

PORTLAND OBSERVER



world of women

Alumnus returns to Jeff

Lula Washington, a graduate of Boise Elementary School and Jefferson High School, has returned to Jefferson as its Vocational Education Coordinator.

Lula supervises the school's programs in vocational education, which include Work Study, Neighborhood Youth Corps, and Work Experience.

Work Study students are placed with non-profit organizations, where they are paid 1.50 per hour by the school district. Work Study programs must fit into the student's academic and career goals. They can receive school credit for their work.

NYC students are placed in non-profit agencies and also are paid by federal funds administered by the school district.

Work experience students can earn credits but are paid by the employer. Work Study and NYC students must be from low-income families.

Another special program coordinated by Miss Washington is the cosmetology course. Students are admitted to Beauty School at the age of 17 and are released from school to attend classes. They continue to attend high school on a half-day basis and can complete their cosmetology training by the time they graduate from Jefferson. A similar program is being initiated in nursing.

Miss Washington counsels students on their job placements and also is responsible for finding employment positions. Currently there is a



LULA WASHINGTON

shortage of jobs for young women.

Of her position at Jeff, Miss Washington said, "Jeff is very close to me, since I attended it, along with my brothers and sisters. I have a nephew, Ray Leary, who played on Jeff's All Star State Championship Team. I also have three nieces attending Jefferson: Rita, Anita and Shawn Leary.

"Working with young people is very inspirational. The most rewarding experience is seeing our young people execute the objective of self-

realization."

Lula trained for her present position through the Concentrated Employment Program. She began training as a Social Work Aid at Albina Child Development Center, then went into New Careers. She was employed at Vocational Village for two years while taking courses in Vocational Education at Portland State University. She achieved her two year certificate in Vocational Education and is continuing to work towards a degree.

Advancement of women AAUW goal

by Mrs. James Tice

The American Association of University Women is an age-integrated organization melding the enthusiasm and young ideas of recent graduates, the energy and devotion of those in the middle years with the mellow wisdom of the over-70's. As its stated goals, AAUW gives members the opportunity for intellectual growth, promotes the advancement of women, and helps them find ways to make a contribution to society. Any woman graduate of an accredited college is eligible to join. Members find much personal satisfaction and friendship in participating in the local branch, which maintains an office at 220 S.W. Alder St., Room 315.

Mary Miller, AAUW member from Los Angeles, and regional director of education, youth affairs and leadership training for the Urban League, in Portland in July, spoke highly of the AAUW Fellowship program, which assists women at the graduate level from the United States and abroad to further their education. Miss Miller on a recent trip to Africa met a number of African women educators who had had an opportunity to study in the U.S. under the Fellowship program, thus aiding and improving education in underdeveloped countries. In recent summers, African women have studied at Oregon Universities.

In keeping with its purpose to foster education at all levels, Portland branch members are active in many areas. Last spring a group of younger members in co-operation with the 4-C (Community Coordinated Child Care) branch of AAUW researched and produced a new Nursery School catalog listing all such facilities in the Portland area. This is a non-profit project, catalogs selling for 25¢ and available at shopping centers, doctors' offices and other places frequented by young mothers. At the other end of the educational spectrum, Portland branch members, through bequests and money-raising projects, contributed over \$10,000 to the AAUW Fellowships Fund.

Individual members help in adult tutoring programs, and some help with tutoring in the schools. Groups of interested members have studied school finance and legislative problems. Study groups in international relations, consumerism, cultural interests and other areas have helped members continue their own intellectual growth. A Black Studies group following a two-year series of meetings has concluded that white people can never understand Blacks or their real situation in America until they have taken the trouble to read books about Blacks or by Blacks.

M.D. (Jack) Jackson

Agent - American National Insurance Company

We can meet all your insurance needs:
Life Insurance
Health and Accident
Endowments
Educational Plans
Mortgage Insurance

1332 S.W. Custer Drive

246-8227

The BEE Co. **New Items Daily!**

FAMOUS LABELS
Shop Daily 9 AM to 6 PM

LIQUIDATORS OF FREIGHT DAMAGE GOODS AND MANUFACTURES CLOSEOUTS

3 Corner Stores • 283-3171 North Killingsworth at Albina

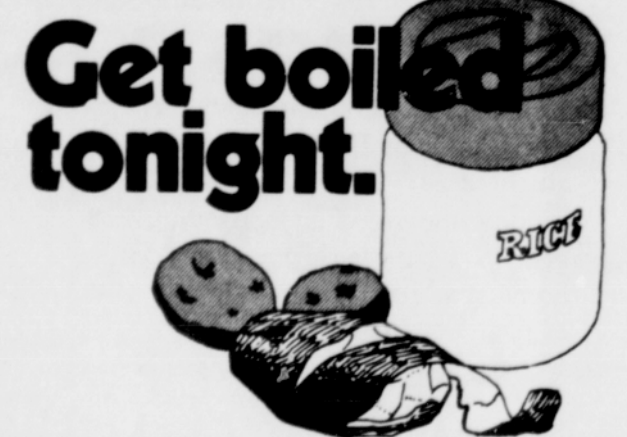
STRETCH
your budget at BEE Co.!

arrived later! 26 lb. CANNERS Reg. 1.39 \$1.99	12 oz. cans LUNCH MEAT from Holland reg. 35¢ can 2/45¢	boys' & girls COATS & JACKETS Nylon, Cotton and goose-down from \$6.99
PORK LINKS LIVER SAUSAGE 49¢	1.52 brand name DETERGENT KING SIZE LAUNDRY \$1.19	men's and women's, from \$19.99
SLEEPING BAGS 50% OFF	AIR Mattress 99¢	100% cotton DENIM SUITS folded, off-speed blue and brown Jackets 5-M-1 - vest 30-36 \$8.99
ELECTRIC WATER HEATER 52 gal. \$39.95	30 GAL. PLASTIC TRASH CANS \$2.79	

OPEN 9 TO 6 DAILY EXCEPT SUN.

The Real Oregon Bank

Serving Real Oregonians since 1887.



Weight Watchers® members say: "Rice got thrown at girl who follow program." Or, have a potato—if that's what you've got eyes for.

JOIN ANY CLASS ANY TIME

NORTH PORTLAND CARPENTER'S HALL
2225 N. Lombard Street
Mon. 7:00 p.m. Thurs. 9:30 a.m.

NORTHEAST PORTLAND MARANATHA EVANGELISTIC CENTER
1222 N.E. Skidmore
Sat. 9:30 a.m.

EMANUEL HOSPITAL
3001 N. Gantenbein
Extended Care Bldg. (C. Unity Room)
Thurs. 7:00 p.m.

PATTON CENTRAL UNITED METHODIST CHURCH
N. Alberta & Michigan off Interstate
Wed. 7:00 p.m.

ST. JOHN LUTHERAN CHURCH
4227 N. Lombard Street
Tues. 7:00 p.m.

FOR FURTHER INFORMATION CALL
PORTLAND 288-6388

WEIGHT WATCHERS
The world's most advanced weight control program.

Profiles of Black Women

By Lynn Reed

The main objective of this column will be to supply readers with interviews from interesting, controversial and sometimes radical persons whose views are shunned and misinterpreted by the local news media.

Our first interview involves a question and answer session with 19 year old Cheryl James, a young Black whose description of her experiences before and after her conviction and sentencing to the Terminal Island Federal Institution in California will give us a more realistic view of her present situation.

LYNN: Cheryl, give us a detailed description on why you were sentenced to the Terminal Island Institution.

CHERYL: I was charged on three accounts which were assaulting three FBI agents, kicking one and hitting two. I pleaded guilty of one which was assaulting one officer, but I was found guilty on all three charges.

LYNN: Do you feel that the court appointed attorney hindered or aided you in perspective with comprehension of due process of law.

CHERYL: No, in fact, he told me that I would have a better chance if I were white, so I may as well plead guilty.

LYNN: Your experiences at Terminal Island Federal Institution is still indistinct to various readers. Explicitly could you give some rapport on this.

CHERYL: I kept to myself. I didn't go around other inmates. I only had a couple of acquaintances. I watched everyone. I didn't trust anyone too much. The incident while in prison that affects my life is being raped. I had seen the man before while serving him a cup of coffee. I worked as a waitress there. One thing which is peculiar was that I received a \$5.00 tip from this man for the coffee. Then later, I went to get some ice by myself, which I look upon suspiciously.

LYNN: What in particular was suspicious to you?

CHERYL: The matrons usually are watching every move we make, but that day no one seemed to follow me or pay any attention to my whereabouts. In conclusion, I was raped in the cafeteria, and now I'm pregnant.

LYNN: Why didn't you report this immediately?

CHERYL: I didn't think they would do anything about it. I remember where one girl was pregnant and wanted an abortion. No one did anything about it, so she committed suicide.

LYNN: Do you plan to keep the child?
CHERYL: Yes.

LYNN: How would you describe the institution make-up and the inmates?

CHERYL: I describe it as a mental institution, except you don't really get any help. They make everyone think that they are going to be helped, but they don't have any intentions of doing anything. They said they were going to teach you how to live, to better yourself. Most of the inmates are drug addicts, prostitutes or homosexuals. The matrons, one in particular, are sick because of drinking all the time. The women are hostile; always at each other's throats, fighting over trivial matters. The doctors wouldn't serve you when you needed them.

LYNN: Was this consistent?
CHERYL: Yes, the doctors would experiment with the prisoners before they would treat the public with whatever type of project they were working on.



"It's thoughtful and sensible to pre-arrange funerals," says Mrs. Jessie Henson, representing Caldwell's Colonial Mortuary.

We at Caldwell's welcome the opportunity to assist families with their funeral plans.

CALDWELL'S COLONIAL MORTUARY

N.E. 14th & Sandy Blvd.
CALL 232-4111
DAY OR NIGHT

Prices good Wednesday Sept. 27 thru Saturday September 30

Fred Meyer Shopping Centers

MY-TE-FRESH Grade AA Large Eggs
Dozen **45¢** each
Good way to start your day—serve a hearty bacon and egg breakfast.

Mandalay Pineapple
Reg. 27¢
16 oz. cans **\$1.00**
Sliced, crushed, chunk or tidbit.

Armour Star Sliced Bacon
1 lb. pkg. **88¢** each
Reg. \$1.09

Style Hair Spray
Reg. 66¢
13 oz. can **43¢** each
Regular, Superhold, Unscented. Water soluble. Contains protease, exclusive texturizer. Available Cosmetic Sections

Soft Weave Bathroom Tissue
Reg. 35¢
2 roll pkg. **19¢** each
500 2 ply sheets per roll. Available Variety Sections

Family Pack Pork Chops
Reg. 89¢
78¢ lb.
Meaty rib end cut pork chops. Tender, tasty, and very economical.

Large Jet Black Ribier Grapes
3 lbs. **\$1.00**
Finest table quality. For snacks, salads or low calorie desserts.

Mountain or Almond Roca Candy Bars
Reg. 10¢
4 bars **25¢**
Mountain bars have vanilla and cherry cream centers covered with chopped nuts and chocolate. Almond Roca bars are always a favorite of good eating. Available Candy Sections

AM Pocket Radio
Reg. \$4.95
each
Solid State • Volume Control • AM • Battery Operated
Available Photo-Sound Sections

Sonny Boy Butter
Reg. 79¢
1 lb. solid **68¢** each
Enjoy the special flavor of real dairy butter at the table, on toast, or on vegetables.

Swanson Frozen Dinners
Reg. to 64¢
each
Chicken, turkey, sirloin, Mexican, beef enchilada.

MY-TE-FINE Cake Donuts
Reg. to 55¢
Pkg. of 12 **33¢** each
Flavorful snack treat. Always a favorite with the youngsters. Plain or sugared.

Gift Sets One Piece Sleepers
Ideal item for that special new member of the family. Soft stretch nylons, pebble crepes, brushed nylons, and terris. Solids and prints. Sizes—Regular birth to 14 lbs., Large-14 to 19 lbs. Available Apparel Sections

Printed Bath Towel
Ideal for home, school or travel. Print on one side and white ribbed on the other. 28 x 56. Available Apparel Sections

\$1.96

\$96¢

Fred Meyer Shopping Centers

Open 9am to 10pm daily, including Sunday.
Always plenty of free and easy parking.