

I'll always love my mama

"I'll always love my mama. She's my favorite girl. I'll always love my mama. She brought me in this world." And so go the words of the Intruders' latest hit single on Gamble Records, "I'll Always Love My Mama". But, to this quartet from Philadel-

phia, the song means more than just a set of lyrics. Rather it is a statement of praise, respect and gratitude for what mothers have done for all the children all over the world. "We sometimes only think of mothers on Mothers Day,"

stated group member Phil Terry. "But the truth of the matter is that mothers keep on being mothers all those other days of the year, too. We have to remember this."

"And sometimes," added Robert (Big Sonny) Edwards, "when it seems they are giving us advice that we don't agree with, we have to remember they are only thinking of us. So, even if we feel we should not do what they tell us to, we must let them know we appreciate what they tell us. After all, you only have one mother."

On the LP version of the song, which can be found on the album "Save the Children", the Intruders involve themselves in a spontaneous rap about how it was to grow up on the streets of Philadelphia. They talk of troubles they got in and out of as kids, and how their mothers were instrumental in setting them straight, and helping them clean up their act.

"When Kenny Gamble and Leon Huff first showed us the tune," commented Eugene (Bird) Daughtry, "we were able to identify with it immediately. All of us were raised mostly by our mothers. They were always the ones around when you wanted or needed something. And, though the fathers were out making money, the mothers always had two jobs: Working for someone else, and keeping the family together."

The Intruders, who would of course like to see their record make a lot of money for them, don't use financial reasons for making this tune well known. As Sam (Little Sonny) Brown puts it, "We want all mothers, especially our own, to recognize our sincerity in putting this tune together. We would, if nothing else happens, want them to know that this is our personal salute to mothers everywhere."



A storefront minister turned actor promises to be the biggest Black heart throb since Harry Belafonte. Philip Thomas with green eyes, wavy hair and an olive complexion reportedly has the most disarming screen smile since John Garfield. The 23-year-old appears in the Joseph E. Levine and Brut Presentation release by Avco Embassy of "Book of Numbers", coming soon to the Alameda Cinema.

Davis receives honor

Lenwood G. Davis of Portland recently received a "Certificate of Merit" from the Dictionary of International Biography. The award stated "This Certificate of Merit, proclaimed throughout the World, is awarded to Lenwood G. Davis for Distinguished Service in Education and is the subject of notice in volume X Dictionary of International Biography. The Dictionary is a biographical record of contemporary achievement and is published in Cambridge, England. It gives detailed biographies of

men and women of achievement in all parts of the world.

Professor Davis is an instructor of History at Portland State University. The brilliant young historian was included because of his research as well as published works. He has written many articles, books, book reviews, and bibliographies that have been published in professional journals and quarterlies not only in the United States, but also in Africa, England and Switzerland.

Acker teaches on coast

Perry Acker, Seattle, and George Hamilton, Scio, Oregon, will be the teaching team again this year at Thelma Pearson Gallery in Lincoln City.

People from Oregon, Washington, California and Montana attended last year's

sessions, many of them bringing their families to enjoy the ocean while the spouse painted it.

Acker is an American Watercolor Society member and George Hamilton has had paintings accepted in its annual show in New York for two consecutive years now.

Both Acker and Hamilton are instructors for the University of Washington community development programs.

The classes will be from July 9th through July 20th. Interested persons may get details from Thelma Pearson Gallery, Lincoln City, Oregon.

Leach YMCA begins classes

Yoga is a combination of specific methods designed to develop every aspect of the individual -- physical, intellectual and spiritual. Every human being longs for true and lasting happiness. The body, emotions and intellect must be developed to a level in which they function healthfully and in harmony with each other. A very high standard of physical and mental health can be attained through Yoga. Coed Yoga classes for all ages will be held this summer at the John R. Leach YMCA, 6036 S.E. Foster Road, that will concentrate on individual improvement physically, mentally and spiritually. The 8-week class can be taken on Wednesday mornings, 9 to 10:30 a.m., Wednesday evenings, 6 to 7:30 p.m., or Thursday evenings, 8 to 9:30 p.m., starting June 6th and 7th. Instruction is based on "Hatha Yoga" and is guided by Ma Yoga Abha, a young woman who studied for two years with Raja Yoga in India. The Yoga class aims at helping participants relax concentrate and breathe better through active physical and mental exercise. Cost of the class is \$15 for persons currently members of the YMCA physical education program or \$20 for a single 8-week Yoga membership. Participants are asked to not eat 2 to 3 hours prior to class time and to wear loose clothing to enable stretching and bending. Call the John R. Leach YMCA, 775-4396, for more information.

An introductory class in Meditation (New Dimension), will also be scheduled if enough interest is shown. It is tentatively set for Wednesdays, 8 to 9 p.m., starting June 7th. Instructor Ma Yoga Abha explains that a person comes to Meditation through their own initiative. The class consists of a steady pranayama (breath control), Matra (sacred sounds), and Asans (Yoga positions), and all leading towards concentration, which is the first step towards Meditation. Meditation can give you a larger awareness of yourself

and all things around you. You'll find yourself a more calm and peaceful individual with new meaning to your life. Cost for the class is \$10 for persons currently members of the YMCA physical education program or \$12.50 for a single 8-week Meditation class.



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Cacus Time

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talent needed. Unfortunately, we have some brothers and sisters being promised the world by politicians. I've been amused to find that if the Portland City Hall politicians actually gave Blacks everything that they've promised in so-called confidential meetings, Blacks would own the city.

The question then is whether these techniques are applied to the white middle-class neighborhood and its people. The answer is yes. The difference is that some of them receive positions of power in the total political scene rather than some insignificant flunky role that is set up to relate only to the Black community.

Black politicians, Black administrators and all of us must play by the rules of the game. The rules say that it is expected that people will have constituencies. We must use the techniques to enhance our ability to maintain some balance rather than have the techniques used for greater imbalance. Being partisan is the name of the game. Don't take a Black man's word, ask some white folks like Ivancie and Goldschmidt. Do you think that they apologize for their diverse positions? Do you think that they appeal to the same following? They may both be controlled by the same dollar but their "fronts" are different. If we must negotiate, and this is admittedly part of the political process, then we should negotiate for contributions to the whole city. However, we should lean towards Albina: Someone has to. It is through this process that Albina, and any other neighborhood, is best served.

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