



Mrs. Clema Eichelberger (right) looks forward every week to Bessie Richard's visit as a homemaker with the Metropolitan

Homemakers provide services for house-bound

When Bessie Richard heard Mrs. Clema Eichelberger choking she didn't panic. "I just ran to her, squeezed her chest, patted her on the back, and removed the piece of food."

Miss Richard, had just given dinner to Mrs. Eichelberger and was finishing up in the kitchen when she heard her choke.

"The way she was choking I didn't have time to panic. I just did what came natural to me from what I had learned in training," she said jubilantly.

The training came from the Metropolitan Family Service where Bessie is a Homemaker with the agency. The agency, partially funded by United Way, has about twenty-five homemakers.

"Homemakers are part-time and usually visit their clients twice a week though it does depend a lot on the client's need," said Mrs. Evelyn Colwell, Director of

MFS Homemakers.

The Homemaker is provided to older people who, without such care, would be required to go to a nursing home or hospital.

"A lot of people just can't afford extended stays in institutions," said Mrs. Colwell. That's where the United Way programs help, she explained.

The Homemaker will prevent, postpone or shorten institutional care by providing part-time help with household routines and personal care. Also the Homemaker joins with a professional social worker to deal with emotional problems of clients.

"Our Homemaker isn't just there for household chores. We actually provide friendship and personal encouragement in the client's own surroundings, which might not be possible if the person were put into an institution," Mrs. Colwell said.

Social worker, Margie Hassel assists Mrs. Richard.

"We are very much aware of what's happening between the Homemaker and the client. I have conferences once a month with the Homemakers and if a special problem comes up we can have a conference with them just about any time," said Mrs. Hassel.

Besides working out emotional problems, the social worker evaluates the needs of applicants and determines if the service is beneficial to them. Social workers also establish and coordinate other needed services, such as physical therapy and counseling the client's family. Finally, they determine with the

patient, Homemaker and family when the service should end.

Another Homemaker under Mrs. Hassel also possibly saved a patient's life last month.

Maxine Barthuli, arrived at her client's home and immediately saw that she had an infected foot.

"I knew that if something wasn't done, she could die of blood poisoning. After calling the patient's family doctor, I took her to the hospital and waited until 6:00 p.m.," said Mrs. Barthuli.

The doctor told Mrs. Barthuli her client would have to be hospitalized. The patient was given antibiotics and released seven days later.

"I didn't know it was that serious," said the patient later. "If Mrs. Barthuli hadn't come over, I wouldn't have done anything about it."

Mrs. Hassel feels Homemakers handle situations very well.

"They're really put on the firing line. I tell them that their care for the patient is very important," said Mrs. Hassel.

The clients are billed on a sliding scale, according to what they can afford, as are all United Way clients.

"One thing though, there's always a need for more Homemakers," Mrs. Colwell said with a smile.

Grandparents earn awards

The Foster Grandparent Program celebrated their Tenth Anniversary on November 25th, 1975, at the Providence Child Center, during an Open House. Cleveland Gilcrease, Executive Director of Portland Metropolitan Steering Committee, principal speaker, and Dr. Stephen Stivers, State Program Director, ACTION, presented the awards.

Recipients of awards were Foster Grandparents: Ms. Melba Sears, age seventy-seven; Ms. Vera Blaumer, age seventy-two; Ms. Opal Greaby, age seventy-six; and Ms. Helen Walter, age seventy-seven. Ms. Greaby was also recently presented an award by the President of the United States for her ten years of service. Portland Metropolitan Steering Committee received an award for being one of the original sponsors when Foster Grandparent Program was originated ten years ago.

The Foster Grandparent Program offers older men and women the opportunity to participate in, and actively contribute to, community efforts to provide companionship and guidance for emotionally, physically and mentally handicapped children.

Some 13,627 persons are serving as Foster Grandparents in fifty-seven projects in fifty states, Puerto Rico, the Virgin Islands and the District of Columbia. Locally, there are Foster Grandparent Programs at Waverly Childrens Home and Providence Child Center.

The Foster Grandparents are volunteers who must be at least sixty years old and in good health. They are supervised by the child-care teams of their assigned agencies and are required to attend regular in-service training sessions.

Sheriff greets community

Sheriff Lee P. Brown has invited the public to attend the Grand Opening of the Sheriff's Community Office at 220 S.E. 102nd Avenue, Saturday, December 6th, from 1:00 p.m. to 4:00 p.m. This event is also designated December's Sheriff's Peoples' Day, where citizens can talk to the Sheriff about mutual concerns. Refreshments will be served. State and local officials along with Sheriff Brown and Neighborhood Team officers will be present to meet the public and discuss the Division's new Team Policing concept.

The community office, which is located in the north end of Russellville School, serves the area from S.E. Division on the south to the Banfield Freeway on the north, and from 162nd on the east to the Portland City Limits on the west; this area has been designated "Team Three."

The new Team Policing concept is designed to bring the Team officers and the citizens of the community closer together. Community offices, such as the Team Three office, with regular open-to-the-public hours (7:00-11:00 p.m., Wednesday-Friday) give the citizens of the community a convenient place to meet for discussing various local problems with the particular officers who serve their community.

Pianist cheers senior center

by Martha Anderson

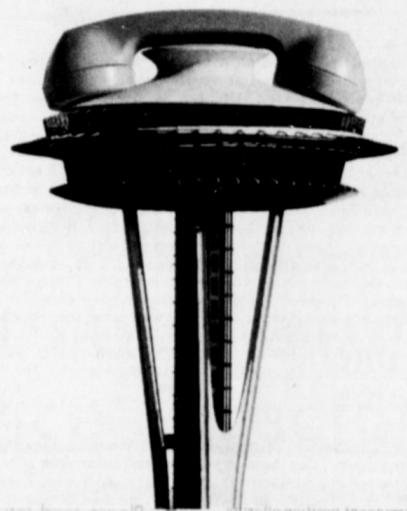
Since he was seven years old, Donald Anderson, a native Portlander born in the Portsmouth area, has been playing the piano. He's still going strong at the PACT Senior Center in Southeast Portland. In fact without his bright melodies, sing-a-longs and other festivities they would not nearly be so much fun, the Seniors say. His repertoire is large and varied, stored away in his memory is everything from "Shine on Harvest Moon" to Bach. Classical music he admits is his first love though he doesn't play it as often as he'd like.

"It was my sister who started teaching me music when I was seven," Don says. "Then my parents gave me lessons at Mrs. Gettings, a German lady. My last year in high school I won a scholarship sponsored by Mr. Theodore Wilcox, owner of the Wilcox Building. It gave me the chance to study for one year under Professor Ganz at the Chicago Musical College. Before World War II I played with the Symphony in Los Angeles, and during the War toured USO's all over the Northern part of California. Our base was Treasure Island. After the War the Ink Spots came to Portland and when their pianist became ill, I joined them. For two years we toured Alaska going as far north as Elmendorf Air Base."



DONALD ANDERSON

But now, Anderson says, he doesn't miss the club dates, as the air was always so filled with smoke. "Here, at the Center I'm away from it, and I consider it a privilege to work making others happy."



Seattle: \$6.78 an hour.

It's really amazing to think you can talk to someone in Seattle for so long—for so little.

But you can. Simply dial direct before 8 a.m., and you'll pay only \$6.78, plus tax, for a full hour of conversation.

Low rates like this apply on calls to cities all across the country, when you call during

off-hours. So, go ahead. Reach out and touch someone you love bright and early tomorrow morning. By long distance. It's a great way to start the day.

*Discounted charge for a 60-minute call dialed direct, without operator assistance. Portland-Seattle, 11 p.m.-8 a.m. Every day.

 Pacific Northwest Bell

Wards outfits Olympic athletes

For the first time in the history of the Olympic Games, the United States Teams are being outfitted with complete travel and leisure wardrobes designed exclusively for them by an internationally famous American designer.

Halston, one of the country's outstanding designers, has designed three sets of wardrobes; the first for the recent Pan American Games in Mexico; the second for the Winter Olympics in Innsbruck, Austria, next February; and the third set for the Summer Olympics in Montreal next July.

Montgomery Ward, the 103-year-old national merchandising company, was selected by the United States Olympic Committee as official supplier. The company is supplying wardrobes and luggage to each athlete and official as a Bicentennial contribution to the Olympics.

Halston's designs are also being offered by Wards to its customers. Available in most retail stores and the Fall catalog, the Winter Olympic fashions are charac-

terized by simplicity and directness. And the pared-down elegance proves as right for this new line of sportswear for America's top athletes as it is for the custom lines that made Halston's name a fashion byword for American fashion.

Designed for the Winter Olympics travel, parade and leisure apparel are matching pea coats for men and women, matching quilted parka jackets, and matching melton cloth "big top" parkas.

Trim navy slacks and polyester leisure suits for men and women complete the wardrobe. Accessories include classic knit watch caps, matching scarves and turtleneck sweaters.

Colors for the teams will be Bicentennial red-white-and-blue, but Ward's customers may choose from several alternate shades in Halston duplicates. The pea coat, for example, comes also in camel color; the "big top" parkas in navy or red; the quilted nylon jackets in navy or burgundy in men's sizes, navy or white in women's sizes.



Pea Coats designed for the 1976 United States Winter Olympic Team are of heavyweight melton cloth (80 percent wool, 20 percent nylon) in traditional double breasted design. (Left) Parkas for men and women have Big Top look, with two zippered and two flap pockets. (Above) Fashions are available only at Montgomery Ward and come in official navy and red. The Pea Coats are also available in camel.

Fred Meyer

**Super Shopping Centers
Help Lower your
Cost of Living . . .**

Your nearby Fred Meyer Super Shopping Center is filled with "People-Pleasing" services to make your shopping more pleasant. Wide, spacious aisles, friendly helpful clerks and undercover parcel loading are just some of the "People-Pleasing" services for you. Plus...everyday low prices on thousands of items you use and need everyday help lower your cost of living.

Because we're open 9 a.m. to 10 p.m. daily, including Sunday, you can shop when you WANT to, not when you HAVE to. Come in anytime and "funshop" in a pleasant, relaxed atmosphere.

• *Walnut Park* N. Killingsworth at Union

• *Interstate* N. Lombard at Interstate

• *Peninsula* 6850 N. Lombard

Open 9 am to 10 pm daily, including Sunday.

Plenty of Free and Easy Parking

Acres of free and easy parking make it quick and convenient for you to park and shop anytime.