

Program airs Outreach

Can an untrained minority youth get a good job in the building trades in Portland? Charles Ganter, Director of the Urban League's Project Outreach, and Louis (D.J.) Johnson, explain what steps are necessary.

Ganter, as Director, explains technical points of the project. D.J., a graduate of

the apprentice program, explains his feelings, while he reflects on previous work experiences.

For an indepth report on Project Outreach, tune in Sunday, October 14th at 8:30 p.m. on KPTV Channel 12 and see "How Far Can You Go", or go to 5329 N.E. Union, Project Outreach offices.



Harvey Garnett, owner of Alameda Cinema (right) with Charlton Heston at the National Association of Theater Owners conference in San Francisco. Garnett was named to NATO's Minority Affairs Affirmative Action Committee. He is one of four Black theater owners in the nation.

PCC trains shoe repairmen

Kent Russell is one of five Portland Community College students using a shoe repair shop as a classroom this fall.

The college launched a one year course in shoe repair following a plea from the Master Shoe Repair Association of Oregon, whose spokesmen say their trade "is dying".

Portland's shoe repair shops have dwindled in number from over 300 to less than 40 in recent years. Shop owners feel that low apprenticeship wages have been one of the reasons for the apparent lack of interest in the trade.

Their idea was to make available a more productive way of entering the trade, enabling younger members of the profession to buy into existing shops and "fill the gap" left by retiring shoe repairmen.

The result is the PCC course in which students work a 40-hour week with a shop owner his only teacher, the shop his only classroom.

Russell, formerly of Eugene, has been learning the craft from Dave Vanek, who owns a repair shop in Eastport Plaza.

Vanek shares his knowledge of the use and maintenance of equipment, and bench work, including stitching, heel and sole work, and reshaping.



Kent Russell learns the finer points of shoe repair in Portland Community College's new Leather Crafts program which places students in an on-the-job situation with an experienced shoe repairman.

He will also teach the student his techniques for making leather bags, belts, and watchbands.

Vanek, who has been in the repair business 14 years, says he shares his skills

because he has recognized the need for "conscientious, steady help".

"When Kent is done, he will know every facet of the shop and should be ready to run one of his own."

The college has a waiting list of other shoe repair businessmen throughout the Portland area who would like to train students. Teaching shops are selected by PCC on the basis of experience and reputation.

The college has set no fixed terms or enrollment dates for the shoe repair course. Interested persons may register at any time during the year by contacting Geraldine Pearson, PCC, 244-6111.

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Womens clinic opens

A psychological counseling clinic for women operated by women is gearing up for a busier schedule during the school year at Portland State University.

Called the Women's Psychological Clinic, the service operates on the premise that some women may want to take advantage of psychological counseling from other women rather than men.

The clinic is staffed by Carol Gygi, a graduate student in urban studies at PSU, and Courtney Goodmonson, a psychology doctoral student. The two women founded the clinic last year.

Ms. Goodmonson said the clinic will add an additional

therapist this year to meet an increased demand for counseling services. "Our goal is to reach women in the community with a counseling service that otherwise would not be available to them at such a moderate price," she said.

There is a fee schedule for both individual and group counseling sessions.

The hours of the clinic, which is in Room 365, Cramer Hall, 730 S.W. Mill, are between 9 a.m. and 2 p.m. Monday through Friday.

For more information on the clinic, call Ms. Goodmonson or Ms. Gygi through the Department of Psychology at Portland State University at 229-3923.

Mitchell earns award

(Continued from pg. 1, col. 6) Nation's Capital. His greatest triumph was perhaps the part he played in the passage of the Civil Rights Act of 1964. In 1969 he was awarded the Spingarn Medal for "his selfless devotion to the task of ending racial bias; his uncompromising rejection of racism, white or Black; his wisdom and tenacity in the pursuit of just laws; his abiding faith in the democratic process as a means of achieving freedom and equality for all; and the pivotal role he has played in

enactment of the Civil Rights Act of 1968, with its fair housing title."

Senator Edward Brooke, the only Black member of the Senate, was the guest speaker at the dinner which honored a series of Black elected officials at the county, city and state levels. Many of the 2,621 Blacks holding elective offices around the country are expected to attend a day-long workshop on "Black Politics and the Legislative Process" preceding the Caucus dinner.

Boise principal

(Please turn to pg. 4, col. 5) these centers would attract, voluntarily by reason of their quality, middle class children in sufficient numbers to provide a healthy balance of student enrollment. This would give additional response to those who feel that our administrative transfer program is too much 'one way'."

Blanchard also admonished staff members to apply an equal standard of conduct:

"I challenge all teachers and administrators this evening to renew their effort to provide consistently the same type of firm, even-handed discipline and understanding they would expect for their own children. This should be carried out with respect to all students, irrespective of background. I am convinced that that is what the parents of this community want. This superintendent will back this staff in that renewed effort regardless of the number of suspensions and the consequent number of times parents are required to come to the school to get the issues resolved.

"This is not a blank check to vindictiveness, when de-

veloping self-discipline and modifying behavior is the professional preference. But, a school or educator that acts rationally will be supported.

Fashions benefit

A Fashion Show to benefit the Volunteer Program of the Albina Multi Service Center will be held at the Hilton Hotel on November 4th from 5:30 to 9:30 p.m.

The proceeds of the fashion show, which will include dinner, will be used for the benefit of low-income persons with special needs that cannot be met by governmental programs.

The Fashion Show is sponsored by Montgomery Wards at Jantzen Beach and the Jantzen Beach Center. Members of the Trail Blazers are scheduled to model as well as act as escorts for models.

For additional information contact Mrs. Helena Harrell, Volunteer Coordinator, 280-6910.

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THE EXPLORING COOK

by MURIEL JANSEN

BLACK HISTORY THROUGH COOKING

I had heard about "The Historical Cookbook for the American Negro." I knew it was out of print and that no one who owned a copy wanted to part with it. A precious document of recipes honoring famous Blacks of the past.

In a bookstore in Harlem I met a woman who knew Dorothy Height, National President of The National Council of Negro Women, publishers of the book. She suggested I get in touch with her. Even the Council didn't want to let their copy out of the office. Then by chance I met a fellow worker at Best Foods who knew the book. Her sister Helen Norville was a regional Director of NCNW in 1958 when the book was published and she offered to let me borrow her book. There were so many recipes I wanted to try, and so much to read about Black history; pictures and documents to study—a delight in every way. Here is just one recipe from the book, Banana Nut Bread. Now that I know there's a copy of "The Historical Cookbook for the American Negro" in the Schomburg

Collection at 103 West 135th Street in New York City, I may refer to it again.

BANANA NUT BREAD

1 cup dark corn syrup
1/2 cup shortening
2 eggs, beaten
2 cups sifted flour
1 tablespoon baking powder
1 teaspoon salt
1 cup mashed, ripe bananas
1 cup chopped nuts

Grease 1 (9 x 5 x 2 3/4-inch) loaf pan. Stir together corn syrup and shortening. Add eggs. Beat until light and fluffy. Sift together flour, baking powder and salt. Add to creamed mixture alternately with bananas. Mix well. Stir in nuts. Turn batter into greased loaf pan. Bake in 375°F. oven 55 minutes or until cake tester comes out clean and loaf is a golden brown. Remove from pan. Cool on rack. Makes 1 loaf.

Note: Muriel Jansen is a home economist with Best Foods, a Division of CPC International Inc. She tested the recipe for Banana Nut Bread with Karo corn syrup, using margarine for the shortening.

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