



Competition is high at Portland Meadows racing season opens.

Portland Meadows opens with fast start

Portland Meadows was off to a good start with an opening day crowd of 10,831 and weekend betting of nearly \$1.5 million.

In spite of muddy conditions, Pie and Go triumphed in Sunday's featured Portland Purse and was presented the trophy by City Commissioner Charles Jordan. The three-year-old led by three lengths, finishing the five furlong course in 59 seconds.

One of the changes made this year is the new evening post time of 7:00 p.m. That is one-half hour earlier than last season. The Saturday and Sunday post starts the same at 1:30 p.m.

There will be Monday racing for the first time in this decade. There will be five days of competition, including Monday nights, for seven consecutive weeks, beginning in mid-March. During the remainder of the season, the regular schedule of Wednesday and Friday nights and Saturday and Sunday afternoons will prevail.

The massive renovation started last year has been continued to make the Meadows more convenient and enjoyable for the patron. Additional improvements made this year include the complete renovation of the public parking lot and a

new color closed-circuit television system has been installed with the number of monitors nearly doubled throughout the grandstand, clubhouse and turf club. Another new feature this year is the addition of electric timing equipment which will list a continuous readout of the race fractions on the tote board.

The luxurious turf club and clubhouse, completely remodeled prior to last season, continues to be one of the most beautiful and practical ever built at a sports complex. The clubhouse, which seats nearly 1,000 fans and the turf club, which seats nearly 600, are air-conditioned, heated and ventilated. Of course the entire plant is enclosed for protection from even the worst weather.

For the first time this season at the Meadows, patrons seated at the grandstand terrace tables will be able to order a complete dinner off the menu as has been done in the clubhouse and turf club in the past.

Forty-five feature and stakes races have been slated for the meet including 32 of these races for thoroughbreds. With a tremendous increase in both attendance and wagering, 1976 looks to be the biggest in Oregon racing history.

As in other recent seasons, the

campaign will include five days of racing each for the Pacific International Livestock Expo and the Multnomah County Fair. As in 1975, the two fair meets will be incorporated within the context of the complete season.

Special group admissions may be arranged by calling the Public Relations Department at 285-9144, ext. 14. Table reservations may be made by calling ext. 20 at the above number.

Colton promises salary return

Bonnie L. Colton has announced her candidacy for City Commissioner, Position Number One.

In making her announcement, Ms. Colton signed a "contract with the voting citizenry of Portland, Oregon," if elected to donate one half her salary to charitable organizations.

She said, "We live a modest life and will continue to do so, with the remainder of my salary returned to the people to benefit charity and other worthy organizations, hence, back to the people of Portland."

Ms. Colton has long been active in grass roots organizations, particularly those working with the poor.

Turner family visits Portland

Child Care Advocacy

by Marjorie Brown Wright

Home for the Holidays and a Happy Birthday Celebration, too, was Martin L. Turner, Jr., with his wife, Bonita, and their two daughters, Kristene Lei and Mechele Lynne, from the City of Los Angeles, California. The landmark for their holiday stay was at the home of Martin's parents, Mr. and Mrs. George W. Jordan, and sharing in all the entertainment and celebration was Martin's brother, Michael George Jordan, and his wife, Shelley Marie, and their young daughter, Paula Renee.

Mr. and Mrs. Charles Rawlins (Mechele's Godparents) entertained with a luncheon party of fifteen at the Quay in Vancouver, Washington, coupled with a chicken dinner in their home. Entertainment for the evening was bridge, court whist and pinochle; cocktails and bridge with Mr. and Mrs. Vernon Chatman; a holiday luncheon and bridge and prizes for the winners at Mr. and Mrs. Leland Williams; Champagne Sip-n-Dip Party with Mr. and Mrs. Oscar Haynes and friends; a chain of three New Years Eve Parties starting at the home of Bobby Block's, journeying on to celebrate Horace Johnson's birthday party with Horace and Darrell and friends, and welcoming in the New Year with the "Pace Setters" Bridge Club at the home of one of the members, Edith Williams and her husband, James. It was Ice Skating and dinner followed with a slumber party at Lisa Rankins. Lisa is the daughter of Mr. and Mrs. George Rankins. The granddaughters worship in church services with the grandmother at Bethel A.M.E. Church with Reverend Lee Henderson, Pastor.

Lois McDonald, Jessie Mae Johnson, Lonnetta Williams, and James and Dorothy Heffner presented the family with special mementos.

December 25th was Turner's birthday, so his birthday was celebrated with an old fashioned Christmas breakfast with just the family present. They called it a soul-food-birthday-breakfast, but there was as much soul in the air as there was on the table!

Turner is a product of Portland. He finished high school at Jefferson High School and is a graduate of the University of Portland in Business Administration. He recently received a M.A. degree in Business Administration from U.C.L.A. He is one of the few Black certified accountants in the United States and he has been an Internal Revenue Agent with the City of Los Angeles for twelve years. Martin's wife, Bonita, is an Advance Marketing Support Representative with I.B.M. His daughters, Kristene Lei, twelve years old, is a seventh grader, and Mechele Lynne, six years old, is a first grader at Pilgrim School in Los Angeles.

Inclusion of preventive services is a key factor for a successful comprehensive health care system.

Support for this concept is needed from parents who carry responsibility for the health of their children, and especially from staff of child care agencies, such as day care homes and centers, which provide care for children while their parents are in training or employed.

Day care personnel share responsibility for the health of children.

The Child Welfare League of America provides eight guidelines for the health program in day care services. A brief review of the guidelines reveal they are reasonable for protecting the child from serious illness which could be more costly to the child and parents.

Parents should present a complete medical examination record when their child is accepted for day care. The child should receive follow-up examinations at regular intervals, for example, every six months. Examinations should include confirmation that the child has received a tuberculin test, immunizations and tests for sight, hearing, dental health, and emotional problems.

Parents should regularly provide day care personnel with information about their child's behavior, health, and nutrition. In turn, day care personnel should regularly provide the parents with information about the child's growth and development, give information and assistance to parents in receiving dental and other health care.

Day care personnel should also present a complete medical examination record, before they join the staff and at least once a year thereafter.

Upon arrival each day, before the parent who brought the child leaves, the child should be inspected for signs of illness. The parent's presence will facilitate the answering of questions, or, if necessary the parent can take a seriously ill child home or for medical care.

The child is also observed through-

out the day for signs of illness. Day care programs should have isolation areas for the sick child. A doctor's check should be given before a child absent for serious illness is readmitted for day care.

Knowledge of first-aid by day care personnel and availability of first-aid supplies are essential. Emergencies do occur. Parents should be sure the day care program has on record how to contact them, an alternate person, the family doctor, the date the child last had a tetanus shot, and the parents written consent for the child to receive emergency medical care.

Parents should know that day care personnel cannot give their child an aspirin or other medical care. Exceptions are possible only with the written consent of the parents and the written instructions of the doctor.

If a child is handicapped and receiving special services, such as at a speech clinic or mental health clinic, parents should provide day care personnel with necessary information for their cooperating in the child's treatment plans.

Awareness of the primary preventive promise (ppp) in the day care health program is needed.

During the last few years, several comprehensive health care programs have been proposed. Two stumbling blocks for progress on such proposals have been questions of financing and the availability of health care personnel.

An in depth discussion toward resolution of these questions cannot be offered here. Clearly, preventive health care for children requires fewer health care personnel and is less costly than treatment for serious illnesses or rehabilitation health care.

The issue of a comprehensive health care system for our nation is expected to be widely debated during the Bicentennial year - an election year. Study the issue, decide, and request support from your local officials, state legislators, and congressional representatives.

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Community Calendar

Concordia College and High School will hold a special concert featuring Paul Hill in the Fine Arts Building located at N.E. 27th Street and Highland Avenue on January 8th at 8:00 p.m.

Paul Hill is a talented vocalist and song writer having performed and written music for Aretha Franklin, The Jackson Five, The Supremes, and Sammy Davis, Jr. The unusual feature in Mr. Hill's life is the fact that he has not chosen musical entertainment as his profession, but rather has devoted his life to teaching first grade children at Faith Lutheran School in Los Angeles.

The Esperanto Society of Portland will hold its monthly meeting Wednesday, January 14th, 1976 at the Standard Plaza Building, 1100 S.W. 6th Avenue, at 7:30 p.m., in the third floor cafeteria. Meeting is open to the public. For information on college credit course in Esperanto call Hazel Housser - 771-8960.

Oregonian staff photographer Mike Lloyd will exhibit work from his files in Portland State University's Portland Room, second floor, Smith Memorial Center, January 12th through the 30th.

Lloyd, 22, a native of Portland, graduated from PSU with honors last year. He has been at the Oregonian for three years.

Lloyd has won two first place awards in the Northwest Associated Press photo contests, and several second place awards from the National Press Photographers' Association. In addition, one of his photos will be included in a Time/Life annual publication in a section devoted to newspaper photographers.

Hours for the Portland Room are weekdays 9:30 to 10:30 a.m., 11:15 a.m. to 1:30 p.m., 2:30 to 3:30 p.m. and 5:00 to 7:00 p.m.

Jim Watson, the Socialist Workers Candidate for Congress, District 3, will speak on the topic "Angola-another Vietnam" at the Militant Bookstore forum to be held Friday, January 9th at 8:00 p.m. at the Militant Bookstore, 208 S.W. Stark, Room 501. Watson's talk will focus on the debate around U.S. involvement in the civil war in Angola and the current situation in Angola today.

Portland General Electric's Harborton gas turbine generating plant in Northwest Portland will be the subject of a hearing before an Environmental Quality Commission hearings officer on Wednesday, January 21st. The hearing will begin at 10:00 a.m. in Room 602 of the Multnomah County Courthouse, 1021 S.W. 4th Avenue. DEQ Director Loren Kramer is recommending the plant be limited to emergency operation only and that the company be required to move the plant within two years.

Concordia holds open House

The public is invited to an Open House held by the Independent Learning Center of Concordia College on January 19th.

Independent Learning Center was established in 1973 to provide enrichment for the entire college campus community. Although the program has been designed to offer individualized instruction to all students, particular attention is given to meeting the needs of ethnic, minority, disadvantaged students, and others who have academic problems.

"The ILC's main goal is, as it should be, to educate students. One way in which the ILC is able to achieve this goal is to better acquaint the total campus community with the ILC," stated its director, Ms. Sandy Yuvienco.

Student tutors are chosen for the ILC with specific duties and responsibilities clearly defined. Being a tutor is an important job, one that entails dedication, trust, and genuine concern for his or her fellowman.

The tutorial program is primarily for the benefit of the student who is experiencing problems with his academic work. All efforts are being made to avoid stigmatizing academically disadvantaged students as being inferior. Friendship, genuine concern for one another, and the sharing of ideas and aspirations help to alleviate the traumas accompanying many community and rural area students as entering freshmen.

Tutors, especially the faculty, are very essential for the working of Concordia's ILC program. Students experiencing difficulty know that the work being completed in the ILC is valid, as any other course due to faculty intervention and assistance. The ILC 90 courses are given five hours credit just as any other course offered on campus. These courses are non-transferable, but do count in the over-all cumulative G.P.A.

The services provided by the ILC are especially for the study skills areas, such as: math, reading, comprehension, grammar, punctuation, spelling (vocabulary) and other study skills.

The rewards from the ILC program on Concordia's campus are twofold. The tutor gains invaluable experience working on a one-to-one basis with another human being, involving the tutee as a necessary segment of campus community, and giving him/her a sense of belonging. The tutee has learned new skills and improved on many others, acquired self-confidence and developed better ideas of what and how to study. The tutor in charge gains more proficiency and better understanding of his



SANDY YUVIENCO

area of study by helping another.

"Hopefully, all of Concordia benefits from the ILC and its philosophy of helping all students by any means necessary," added Director Yuvienco.

Further information may be obtained by calling 288-9371, Ext. 212.

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