

AKA visits "City of Roses"



THE ONLY WAY TO FLY . . . Members of Los Angeles Chapters of Alpha Kappa Alpha Sorority and families are shown at International Airport before boarding Western Airlines flight to Portland where they attended the organization's annual Western Regional Conference. Travel arrangements were handled by Soror Velva Henderson who is associated with Anderson Travel Agency.

Uhuru Brothers meet

Shirley A. Taggart

The Uhuru Brothers held their meeting in the visiting room of the Oregon State Penitentiary, March 17, 1972 at 7:00 p.m. They discussed various incidents that occurred in the prison and on the prison yards, specifically a racial fight that broke out between a Brother and a White inmate. They further discussed their future plans for the various workshop programs as well as their consideration for government funds for a work project.

One other topic that held the interest of both the Brothers and the visitors alike was the prison tours. The Brothers stated that tourists, mainly Black tourists, should be allowed to view the prison conditions as they really are and should not be misled by the Ice Cream and Cake deal.

The Uhuru Brothers stated that they will begin to work in the workshops for the benefit of utilizing the knowledge and skills it offers and although this move has upset some people, they want all of the Brothers to participate.

It was stated by one Uhuru Brother that two Government Agents came to the prison to talk with him and representatives of other minority groups to offer them funds for a work project. Referring to Uhuru Brothers specifically, this project is to allow them to participate in a work project whereby they can help Black people in the community.

It is keenly wondered by all Uhuru Brothers and Black visitors - why the sudden concern for Black people? It was stated by one Brother that whenever election time comes around opportunities like this

are made available and after the election, they cease to exist.

It was also stated by one Brother that an official at the prison said that they are trying to get as many Blacks involved in this work project as possible. It is my opinion that this is to disarray their minds from the Black point of existence, as one Brother stated, a Modified Method of Control.

One Brother stated that if the Government is really interested in helping Blacks, let some of them out on parole. It was stated by an official of the prison that the money to be funded is not government money and that the party donating this money wishes to remain anonymous. This proposes a question. If the party donating these funds wishes to remain anonymous, why is it necessary for the Brothers to write up a proposal? Why can't this donor just contribute this money towards a work project? Some of the Brothers stated that they feel this is just another one of the White Man's tricks.

Yours truly was declared an official member of Uhuru after being sworn in under oath. Mr. Clarence Berry was nominated and elected Coordinator for Uhuru. Mr. Berry, who has been very active and also the key source to outside interest and input will definitely enhance the future existence of the Uhuru Organization.

The Uhuru 1972 anniversary was held March 31, 1972 in the main visiting room of the Oregon State Penitentiary from 6:30 to 9:30 p.m.

Right on Uhuru.
Upendo Ni Pamoja
(Love is Together)

Black doctor coordinates research

HEW Secretary Elliott L. Richardson announced the appointment of a 36-year-old physician-scientist, Rudolph Elsworth Jackson, M.D., to coordinate an intensified program against sickle cell disease.

Dr. Jackson will report to the National Institutes of Health, Bethesda, Md. on April 1. He will be responsible for coordinating the sickle cell activities of the National Institutes of Health, the Health Services and Mental Health Administration and other agencies directly involved in the implementation of the program.

In addition Jackson will head the Sickle Cell Disease Branch, which has just been established in NIH's National Heart and Lung Institute. He will plan and administer the institute's own programs of research concerned with the nature of sickle cell disease and applied research concerned with the development, evaluation and clinical application of improved techniques for screening, diagnosis and treatment.

The community services component of the sickle cell

program are focused in the National Center for Family Planning Service of the Health Services and Mental Health Administration.

Dr. Jackson is a hematologist at St. Jude Children's Research Hospital, Memphis, and teaches pediatrics at the University of Tennessee's college of medicine. A native of Richmond, Va., Jackson did his undergraduate work at Morehouse College in Atlanta and received his M.D. degree in 1961 from Meharry Medical College in Nashville.

He interned at the Homer G. Phillips Hospital in St. Louis, then entered the U.S. Navy in 1962. After a year as a general medical officer, Dr. Jackson served for two years as Resident in Pediatrics at the U.S. Naval Hospital and at Children's Hospital of Philadelphia. Subsequently, he served until 1967 as Attending Pediatrician at the U.S. Naval Hospital, Camp Pendleton, California.

After discharge from the Navy in 1967, Dr. Jackson was a Fellow in Hematology until 1969 at Children's Hospital of Philadelphia, and since then has served in Memphis.

Highland Center plans activities

Steve Tillman, director of Highland Community Center, has his hands full of projects and still he has ideas for more.

Every week day morning over 50 school children come to Highland for breakfast. The breakfast program runs during the school year under the direction of Kent Ford. Soon after the students are off to school, adults - both men and women - begin sewing classes. There are 30 pupils and six volunteer instructors to teach them. Each afternoon, school children - 20 to 40 per day - come to play ping pong, shuffleboard, pool, checkers, cards and other indoor games.

On Wednesday nights the Sea Scouts of Ship 626 meet under the direction of Tony Turner. The King Improvement Committee meets in the Center, too. Both groups could use more people. And, of course, there is church every Sunday with Rev. Sam Johnson, pastor.

The program has been funded in the past by the Greater Portland Area Council of Churches. Since January, however, United Good Neighbors has been the primary funder along with always welcome donations.

Tillman and his secretary are the only paid staff members. Even so, Tillman has many more projects in mind and feels volunteer assistance won't be a problem.

During the summer tours of the Portland area will be given for school age children. A bus run will be established to pick up any and all who want to come for the day. They will see Larch Mt. and Mt. Hood among other sights. Tillman intends to have classes before the trips, such as fly tying and then take a field trip to various fishing spots to try out the children's handwork.

Tillman wants to expand the referral program which now exists in the building. He wants to establish a G.E.D. program and expand the present volunteer tutoring staff. Tillman has also been deputized as a Multnomah County Deputy Registrar and is qualified to register people to vote.

A classic understatement of Highland's projects was "Little things come up that can't be categorized." For instance, Highland is selling tickets to this evening's (Thursday, April 20) performance of the play titled "The Ruling Class." It is being presented at the New Theater, S.E. 9th and Pine Streets. For more information call Beth Phillips at 246-3467.

Another 'for instance' is the adult education program Tillman wants to organize. Another is a project to deliver the Portland Observer to all homes in the area acquainting the people with both the Observer and Highland Community Center.

Steve Tillman has created a wide variety of services through Highland Community Center, and he wants them to be used even more than they are now. The success of his work is, he said, "fulfillment and satisfaction for those we serve in the area."

Shakespeare played at PCC

The old Shakespeare, the way they performed him in England in 1590, is coming to Portland Community College. The New Shakespeare Company of San Francisco will present "A Midsummer Night's Dream" April 28, 1972, 8:00 p.m. in the Commons of Portland Community College, Sylvania, 12000 S.W. 49th Avenue, Portland.

Tickets are on sale now at PCC's College Activities office. Admission rates are students 75¢ and adults \$1.50. Call 244-6111.

Are freezer meats really a bargain?

Have you made the mistake of believing an alluring ad about how you can buy meat for your freezer in quantity at a fraction of its regular cost?

You're not alone as you may think. Other consumers have been misled by the same type of unscrupulous advertising.

The majority of reputable merchants who do not try to trick the public have also been victimized by such advertising. They not only have had business taken from them, but the false advertising of others may lead readers to doubt honest advertising.

HERE IS HOW THE SCHEME WORKS

First, the bait is prepared in the form of an advertisement to appear in newspapers or to be broadcast. The ad offers halves and quarters of beef at unbelievably low prices --- sometimes less than half the price charged by retail stores.

Don't forget when you read these ads that a side of beef may include large amounts of fat and bone.

THE BAIT . . . Few foods are more unappetizing than an old side of beef, of poor quality. The meat is dark and the fat is yellow. This poor appearance makes good bait for a slick salesman, who quickly agrees with the disappointed customer that the advertised beef is no bargain. The salesman may point out that once the meat is trimmed, and the suet (the hard fat about the kidneys and loins in beef and mutton that yields tallow) and the large bones removed there will be a loss of at least half the weight. The meat left to eat on such a cut would cost more than twice as much per pound as the advertised price for the untrimmed half or quarter.

THE SWITCH . . . The salesman next calls the customer's attention to some other halves and quarters hanging nearby. These are fresh, red and trimmed of excessive fat, but priced at about twice the advertised price per pound. This fine looking beef will require only a minimum of further trimming, and when packaged for storing in the freezer, will cost about the same as meat purchased in the neighborhood store. "And," the salesman may conclude, "think of the convenience!"

Too frequently, this bait-and-switch scheme works, the good but expensive meat is purchased and the bait meat is put aside to grow even darker.

There are other kinds of cheating. For example, the customers who have been switched from dark and yellow fattened cow meat to attractive high quality beef may not even receive the good meat that they have been talked into buying. Not being able to stand guard over the particular beef section he agrees to buy, the customer has to trust the seller to cut, trim and package the beef.

The Consumer Protection Program - Model Cities advises:

1. Take a hard look at advertisements which offer meat at bargain prices far below those at which meat is available at retail stores. Has the meat been graded by the United States Department of Agriculture (U.S.D.A.) and, if so, at what quality grade. Ask to see the stamps on the meat.
2. If an attempt is made to "switch" you from advertised meat to more expensive meat, don't buy until you have had a chance to check the price per pound (after the meat would be cut and trimmed) with comparable meat you could buy elsewhere.
3. If you decide to buy meat on credit, find out to whom your promissory note must be paid, whether interest and carrying charges will be added to your payments and how much they will be. Above all, remember that you probably cannot use misconduct by the seller as a defense if a collection suit is brought against you by a finance company or other "third party" to whom the seller later transfers the note.
4. Before dealing with a bulk meat dealer, find out what kind of reputation he has. Has he satisfied other customers? Has the Consumer Protection Program or the Better Business Bureau received complaints about him? Ask him for names of other customers he has served, and check with them for their experience with him.
5. Last of all, if you get cheated, don't take it lying down. Call the Model Cities Consumer Protection Program, 575 N. Killingsworth, 283-2459.

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Not shown:

Reg. \$10. Save 15%. Misses polyester pants. Pleated and cuffed style. Assorted colors. 8 to 18.

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Shown above:

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