable with yourself and your sexuality. (Three sessions) begins April 15th, Thursdays, 7:30 to 9:30 p.m.; fee \$5.

A workshop for seventh and eighth grade students and their parents (one or both). Learn skills for listening and communicating with one another, as well as dealing with conflict. (Three sessions) begins March 16th, Tuesdays, 7:30 p.m.; student and parent, \$9.

"Energy for Industry: the Next Ten Years" is the topic of a one day symposium to be hosted by Portland State University and the Federal Energy Administration, Region X, on the University campus in Portland on March 25th.

Industry, government and university representatives will address the impact of fuel supply, demand and price on Pacific Northwest industry during the next ten years.

Topics to be covered are oil, natural gas, coal, electricity, Federal energy policy, energy management and industrial energy conservation.

The Oregon Association of Teachers of Esperanto and the Esperanto Society of Portland will offer a variety of free and inexpensive classes in the international language, beginning in March and April. A workshop for teachers will be held Wednesday evenings at Standard Plaza and, beginning on April 15th, there will be beginner, conversation, and advanced Esperanto classes at the Main Library. For further information and other locations and times of classes, call 771-8960 or 222-2407.



## FROM LAND OR SEA... FIND IT AT SAFEWAY!

FISH AND SEAFOOD FROM THE DEEP... USDA CHOICE AGED BEEF... FRESH LEAN PORK... YOU NAME IT... SAFEWAY HAS IT!

|                                                                                                             |                                                                                                          |                                                                                                    |                                                                                                    |                                                                                            |
|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| <b>MANOR HOUSE FRIED Chicken</b><br>Delight and Heat or Serve Cold Picnic Style<br>2-LB. PKG. <b>\$1.88</b> | <b>REGULAR OR BEEF Wieners</b><br>Safeway Skinless Juicy & Nutritious<br>12-OZ. PKG. <b>59¢</b>          | <b>FRESH DUNGENESS Crabs</b><br>Fresh In-shell Whole Crab from Pacific Waters<br>lb. <b>\$1.09</b> | <b>BONELESS CROSS RIB Beef Roast</b><br>USDA Choice Beef Chuck Shoulder Roast<br>lb. <b>\$1.28</b> | <b>USDA CHOICE Rib Steak</b><br>Small End Cut, Tender Lean Beef<br>LB. <b>\$1.78</b>       |
| <b>FRESH BEEF Hearts</b><br>Economical Entree Try It Baked with Dressing<br>lb. <b>68¢</b>                  | <b>DEL MONTE SLICED Bacon</b><br>Fully Smoked Fancy Bacon... Breakfast Favorite<br>12-oz Pkg. <b>98¢</b> | <b>OREGON SALAD Shrimp</b><br>Small Pre-cooked Shrimp for Salads for Louies<br>lb. <b>\$1.98</b>   | <b>BEEF PLATE Short Ribs</b><br>Brisket or Beef Great for Stew or Soup<br>lb. <b>78¢</b>           | <b>USDA CHOICE BEEF Rib Roast</b><br>Large End King of Oven Roasts...<br>lb. <b>\$1.58</b> |
| <b>FRYER PARTS</b><br>LOCS OR THIGHS<br>lb. <b>.88¢</b>                                                     | <b>FROZEN DUCKLING</b><br>MANOR HOUSE<br>lb. <b>.79¢</b>                                                 | <b>BEEF LIVER</b><br>SLICED, SKINNED<br>lb. <b>.78¢</b>                                            | <b>PORK SAUSAGE</b><br>WHOLE HOG Safeway 12-oz. Roll<br>lb. <b>\$1.18</b>                          | <b>CLEANED CRAB</b><br>A Great Buy!<br>lb. <b>\$1.73</b>                                   |
| <b>CRAB MEAT</b><br>Salads or Louies.<br>lb. <b>\$4.48</b>                                                  | <b>CRAB COCKTAIL</b><br>TABLE READY<br>lb. <b>54¢</b>                                                    | <b>MEAT PIES</b><br>MANOR HOUSE<br>3-oz. <b>88¢</b>                                                | <b>BEEF PATTIES</b><br>SMITH'S FORMER<br>2-oz. <b>\$1.48</b>                                       | <b>BEEF SAUSAGE</b><br>SAFETY SERRANO<br>3-oz. <b>\$2.28</b>                               |

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| <b>VELKAY 3-LB. SHORTENING</b><br>All-Purpose<br>Can <b>\$1.18</b> | <b>LUCERNE 64-OZ. DRY MILK</b><br>20<br>Can <b>\$3.98</b>    | <b>GRAPE or ORANGE HI-C FRUIT DRINKS</b><br>46-oz. Can<br>Can <b>44¢</b> | <b>LADY ELBERTA PEACHES</b><br>Freestones Halves or Slices<br>29-oz. Can<br>Can <b>58¢</b> | <b>DEL MONTE LIGHT CHUNK TUNA</b><br>6 1/2-oz. Can<br>Can <b>48¢</b>                                                                                            |
| <b>DEL MONTE STEWED TOMATOES</b><br>16-oz. Can<br>Can <b>3\$1</b>  | <b>20¢ OFF LABEL TIDE</b><br>34-oz. Box<br>Box <b>\$1.88</b> | <b>DEL MONTE GREEN BEANS</b><br>16-oz. Can<br>Can <b>5\$1</b>            | <b>DEL MONTE FRUIT COCKTAIL</b><br>17-oz. Can<br>Can <b>3\$1</b>                           | <b>SAVE \$1.07 ON 1</b><br>SAFETYWAY<br>Coupon Redeemable March 10-16, 1976<br><b>3-LB. COFFEE</b><br>Reg. \$4.66 Save \$1.97<br>With This Coupon <b>\$3.59</b> |

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| <b>FRESH PRODUCE</b>                                                                                                                                                              |                                                                                                              |
| <b>VINE-RIPE TOMATOES</b><br>Beautiful Slicers for Sandwiches, Salads, or Fresh Eating<br>lb. <b>29¢</b>                                                                          | <b>SWEET ANJOU PEARS</b><br>It's Green when Ripe Firm Flesh and Extra Sweet Eating<br>5 lbs. <b>\$1</b>      |
| <b>Green Avocados</b> 39¢<br><b>Bunch Spinach</b> 2 for 49¢<br><b>No. 1 Baking Yams</b> 29¢                                                                                       | <b>Jumbo Tangelos</b> 29¢<br><b>Bunch Broccoli</b> 39¢<br><b>Peanuts</b> 49¢                                 |
| <b>SAVE 30¢ ON 1</b><br>SAFETYWAY<br>Coupon Redeemable March 10-16, 1976<br><b>SUN MAID SEEDLESS RAISINS</b><br>Reg. \$1.29 Save 30¢ With This Coupon<br>2-Lb. Pkg. <b>\$1.49</b> | <b>CRISP BUNCH CELERY</b><br>Sweet Nibbles Raw<br>Ea. <b>29¢</b>                                             |
| <b>STEER MANURE</b><br>"Steer-Plus" Natural Fertilizer for a Better Mix... Wood Free<br>1 cu. ft. <b>88¢</b>                                                                      | <b>BARK DUST</b><br>"Bark-O-Match" All-Purpose Match to Help Control Wood Growth<br>2 1/2-cu. ft. <b>88¢</b> |

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| <b>FROZEN FOODS</b>                                                                                                                                                                        | <b>WHEAT BREADS</b>                                                                                                                                                                                         |
| <b>ORANGE JUICE</b><br>100% Pure Florida Juice<br>12-oz. Can <b>2.89¢</b>                                                                                                                  | <b>Crushed Wheat</b><br>Mrs. Wright's Reg. or Sundwich 100% Whole Wheat Shoyok...<br>22 1/2-oz. Can <b>48¢</b>                                                                                              |
| <b>Strawberries</b> 10-oz. Pkg. 39¢<br><b>Corn or Peas</b> 10-oz. Pkg. 4 for \$1<br><b>Hashbrowns</b> 10-oz. Pkg. 39¢<br><b>Sara Lee</b> German Chocolate Cake... 13 1/2-oz. <b>\$1.18</b> | <b>Burger Buns</b> 10-oz. Pkg. 48¢<br><b>Cheddar Cheese</b> 2-lb. <b>\$2.98</b><br><b>Potato Salad</b> 15-oz. Can. 48¢<br><b>Large AA Eggs</b> 15-oz. Doz. 63¢                                              |
| <b>LOOK FOR OUR AD IN NEXT WEEK'S PAPER ANNOUNCING THE FRIENDLY PEOPLE CONTEST WINNERS</b>                                                                                                 |                                                                                                                                                                                                             |
| <b>SAVE \$1.80 ON 1</b><br>SAFETYWAY<br>Coupon Redeemable March 10-16, 1976<br><b>WILD SEED</b><br>Reg. \$3.76 Save \$1.80 With This Coupon<br>24-oz. Bag <b>\$1.96</b>                    | <b>SAVE 30¢ ON 1</b><br>SAFETYWAY<br>Coupon Redeemable March 10-16, 1976<br><b>KODAK COLOR PRINT FILM</b><br>LIMIT 1<br>C-110-20 or C-126-20<br>Reg. \$1.60 Save 30¢ With This Coupon<br>Roll <b>\$1.38</b> |
| <b>Prices effective thru March 16 at all Portland &amp; Vancouver Area Safeways.</b>                                                                                                       |                                                                                                                                                                                                             |

